Functional Nanocomposite Hydrogels Based on Cellulose Nanocrystals

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Abstract

Hydrogels are ubiquitous in nature, which are three-dimensionally (3D) crosslinked polymer networks with amounts of water inside. Naturally, they can be regarded as semi/solid showing intermediate properties of solid and liquid. Hydrogels have attracted growing interest in diverse applications, due to their excellent biocompatibility, permeability, and 3D network. With the development of polymer synthesis, great progress in tough hydrogels, and continuous emerging of advanced fabrication methods, hydrogels become promising functional materials. To further broaden their practical usages, great efforts have made to hydrogel functionalization, which mainly focused on both polymer network and architectures within hydrogels. Normally, functional hydrogels were fabricated from stimuli-responsive polymers, cleavable bonding, inhomogeneous or aligned microstructures, especially, functionalization by diverse nanoparticle composites.

In this study, cellulose nanocrystals (CNCs) as one of the bio-based natural nanoparticles were investigated in hydrogel functionalization owing to their excellent mechanical properties, facile surface modification and unique optical properties. CNCs and surface modified CNCs were introduced into synthetic hydrogels to ensure the implementation of specific functions of hydrogels.

CNCs and surface modified CNCs with methyl acrylamide groups (CNCs-MAm) were incorporated into thermal-responsive and solvent-driven bilayer hydrogel actuators (BHAs). The introduction of CNCs and CNCs-MAm significantly improved the mechanical properties of BHAs and ensured largely promoted lifting capability for them. The weight-lifting capability of BHAs was promoted from ~800 wt% to ~1800 wt% of their own polymer weight.

Furthermore, the CNCs with numerous carboxyl groups on the surface can apparently increase the spatial distinction of dynamic hydrogels. When ferric ions were introduced along with diffusion from outside to inside of hydrogels, the carboxyl groups would complex with ferric ions. This additional crosslinking retarded the penetration of ferric ions, increasing the spatial crosslinking difference. This promoted spatial distinction assisted in fabricating closed hollow

hydrogels with tunable microstructures of the inner and outer walls. CNCs can accelerate the process of spatial separation to form the hollow interior in around 9 days of dialysis, whereas, about 20 days of dialysis for non-composite hydrogels. Distinguished from typical thermal controlled release system, this hollow hydrogel showed unique sustained release of hydrophilic small molecules at higher temperature. It would reach release equilibrium after only ~24 h at 25 °C, while the release equilibrium was largely retarded to ~200 h at 37 °C as comparison.

In addition, as one-dimensional nanomaterials, CNCs and gold nanorods (GNRs) are widely used in optical materials due to their respective inherent natures: birefringence with accompanying light retardation in aligned CNCs and surface plasmon resonance (SPR) of GNRs. These properties of both nanorods were combined to generate synergistic and readily tunable structural colors of polymer films. The CNCs and GNRs are embedded either in the same hybrid composite films or in separated films after their unidirectional alignment from dynamic precursor hydrogels. By synergistically leveraging the optical features of CNCs and GNRs with diverse amounts in hybrid films or in stacked individual films, wide-ranging structural colors were realized, which is far beyond the limitation of the same films solely with aligned CNCs or GNRs. Increasing GNRs contents leads to promoted color red with enhanced light absorption at 520 nm and CNCs influence the overall phase retardation, giving distinctively structural colors. Furthermore, with angle adjustment between CNCs films and GNRs films using stacking/rotating technique, we further achieve facile and continuous color manipulation easily for color combinations. In one set of stacked films, light absorption wavelengths can traverse from roughly 500 nm to 650 nm solely by rotating GNRs film (0-180°). Tuning the adjustable synergism of the birefringence of CNCs and SPR of GNRs in one film or separate films provides great potential for structural colors, which enlightens new avenue for optical applications.

This thesis is a **cumulative work** including 3 publications. One of them was already published and two are under submission. The background, the objective of the study, results and discussion of these three publications and the conclusion are presented in **Sections 1-4**.

Zusammenfassung

Hydrogele, die aus dreidimensionalen verzweigten Polymer-Netzwerken mit hohem Wasseranteil bestehen, sind in der Natur allgegenwärtig. Im Allgemeinen, können sie als halbfest angesehen werden, da sie sowohl feste als auch flüssige Eigenschaften aufweisen. Hydrogele erfreuen sich wachsenden Interesses bei verschiedensten Anwendungen, aufgrund ihrer hervorragenden Biokompartibilität, Permeabilität und ihres 3D-Netzwerkes. Mit der Weiterentwicklung der Polymer-Synthese, den großen Fortschritten bei zähen Hydrogelen und der kontinuierlichen Entwicklung fortschrittlicher Herstellungsverfahren, entwickelten sich Hydrogele zu vielversprechenden funktionellen Materialien. Um ihre praktischen Anwendungen auszuweiten, wurden große Anstrengungen bei der weiteren Funktionalisierung unternommen, die sich zu einem großen Teil auf Polymer-Netzwerke und zum anderen Teil auf die makroskopischen sowie mikroskopischen Architekturen der Hydrogelen fokussieren. Normalerweise werden funktionelle Hydrogele aus auf Reize ansprechenden Polymeren, spaltbaren Bindungen, inhomogene oder ausgerichteten Micro-Strukturen, insbesondere durch die Funktionalisierung diverser Nanopartikel-Kompositionen, hergestellt.

In der hier vorliegenden Arbeit wurden Cellulose Nanopartikel (engl. <u>Cellulose nano crystals</u>, kurz: CNCs), als Vertreter der biobasierenden natürlichen Nanopartikeln, in Hinblick auf ihre hervorragenden mechanischen Eigenschaften, ihrer leichten Oberflächenmodifikationen und ihrer einzigartigen optischen Eigenschaften, zur Darstellung funktionalisierter Hydrogele untersucht. Dafür wurden CNCs und oberflächenmodifizierte CNCs in synthetische Hydrogele implementiert, um so eine spezifische Funktionalisierung der Hydrogele zu erreichen.

CNCs und oberflächenmodifizierte CNCs mit Methyl-Acrylamid-Funktionalitäten (kurz CNCs-MAm) wurden in thermisch und lösungsmittelbetriebene Doppelschicht-Hydrogele (engl. Bilayer hydrogel actuators, kurz: BHAs) eingebaut. Dies führte zu einer drastischen Verbesserung der mechanischen Eigenschaften der BHAs und sorgte für eine erhöhten Hebefähigkeit. Die Hebefähigkeit der BHAs konnte von ~ 800 wt% auf 1800 wt% ihres Polymergewichtes erhöht werden.

Des Weiteren können CNCs mit zahlreichen oberflächlichen Carboxyl-Gruppen die räumliche Abtrennung von dynamischen Hydrogelen sichtlich erhöhen. Sobald Eisen-Ionen durch Diffusion von außen in innere der Hydrogele gelangen, werden diese durch Carboxyl-Gruppen komplexiert. Diese zusätzliche Vernetzung verzögert das Eindringen der Eisen-Ionen, indem es die räumliche Vernetzungsdifferenz erhöht. Diese geförderte räumliche Unterscheidung trug entscheidend zur Herstellung von geschlossenen hohlen Hydrogelen, mit veränderlichen mikro-Strukturen der inneren und äußeren Wände, bei. Damit können CNCs den Prozess der räumlichen Trennung bei der Bildung eines hohlen Innenraumes auf etwa neun Tage Dialyse beschleunigen, wohingegen es bei nicht modifizierten Hydrogelen einer Dialyse-Zeit von 20 Tagen bedarf. Abhebend von typischen Systemen mit thermisch kontrollierbarer Freisetzung zeigte dieses hohle Hydrogel eine einzigartige nachhaltige Freisetzung kleiner hydrophiler Moleküle bei höheren Temperaturen. Während das Freisetzungs-Gleichgewicht normalerweise nach ~24 h bei 25 °C erreicht wird, konnte es in diesem Falle auf ~200 h bei 37 °C verzögert werden.

Neben den bisher genannten, werden CNCs und Gold Nano-Stäbchen (engl. gold nanorods, kurz: GNRs), als eindimensionale Nano-Materialien in optischen Materialien, wegen ihrer jeweiligen inhärenten Natur, Doppelbrechungen mit begleitender Lichtverzögerung bei ausgerichteten CNCs und Oberflächenplasmonenresonanz (engl. gurface plasmon resonance, kurz SPR) von GNRs genutzt. Die Eigenschaften der beiden Nano-Stäbchen wurden kombiniert, um synergetische und leicht veränderbare strukturelle Farben in Polymer-Filmen zu generieren. Dafür werden die CNCs and GNRs entweder in die gleichen hybriden Verbundsfilm eingebettet oder in zwei separaten Filmen nach der unidirektionalen Ausrichtung der dynamischen Vorläufer-Hydrogelen. Durch die synergetische Nutzung der optischen Eigenschaften der CNCs und der GNRs mit unterschiedlichen Mengen in Hybrid-Filmen bzw. gestapelten Einzelfilmen, konnten weitreichende strukturelle Farben realisiert werden, die weit über die Beschränkungen der gleichen Filme allein mit ausgerichteten CNCs oder GNRs hinausgeht. Das Erhöhen des GNRs-Gehaltes führt zu einer roten Farbe mit einer erhöhten Lichtabsorption bei 520 nm, wohingegen CNCs die allgemeine Phasenverzögerung beeinflussen, was zu ausgeprägten Strukturfarben führt. Darüber hinaus lassen die durch eine

Verstellung der Winkel zwischen CNC und GNR-Filmen mittels Stapel-/Drehtechnik eine einfache und kontinuierliche Farbmanipulation für weitere Farbkombinationen erreichen. In einem Aufbau gestapelter Filme konnten die Lichtabsorptionswellenlängen einen Bereich von 500 nm bis 650 nm durchlaufen durch die alleinige Rotation der GNR-Filme (0°-180°). Die Abstimmung der schaltbaren Synergien der Doppelbrechungen der CNC und der SPR der GNR in einem Film eröffnet ein großes Potential an Strukturfarben, die wiederum ein großes Spektrum für optische Anwendungen generieren.

Bei der hier vorliegenden Arbeit handelt es sich um eine kumulative Arbeit, die drei Publikationen umfasst. Eine davon ist bereits veröffentlicht, die anderen beiden wurden eingereicht. Der Hintergrund, die Ziele dieser Studie, die Resultate und die Diskussion dieser drei Veröffentlichungen und die Zusammenfassung werden nachfolgen in den **Abschnitten 1** bis 4 dargestellt.

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List of Publications:

Publication 1

Multi-responsive bilayer hydrogel actuators with programmable and precisely tunable motions.

Xiaojie Wang, Heqin Huang, Huan Liu, Florian Rehfeldt, Xiaohui Wang and Kai Zhang* *Macromolecular Chemistry and Physics* **2019**, 220 (6), 1800562. (Front cover)

Publication 2

Temperature-Responsive, Manipulable Cavitary Hydrogel Containers by Macroscopic Spatial Surface-Interior Separation.

Xiaojie Wang, Yang Yang, Heqin Huang, Kai Zhang* submitted

Publication 3

Structural Colors by Synergistic Birefringence and Surface Plasmon Resonance.

Xiaojie Wang, Dan Xu, Bea Jaquet, Yang Yang, Jiaxiu Wang, Heqin Huang, Ye Chen, Christoph Gerhard, Kai Zhang*

submitted

Abbreviations

2D Two dimensional

3D Three dimensional

BHAs Bilayer hydrogel actuators

CDI 1,1'-carbonyldiimidazole

ChNCs Chitin nanocrystals

CIE Commission internationale de l'éclairag

CNCs Cellulose nanocrystals

CNTs Carbon nanotubes

DMA Dopamine methyl acrylamide

GNRs Gold nanorods

HHs Hollow hydrogels

LAP Lithium phenyl-2,4,6-trimethylbenzoylphosphinate

LCST Lower critical solution temperature

L-SPR Longitudinal surface plasmon resonance

PAAm Polyacrylamide

PBA Phenylboronic acid

PEG Poly(ethylene glycol)

PHEAm Poly(N-hydroxyethyl acrylamide)

PNIPAm Poly(N-isopropylacrylamide)

SEM Scanning electron microscopy

SNCs Starch nanocrystals

SPR Surface plasmon resonance

TEM Transmission electron microscopy

TEMPO 2,2,6,6-tetramethylpiperidin-1-oxyl

T-SPR Transverse surface plasmon resonance

UV-Vis-NIR Ultraviolet-Visible-Near Infrared

1. Introduction

Hydrogels are three-dimensionally (3D) crosslinked polymer networks with amounts of water in the highly porous structure.¹ The crosslinked polymer networks endow hydrogels with the properties of soft and elastic solid, while the high-water content in hydrogels give rise to liquid-like properties, such as good permeability to various chemicals, plastic behaviors and adjustable optical characteristics.² In addition, hydrogels have unique properties, such as the responsiveness and swelling, brought by their tailorable polymer network and exchangeable aqueous system.³ All these features make hydrogels promising semi/solid materials with diverse practical applications including soft actuators,⁴ responsive release devices,⁵ supercapacitors,⁶ optical materials,⁷ and so on.⁸⁻¹⁶

With the development of polymer synthesis, great progress in tough hydrogels and continuous emerging of advanced fabrication methods, hydrogels become promising functional materials for practical usages. Considering the presence of both architectures (macro- and microstructure) and main components in hydrogels (polymers and crosslinking sites), various approaches were created to introduce diverse functions to hydrogels. Normally, functional hydrogels were fabricated from stimuli responsive polymers, cleavable bonding, directional aligned microstructures and variety of inorganic, organic as well as metal nanocomposites.

Therefore, the functionalization strategies for hydrogels are mainly focused on two categories, hydrogel functionalization by polymer network design and hydrogel functionalization by architecture design (**Figure 1**).

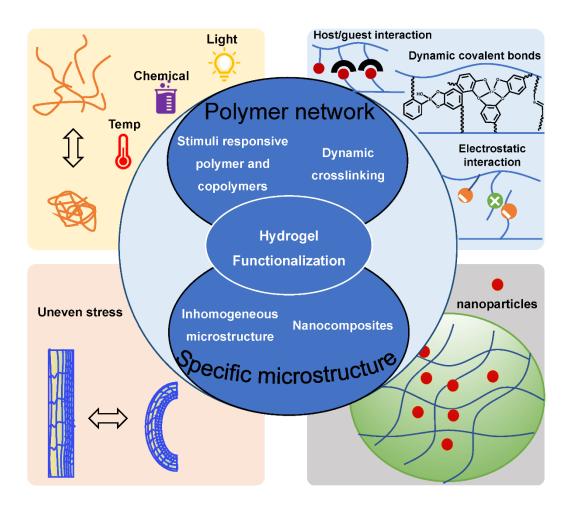


Figure 1. Diverse approaches for hydrogel functionalization.

1.1. Strategies in hydrogel functionalization

1.1.1 Hydrogel functionalization with rational design in polymer network

Hydrogels are crosslinked polymer chains swollen in water. Indeed, the properties of hydrogels highly depend on the polymer backbone and their crosslinking kinetics. By now, various polymers with diverse functions have been designed in functional hydrogels with all kinds of crosslinking kinetics, including static bonding and dynamic bonding. Great efforts were continuously targeted on the polymer network design to achieve hydrogel functionalization.

1.1.1.1 Stimuli-responsive polymers in hydrogels

Hydrogels are able to swell and shrink in aqueous environment. The changes in the affinity of polymer chains to water would have significant influence on the water content of hydrogels, leading to remarkable volume change. Diverse functional hydrogels were constructed basing

on this volume change. Poly(N-isopropylacrylamide) (PNIPAm) hydrogels were prepared with the transformation of hydrophilic to hydrophobic in response to temperature rise, which could serve as temperature sensors. To overcome the inevitable swelling for injectable hydrogels, Takamasa Sakai's group created a series of non-swellable hydrogels comprising of hydrophilic four-arm poly(ethylene glycol) (PEG) and thermoresponsive units. By regulating the proportion of their content, the swelling of the hydrophilic polymer and thermal-induced shrinking can achieve a balance, resulting in non-swellable hydrogels (Figure 2a). ^{17, 18} Besides, polyelectrolyte hydrogels can be adopted to detect changes in pH, 19 ion concentration 20 and electrical potential.²¹ With the development of polymer synthesis, many copolymers were prepared which fulfilled the multi responsiveness. For example, in situ copolymerization of PNIPAm and polyacrylic acid has been used to fabricate temperature, pH, ionic responsive hydrogels.²² Due to the relatively static network with large volume, Zhao et al. designed a super moisture absorbent gels composing of hygroscopic polypyrrole chloride penetrating in temperature-responsive polymeric network of PNIPAm.²³ This system enabled the successive processes of moisture capture, liquefication by hygroscopic polypyrrole chloride, water storage in PNIPAm hydrogel network, then water release upon raising temperature (Figure 2b).

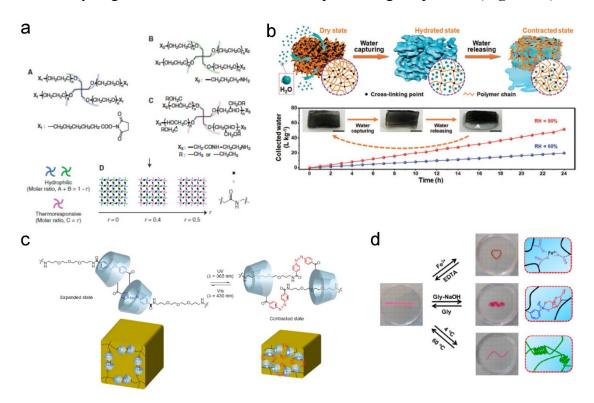


Figure 2. Hydrogel functionalization with rational design in polymer network. (a) Non-swellable hydrogel. (Reproduced from KAMATA et al.¹⁷ Copyright from Science Publishing Group 2014) (b) Super moisture absorbent gels. (Reproduced from ZHAO et al.²³ Copyright from WILEY-VCH 2019) (c) Light responsive artificial molecular muscles with isomerization induced expansion/contraction. (Reproduced from IWASO et al.³² Copyright from Nature Publishing Group 2016) (d) Supramolecular hydrogel with multi-stimuli and multi-shape memory effect. Reproduced from LE et al.³⁴ Copyright from American Chemical Society 2017)

1.1.1.2 Dynamic crosslinking in hydrogels

In addition, many reversible chemical bonds, physical interactions also contributed to functional hydrogels, such as redox responsive disulfide bonds,²⁴ host-guest interactions between beta-cyclodextrin and ferrocene, 25, 26 light-responsive azobenzene and spiropyran, 27-²⁹ pH-sensitive boronic ester bonds³⁰ and ionic bonds.³¹ Based on those responsive compounds, Iwaso et al. reported fast light-responsive artificial molecular muscles in both wet and dry state, which was built from rotaxane-based [c2] daisy chain unit crosslinked four-arm PEG (Figure 2c).32 Hydrogel, as well as its xerogel, were contracted with ultraviolet light irradiation due to the trans to cis isomerization of azobenzene which stretched the polymer chains to shrink. More importantly, the response speed of the [c2] daisy chain xerogel was very fast with speed more than 10,800 times faster than that of the hydrogel. Peter X. Ma reported stimuli-responsive supramolecular hydrogels with high extensibility and fast self-healing achieved by the dynamic catechol-Fe³⁺ bond.³³ Moreover, multi-crosslinking kinetics can cooperate within hydrogels which ensures other fascinating applications. Hydrogels with multi-shape memory functionalities were created by using three programmable reversible associations comprising of phenyl boronic ester bonds, acrylic acid/ferric ions complexes and coil-helix transition of agar (Figure 2d).34

In addition to the polymers and crosslinking kinetics, the 3D network can hold various water-soluble compounds, such as ionic salts, nutrients and biomolecules. With the addition of ionic salts, ionically conductive hydrogels were synthesized.³⁵ Based on this, a great quantity of electronic devices was developed, including diodes,³⁶ signal transmitters¹³ and power

sources.³⁷ Moreover, the addition of ionic salts would give rise to the anti-freezing property to electronic devices, which would benefit to practical usage at low temperature conditions.³⁸ In addition, the freely transportation of nutrients makes hydrogels ideal materials for cell culture.³⁹

1.1.2 Hydrogel functionalization with specific architectures

With the rapid development of advanced fabricating methods for hydrogels, hydrogels functionalization got large progress within both mechanical strength and diverse functions satisfying more complicated applications. Through the freeze-thaw method,⁴⁰ uniaxial mechanical stretching,⁴¹ photolithography,⁴² 3D printing, and electrospinning,⁴³ hydrogels succeeded to have programmed macro- or microstructures and diverse shapes, which greatly expanded their applications.

1.1.2.1 Inhomogeneous architecture design of hydrogels

Constructing inhomogeneous microstructure within hydrogels is significant in various applications, such as self-patterning hydrogels, morphing hydrogels and actuators with diverse inhomogeneous deformations. ⁴⁴ The straightforward way to get inhomogeneous hydrogel is to combine hydrogels with differed swelling behaviors, for example, the bilayer hydrogels. Duan and coworkers reported a bilayer hydrogel constructed by tight adhered positively charged chitosan with negatively charged cellulose/carboxymethylcellulose layers. The swelling ratio of each layer was different, as a result, the bilayer hydrogel gained bidirectional rolling with pH change (**Figure 3a**). ⁴⁵

Furthermore, the inhomogeneity within hydrogels can also be fabricated via setting gradient polymerization degree or crosslinking density. By using photomask, stress inhomogeneity and its distribution could be programmed in hydrogels on demand, offering the possibility to regulate hydrogel behaviors from microscopic to macroscopic scale. Wang and coworkers synthesized a series of programmable deformations of patterned hydrogel sheets with various dome-like structure as the building block, which can buckle into desired directions with the help of a pre-swelling process (**Figure 3b**). ⁴⁶ Palleau et al. designed hydrogel with reversible

patterning and actuation behavior by the assistance of electrical ion printing. Through this method, the Cu²⁺ can be programmed to print to the polyelectrolyte hydrogels at certain regions. The ions printed parts in hydrogels had larger modulus than the original ones, leading to anisotropic actuation when transferred to organic solvents (**Figure 3c**).⁴⁷ In particular, due to the good permeability of hydrogels, ions, such as Cu²⁺, Ca²⁺ and Fe³⁺, can penetrate into hydrogels and chelate with various chemical groups. Their diffusion processes from outside to inside would generate gradient crosslinking density, which can give new avenue to hydrogel functionalization basing on this post-treatment.^{48, 49}

Natural biological soft tissues, such as muscles, can be regarded as living hydrogels, which possess ordered hierarchical structures that range in scale from the molecular to the macroscopic. Such unique hierarchical structures endow living organisms with anisotropic mechanical toughness and functionality, thereby adapting them to complicated usages in external environments. Inspired by this, Mredha and coworkers reported a method to prepare anisotropic hydrogels with perfectly aligned hierarchical fibrous structures.⁵⁰ Air drying diluted physical hydrogel within confined length generated high tensile stress along the length direction, which can orient the polymer chains and form multiscale fibrous structures. This aligned hierarchical fibrous structures can well-retain in the re-swollen gel. The mechanical properties of hydrogel were comparable with those of natural ligaments (Figure 3d). Precisely control the stress alignment within stimuli-responsive hydrogels would guide their motions. Liu et al. reported an electrospinned fibrous bilayer system comprising thermoplastic polyurethane (TPU) and cross-linked PNIPAm fibers (Figure 3e).⁵¹ The TPU and PNIPAm fibers were aligned in various angles as passive and active layers, respectively. As a result, these fiber mattes displayed pre-programmed rolling motion with changing the surrounding temperature. It demonstrated reversible bending, coiling, rolling and twisting movements in certain directions for up to 50 cycles. Lei et al. reported a multifunctional skin-like sensor adopting the 3D printed thermal responsive hydrogel of poly(N, N-dimethylacrylamide), which realized the sensing of skin temperature and human motion. 12 In particular, this hydrogel was printed with grid microstructures into the capacitor circuit, which can magnify capacitive area variations on external stimuli.

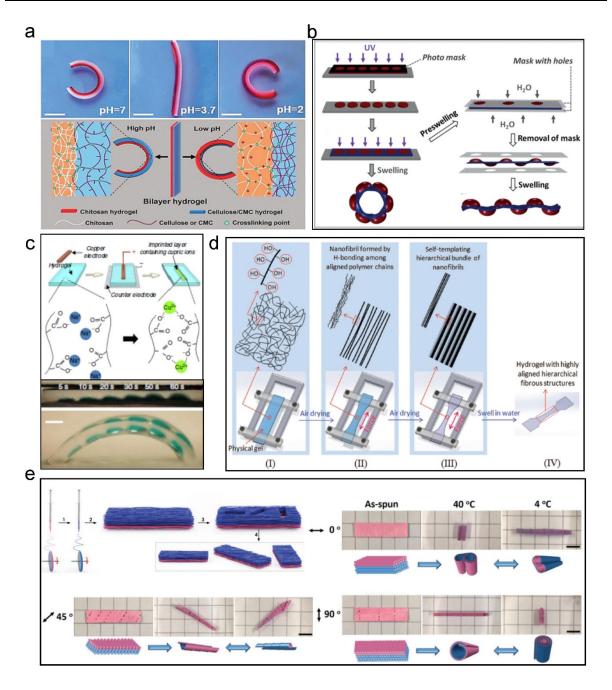


Figure 3. Hydrogel functionalization by programming inhomogeneous microstructure. (a) Bilayer hydrogel design. (Reproduced from DUAN et al.⁴⁵ Copyright from Royal Society of Chemistry 2017) (b) Photomask induced patterned hydrogel sheets with programmable deformations. (Reproduced from WANG et al.⁴⁶ Copyright from WILEY-VCH 2017) (c) Polyelectrolyte hydrogels with ion printed sites. (Reproduced from PALLEAU et al.⁴⁷ Copyright from Nature Publishing Group 2013) (d) Anisotropic hydrogels with perfectly aligned hierarchical fibrous structures. (Reproduced from MREDHA et al.⁵⁰ Copyright from WILEY-VCH 2018) (e) Electrospun fibrous bilayer system ensured programmable motion

direction. (Reproduced from LIU et al.⁵¹ Copyright from WILEY-VCH 2015)

1.1.2.2 Incorporation of nanoparticles in hydrogels

Benefiting from the fast development of nanotechnology, many polymeric organic, inorganic, and metal-based nanomaterials, such as micelles, nanogels, nanoclays, carbon nanomaterials, and diverse nanometals, have been extensively applied into functional hydrogels.^{52, 53} Indeed, it is well known that nanocomposites with well-dispersed nanoparticles get improved mechanical properties because of the load transfer from the polymer matrix to reinforcement fillers.⁵⁴ A variety of nanocomposite hydrogels emerged with strong mechanical strength and other fascinating properties originating from the growing nanotechnology. Nanocomposite hydrogels were prepared with diverse approaches. In general, those nanomaterials would serve as blending nanofillers and multifunctional crosslinking points (**Figure 4**).

Mixing nanofillers. Firstly, the nanomaterials can be incorporated as normal nanofillers. Indeed, the nanoscale dimensions allow high surface-to-volume and aspect ratios, which increase the polymer network entanglement acting as bridges, leading to strengthened mechanical properties. In the microscale and macroscale, the fracture and pullout of nanofillers can work as the energy dissipation system to toughen hydrogels.⁵⁵

Multifunctional crosslinking nanomaterials. More importantly, the nanomaterials can work as nanocrosslinkers for hydrogels through physical or chemical bonds. Those nanomaterials naturally have specific functional groups or surface charges on their surfaces, which can interact with polymers and allow further chemical modifications to introduce diverse chemical groups as well as polymer chains. In hydrogels, nanocrosslinkers could build multiple connections between two nanocrosslinkers, therefore their stepwise breaking or detachment could dissipate the elastic potential energy stored in the deformed polymer networks. Hence, the nanocrosslinkers can effectively retard the propagation of local defects in hydrogels, leading to toughened hydrogels. However, those sequential breaking polymer chains are irreversible for covalent bonds incorporated nanoparticles, which seriously weaken the long-lasting usage for hydrogels. Therefore, many reversible interactions, such as ionic bonds, 57

host-guest interactions,⁵⁸ metal-ligand complexations,⁵⁹ were introduced to nanoparticles and applied as the recoverable energy dissipation system.

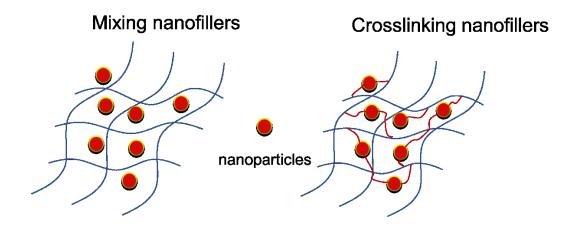


Figure 4. Incorporation forms of nanoparticles in the hydrogel network.

1.1.2.3 Various types of nanocomposite hydrogels and their applications

The ascendant nanotechnology continuously provides various nanoparticles to functional hydrogels. Those nanoparticles arise from abundant sources with unique properties.

Polymeric organic nanoparticles composite hydrogels. A large number of polymeric nanoparticles, including micelles, nanogels, dendrimers and liposomes, were investigated in hydrogel functionalization. In particular, those nanocomposite hydrogels got wide applications in drug delivery field, due to their ability to entrap hydrophobic or hydrophilic drugs. For example, Lampe and coworkers entrapped poly(lactic-co-glycolic acid) microparticles to PEG hydrogel, which can release two different neurotropic factors in different regions of the brain.

Inorganic nanoparticles composite hydrogels. There are many kinds of inorganic nanoparticles, including carbon-based nanoparticles (carbon nanotubes (CNTs), graphene, fullerene and nanodiamonds), ceramic nanoparticles (silica nanoparticles, titania nanoparticles, nanoclays, layered double hydroxides, etc.) and quantum dots. Numerous functional nanocomposite hydrogels were derived from these nanoparticles.

CNTs and graphene got wide applications owing to their high mechanical strength, outstanding electrical conductivity and special optical performance. They were surface modified with carboxyl groups, amine groups, hydroxyl groups or other hydrophilic polymer chains to improve their hydrophilicity before incorporated into hydrogel matrix. CNTs can reinforce hydrogels and gave them the ability of responsiveness to external electrical or temperature. Sun and coworkers developed a conductive polyacrylamide (PAAm) hydrogel with high strain sensitivity, self-recovery, good stretchability and mechanical strength via incorporating oxidized multi-walled CNTs. The oxidized multi-walled CNTs were functionalized with gelatin via hydrogen bonding between carboxyl groups on CNTs and hydroxyl, carboxyl groups in gelatin chains, leading to good dispersion in hydrogel network. All of those physical interactions between the CNTs, gelatin and PAAm chains contributed to the high mechanical performance. Besides, the introduction of CNTs could construct stable conductive pathways within the hydrogel, which endowed hydrogel with good strain sensitivity displaying stable and repeatable electrical signals.

Intensive investigation on silicates-based nanoparticles was given to the well-known silica nanoparticle and the layered silicate nanoparticles, such as nanoclays, layered sodium silicates and layered double hydroxides. The nanoclays are anisotropic and plate-like with high aspect ratio, which are widely used in tissue adhesive nanocomposite hydrogels with enhanced mechanical strength.⁶⁷ Li and coworkers synthesized an ultra-stiff and thermo-responsive nanocomposite hydrogel with nanoclays crosslinked PNIPAm. The synthesized hydrogel demonstrated high tensile modulus (approximately 3500 kPa) and strength (approximately 1700 kPa). The nanocomposite hydrogel possessed well-defined, thermo-responsive swelling and deswelling, and was promising used as scaffold materials.⁶⁸

Metal-based nanoparticle composite hydrogels. Numerous metallic nanoparticles were synthesized including gold nanoparticles, silver nanoparticles and metal-oxide nanoparticles, such as iron oxide (Fe₃O₄, Fe₂O₃), which can be used to construct nanocomposite hydrogels for diverse applications. These metallic nanoparticles have extraordinary physical properties, including electrical and thermal conductivity (gold nanoparticles), magnetic properties (iron-

oxide nanoparticles) as well as antimicrobial properties (silver nanoparticles). Therefore, nanocomposite hydrogels with these metallic nanoparticles attracted wide attention on photo imaging, drug-delivery systems, soft electronics, actuators, and sensors. ⁶⁹ For example, Sun et al. reported an anisotropic hydrogel actuator achieving earthworm-like directed peristaltic crawling. ⁷⁰ The cylindrical hydrogel comprised of gold nanoparticles for photothermal conversion, thermo-responsive polymer network for changing the electrical permittivity in the interior, and cofacially oriented 2D electrolytes (titanate nanosheets) to synchronously switch the anisotropic electrostatic repulsion. When the hydrogel was irradiated with visible light, it spatiotemporally expands immediately with a large degree in a constant volume. When the irradiation point moving along the cylindrical gel axis, the hydrogel experiences peristaltic crawling because of the fast, sequential expansion and contraction.

However, there are still many limitations for practical applications of the current nanomaterials in hydrogels, such as the weak mechanical properties for polymeric nanoparticles, difficult surface modification for carbon-based nanoparticles, dispersion stability for silicates nanoparticles, and the concerns for heavy metal safety. Due to rising concerns over sustainability and environmental safety, many efforts have been devoted to developing bio-based and eco-friendly nanoparticles with excellent physical and chemical properties.

1.2. Hydrogel functionalization with polysaccharide nanocrystals

There has been growing interest in developing natural polysaccharide nanocrystals for functional hydrogels, due to their unexhausted sources, excellent biocompatibility, unique physical and chemical properties.⁷¹ Polysaccharide nanocrystals have many virtues including high modulus (greater than 100 GPa), high specific surface area (greater than hundreds of m² g⁻¹), high aspect ratio, plentiful surface functional groups, and selectable morphologies.⁷² Polysaccharide nanocrystals are mainly comprised of rod-like cellulose nanocrystals, chitin nanocrystals and platelet-like starch nanocrystals. They are rigid, biodegradable, biocompatible and renewable nanoparticles with high crystallinity which are derived from abundant biobased polymers.⁷³ Hydrogels from polysaccharide nanocrystals can be prepared directly from polysaccharide nanocrystals, such as cellulose nanocrystals and chitin nanocrystals, or

polysaccharide nanocrystals composites with other matrices. Considering their unique physical and chemical properties, polysaccharide nanocrystals not only serve as reinforce nanofillers, but also endow hydrogels with other extraordinary performances. Here, we mainly introduce the preparation and their extraordinary properties of cellulose nanocrystals, chitin nanocrystals and starch nanocrystals, as well as their contributions in hydrogels functionalization.

1.2.1 Cellulose nanocrystals (CNCs) and their applications in hydrogels

Cellulose is a linear natural polymer consisting of 1,4-anhydro-D-glucopyranose units, which is the most abundant renewable organic material in the world.⁷⁴ CNCs, the crystalline regions of cellulose, are extracted from wood, cotton and other cellulosic materials (**Figure 5a**).⁷⁵ With different preparation methods, CNCs are synthesized with various functional groups on the surface, such as carboxyl groups, hydroxyl groups, aldehyde groups, and sulfate groups, which not only promote the dispersity of CNCs in water, but also offer the possibility for various chemical modifications on CNCs (**Figure 5b**).

CNCs are rigid rod-like nanocrystals with high crystallinity, large aspect ratio, and low density. They are only a few nanometers in width, but the length is distributed over a broad range, from tens of nanometers to several micrometers (**Figure 5c**). The high anisotropy and crystallinity of CNCs lead to promising mechanical properties with high axial stiffness up to 150 GPa and high tensile strength in the range of 7.5-7.7 GPa. The axial Young's modulus of CNCs are comparable to those of Kevlar and steel.⁷⁶

In addition to their extraordinary physical and surface chemical properties, CNCs possess unique liquid crystal behavior, which attracts growing interest in optical materials. On one hand, under suitable conditions, rod-like CNCs can spontaneously self-assemble into a chiral nematic structure, also called cholesteric structure.⁷⁷ Within this structure, CNCs were aligned in parallel on a plane, then the planes assemble layer by layer in parallel with certain rotating angles, forming the helically twisted structure with certain helical pitch.⁷⁸ This alignment is concentration-dependent arising from the balance between the rotational and translational entropies of individual CNCs nanorods (**Figure 5d**).⁷⁹ This assembled chiral nematic structure

would appear iridescent due to the diffraction of the incident light when the helical pitch of the structure is in the range of the wavelength of visible light. On the other hand, similar to molecular liquid crystals, the polarization of transmitted light would be changed by the alignment of CNCs owing to the phase difference, which can lead to great changes in interference colors when observed between crossed or parallel polarizers. OCNCs are birefringent nanoparticles originating from their highly crystalline structure with tightly aligned cellulose chains inside each CNCs spindle. Due to this unique rod-like morphology, the reflection index differed in parallel and perpendicular to the crystal axis, which induced the birefringence (Figure 5e). These special optical properties provide CNCs the ability to construct optical material with various colors.

Over the last decade, CNCs have attracted great attention in functional materials owing to their unique characteristics. Especially, CNCs have received growing interests in preparing functional hydrogels. In recent years, various functional CNCs composite hydrogels were constructed taking advantage of the high surface area, high mechanical strength, chemical active surface, excellent biocompatibility and other unique physical and chemical properties of CNCs.

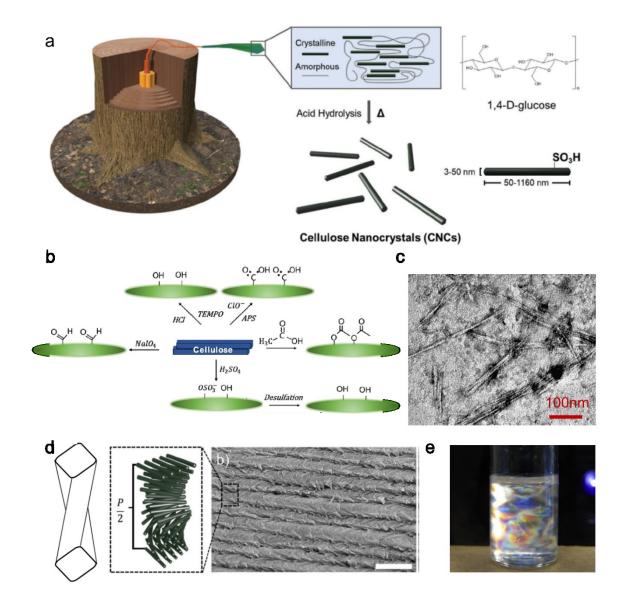


Figure 5. Isolation and unique properties of CNCs. (a) Isolation of CNCs by acid hydrolysis. (Reproduced from TRAN et al.⁷⁵ Copyright from WILEY-VCH 2020) (b) Facile surface modification for CNCs. (c) TEM image of CNCs. (d) Chiral nematic structure of CNCs. (Reproduced from TRAN et al.⁷⁵ Copyright from WILEY-VCH 2020) (e) CNCs suspension in water observed between crossed polarizers. (Reproduced from SIQUEIRA et al.⁸¹ Copyright from Springer 2010)

Hydrogels with CNCs. Most synthetic hydrogels are mechanically fragile, weak, and brittle, which extremely limits their practical applications. The high aspect ratio and stiffness of CNCs contribute to the formation of nanocomposite hydrogels with improved mechanical properties, due to the stress transfer from flexible polymer network to the stiff CNCs. Yang et al. reported

the PEG hydrogels reinforced by CNCs displayed enhanced fracture stress, modulus and stretchability than pristine PEG hydrogels. The rearrangement of hydrogen bonding between CNCs and PEG provided the unique energy dissipation, which gives nanocomposite hydrogels the toughness and extensibility (**Figure 6a**). Stiffer and highly elastic CNCs crosslinked composite hydrogels were prepared by the introduction of polymerizable acrylate groups or polymer chains. The modified CNCs can act as multi-functional crosslinkers in hydrogels to improve the mechanical performance. Wang and coworkers reported a multi-responsive bilayer hydrogel actuator with the addition of methyl acrylamide modified CNCs to the cooperating layer. The weight-lifting capability for this hydrogel actuator designed gripper was highly improved to 18 times the weight of their own polymer weight. Besides the covalent bonds, diverse physical interactions were reported to connect CNCs with hydrogel network, such as ionic bonds, host-guest interactions, electrostatic attractions, the hydrogel network interactions were reported to connect CNCs with hydrogel network, such as ionic bonds, host-guest interactions, electrostatic attractions, which built recoverable energy dissipation system within hydrogels via the reversible dissociation and reassociation.

More importantly, diverse functional CNCs could be prepared due to facile surface modifications, which provides CNCs composite hydrogels with other promising functions and applications. Oechsle and coworkers reported a carbon dioxide (CO₂) switchable CNCs hydrogel, which was fabricated by mixing CNCs suspension with imidazole (**Figure 6b**). Through sparging CO₂, CNCs were gelated, due to the electrostatic attractions between CNCs and protonated imidazole at low pH. This process was reversible by simply sparging with nitrogen (N₂), leading to the deprotonation of imidazole and the subsequent electrostatic repulsion between them. Other stimuli-responsive polymers were also incorporated onto CNCs and subsequently transferred to hydrogels. For example, Zubik and coworkers reported the CNCs-g-PNIPAm temperature-responsive hydrogel, showing a potential application in wound dressing. Increasing the addition of CNCs to the system resulted in improved mechanical stability, while clear thermo-responsive behavior remained. The antibiotic and anti-protozoal compounds were loaded into the hydrogel at room temperature and then released at 37 °C, which is suitable for wound dressing.

In addition, cellulose nanocrystals gained tremendous interest in fabricating photonic materials

due to their self-assembly behavior. The self-assembled chiral nematic structures were constructed in various matrices to give various colors, including hydrogels. In particular, hydrogels show volume change in response to variations of osmotic pressure. Consequently, the volume change would lead to helical pitch change, which could generate tunable structural color. Hydrogels with stimuli-responsive photonic characteristic are of great significance for practical applications. Kelly et al. demonstrated a straightforward approach to prepare photonic hydrogels with long-range chiral nematic structure, which showed color changes in response to solvent, pH and temperature with their reversible swelling behavior in various media (**Figure 6c**). ⁸⁹ However, it's still a challenge to construct this chiral nematic structure within hydrogels, because the structure can be easily disrupted during the formation of hydrogels.

Besides, based on the birefringence of CNCs, great efforts have been devoted to fabricating hydrogels with anisotropically aligned CNCs. Due to the collectively anisotropic alignment of CNCs, strong local birefringence emerged with light retardation, hydrogels with unidirectional aligned CNCs appear iridescence when viewed between crossed/parallel polarizers. Hiratani et al. reported stable and sensitive stimuli-responsive anisotropic hydrogels for sensing ionic strength and pressure, which was implemented by mechanical shearing aligned CNCs. Similar to this, various methods were developed to align CNCs via shearing force, such as 3D printing, capillary action, which were able to fix the alignment of CNCs in hydrogel network by the liquid to solid transition, known as gelation process. In particular, due to the unique solid and liquid nature of hydrogel, Huang et al. demonstrated a liquid behavior assisted fabrication of multidimensional birefringent materials from dynamic CNCs hybrid hydrogels. In this work, they utilized the mechanical stretching driven shear-thinning behavior in the highly dynamic hybrid hydrogels to align CNCs and preserved this alignment in the fast-relaxed polymer networks. Upon sequentially air-drying process, the surface tension further enhanced alignment of CNCs and achieved highly tunable birefringence (Figure 6d). 91

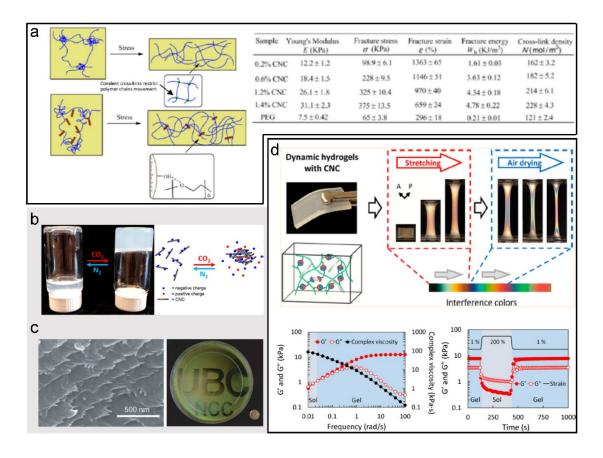


Figure 6. CNCs composite hydrogels. (a) PEG hydrogels reinforced by CNCs. (Reproduced from YANG et al.⁸³ Copyright from American Chemical Society 2013) (b) CO₂ responsive CNCs. (Reproduced from OECHSLE et al.⁸⁷ Copyright from American Chemical Society 2018) (c) Stimuli-responsive photonic hydrogels. (Reproduced from KELLY et al.⁸⁹ Copyright from WILEY-VCH 2013) (d) Liquid behavior assisted fabrication of birefringent materials from dynamic CNCs hybrid hydrogels. (Reproduced from HUANG et al.⁹¹ Copyright from American Chemical Society 2019)

1.2.2 Chitin nanocrystals (ChNCs) and their applications in hydrogels

Chitin is the second abundant semicrystalline biopolymer after cellulose, which is mainly synthesized by the biosynthetic method through a large number of living organisms such as shrimp, crab, tortoise, and insects (**Figure 7a**). ⁹² Chitin is a linear polysaccharide with high molecular weight consisting of copolymer repeated units of β -(1 \rightarrow 4)-2-acetamido-2-deoxy- β -D-glucose and β -(1 \rightarrow 4)-2-amino-2-deoxy- β -D-glucose. ⁹³ Apart from the acetyl amide group at C2 position, chitin shows a similar structure with cellulose. Chitin also has ordered and non-

ordered regions. Similar to CNCs, ChNCs were generated by removing the non-ordered regions of chitin under certain conditions. However, distinguished from CNCs, ChNCs were produced from biological tissues which combined with some impurities including protein and other organic compounds. Hence, chitin has a pretreatment with demineralization, deproteinization, and decoloration processes to remove these impurities before isolation (**Figure 7b**)^{93, 94}.

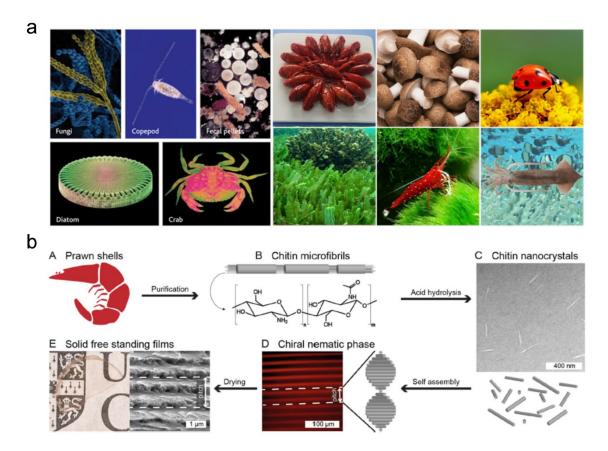


Figure 7. (a) Abundant sources of ChNCs. (Reproduced from DUAN et al. ⁹² Copyright from Elsevier 2018) (b) ChNCs extracted from acid hydrolysis and their properties. (Reproduced from NARKEVICIUS et al. ⁹⁴ Copyright from American Chemical Society 2019)

ChNCs possess similar physical and chemical properties with CNCs. ChNCs also display rod-like or spindle-like morphology, their dimensions and crystallinities are determined by their sources and preparation methods. In general, ChNCs synthesized from diverse sources are roughly 4-80 nm in width and has 50-10000 nm in length. ⁹⁵ ChNCs have high strength modulus, which is up to 150 GPa for longitudinal modulus and nearly 15 GPa for the transverse modulus. ⁹³ ChNCs have abundant hydroxyl groups on the surface which provide the possibility

for various modifications to introduce specific functions and to expand their applications.

ChNCs also possess extraordinary optical properties, arising from the self-assembled chiral nematic structure and birefringence.⁹⁶ In water, ChNCs are positively charged, due to the protonated amino groups at the surface (pKa ~6.3). When in acidic aqueous solution (pH below 6.3), ChNCs are stable, and exhibit liquid crystalline behavior above critical concentration.⁹⁴ Similar to CNCs, this is an entropy driven process dominated by their anisotropic shapes and the mutual interactions between the charged rod-like ChNCs.

Hydrogels with ChNCs. ChNCs are widely used as reinforcing additives in functional hydrogels. Nanocomposite hydrogels with ChNCs show improved toughness and stretchability, similar to CNCs, due to the load transfer from flexible polymer chains to rigid ChNCs and more easily entangled fibrous structure. 97, 98 In addition to mechanical reinforcement, ChNCs also possess excellent biocompatibility and low cytotoxicity, Huang and coworkers prepared ChNCs/alginate nanocomposite hydrogel by the pH-induced charge shifting behavior of ChNCs, which largely improved the mechanical behaviors. These nanocomposite hydrogels were applied as bone scaffolds for osteoblast cells and revealed that the addition of ChNCs noticeably promoted cell adhesion and proliferation (Figure 8). 99 Besides, the deacetylated ChNCs have natural antimicrobial property due to the polycationic nature, which makes ChNCs promising nanomaterials in wound dressing. 100

Similar to CNCs, ChNCs are promising in designing optical materials based on this self-assembly behavior. Using ChNCs to fabricate structured color hydrogels is rarely reported, but pioneer work has been published in controlling their assembly and alignment in polymer membranes. Narkevicius and co-workers systematically studied how the properties of chitin nanocrystal suspensions influence the self-assembly behavior. He optimized ChNCs could prepare chiral nematic ChNCs films with tunable helical pitches by varying the ionic strength and pH of the suspensions. Besides, ChNCs are also birefringent nanoparticles originating from their highly crystalline structure and the rod-like morphology, the reflection index differed in parallel and perpendicular to the crystal axis, which induced the birefringence. Anisotropically aligned ChNCs showed vivid interference colors due to the birefringence. ¹⁰¹ These

extraordinary photonic properties can be expected in designing optical hydrogels in the future.

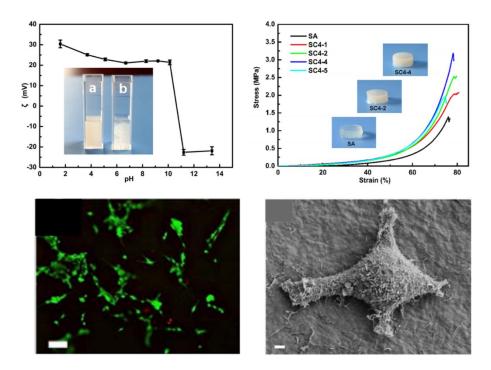


Figure 8. ChNCs/alginate nanocomposite hydrogel. (Reproduced from HUANG et al.⁹⁹ Copyright from American Chemical Society 2015)

1.2.3 Starch nanocrystals (SNCs) and their applications in hydrogels

Starch is an abundant natural polymer, produced by various plants as a source of stored energy. 102 The starch structure is multi-scale and lies in the (i) starch granule (2-100 µm), where displays as (ii) growth rings (120-500 nm). The growth rings are comprised of (iv) blocklets (20-50 nm) with (iii) amorphous and crystalline lamellae (9 nm) containing (vii) amylopectin and (viii) amylose chains (0.1-1 nm), as presented in **Figure 9a**. $^{103-105}$ All starches are constituted by α -D-glucopyranose units in linear chains linked by α (1 \rightarrow 4) bonds in amylose and in branched chains linked by α (1 \rightarrow 6) bonds from the linear chains in amylopectin. They are ordered in alternating crystalline and amorphous lamellae (9 nm) in the 2-100 μ m starch granules.

SNCs are generated by acid hydrolysis, enzymatic hydrolysis, where the disordered or less ordered parts of starch granules are preferentially hydrolyzed, the crystalline regions remain. ¹⁰⁶ Distinguished from CNCs and ChNCs, SNCs are crystalline platelets. The structure and

morphology of the isolated starch nanocrystals commonly depend on the source of starch with various crystallization type, differed relative proportion of crystalline amylose and amylopectin. ¹⁰⁷ The size and yield of SNCs are influenced by the hydrolysis conditions (such as acid type, acid concentration, temperature, and time).

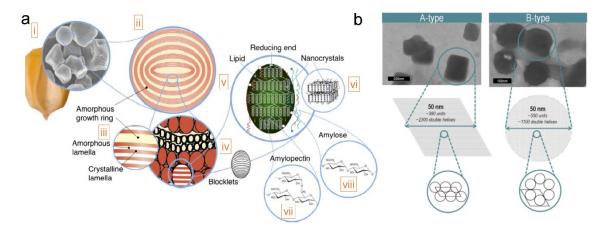


Figure 9. Structure of starch and the SNCs extracted from A-crystalline type and B-crystalline type starch granules. (a) Concentric multiscale structure of starch. (i) Typical starch granules from normal maize (30 μm), (ii) Amorphous and semicrystalline growth rings (120-500 nm), (iii) amorphous and crystalline lamellae (9 nm), (iv) magnified details of the semi-crystalline growth ring with blocklets (20-50 nm), constituting unit of the growth rings, (v) amylopectin double helices forming the crystalline lamellae of the blocklets, (vi) nanocrystals: other representation of the crystalline lamellae called SNC when separated by acid hydrolysis, (vii) amylopectin's molecular structure, (viii) amylose's molecular structure (0.1-1 nm). (Reproduced from TANG et al. 103 Copyright from Elsevier 2006; DONALD et al. 104 Copyright from Science and Technology Facilities Council 1997; GALLANT et al. 105 Copyright from Elsevier 1997) (b) SNCs extracted from different starch granules of waxy maize starch (A-type) and high amylose starch (B-type). (Reproduced from LECORRE et al. 107 Copyright from Springer 2011)

In recent years, chemical modifications were performed on their hydroxyl groups of SNCs, such as chemical reaction with small molecules, polymer chains grafting onto the surface with coupling agents, polymer chains growing on the surface with polymerization of monomers.¹⁰⁸ Those surface modifications ensure SNCs compatible with many polymer matrices.

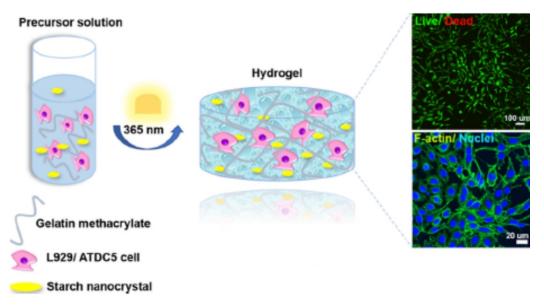


Figure 10. SNCs composite hydrogel as cell-instructive materials. (Reproduced from PILUSO et al. ¹¹⁰ Copyright from American Chemical Society 2019)

Hydrogels with SNCs. SNCs in hydrogels were normally used as mechanical reinforcement fillers with similar improvement mechanism with CNCs and ChNCs. Owing to the unique excellent biocompatibility, low toxicity, biodegradability, they are promising materials in drug carriers, tissue engineering, and skin adhesives. Piluso et al. developed 3D microenvironments with starch nanocrystals embedding in the gelatin matrix as cell-instructive materials. The incorporation of SNCs led to improved compressive modulus, at the same time, composite hydrogel showed potential usage for cartilage tissue engineering with the evidence that the chondrogenic progenitor ATDC5 cells maintained viability around 90% but displayed a round morphology, especially in the hydrogels with SNCs (**Figure 10**). 110

Overall, applying polysaccharide nanocrystals to construct functional hydrogels attracts growing interests both in academia and industry. Within the scope of polysaccharide nanocrystals, CNCs still hold great promise in functionalizing hydrogels in light of their mature synthesis technology with specific surface groups on demand, rigid rod-like morphology and their extraordinary liquid crystal nature.

Doctoral Dissertation Objective of study

2. Objective of the study

Hydrogels are crosslinked 3D polymer networks with amounts of water in their highly porous structure. The crosslinked polymer networks endow hydrogels with the properties of soft and elastic solid, while the high-water content in hydrogels gives rise to liquid-like properties, such as good permeability to various chemicals, plastic behavior and adjustable optical characteristics. In addition, hydrogels have some unique properties, such as the responsiveness and swelling, brought by their tailorable polymer network and exchangeable aqueous system. All these features make hydrogels promising semi/solid materials with diverse practical applications.

Great efforts have been made to hydrogel functionalization, especially, functionalization by diverse nanocomposites, to satisfy various applications. As aforementioned in the introduction section, CNCs composite hydrogels have great potential as functional materials owing to their bio-based and renewable nature, excellent mechanical properties, numerous chemical-active groups on the surface, and unique optical properties. However, the CNCs applied in functional hydrogels and CNCs assistance in functional hydrogel fabrication, as well as the transferring of unique optical properties from CNCs to hydrogels and dry materials still need further research.

Therefore, the present study aims to develop functional composite hydrogels based on CNCs. The main objective covers the following points:

- 1. To prepare crosslinkable CNCs with surface-attached methyl acrylamide groups, and to use them as reinforcement nanocrosslinkers in the hydrogel actuators. (**Publication 1**)
- 2. To prepare closed hollow hydrogels with distinctively tunable inner and outer walls through the assistance of CNCs to improve spatial crosslinking distinction. (**Publication 2**)
- To transfer and integrate the birefringence of CNCs and surface plasmon resonance of gold nanorods in fabricating optical polymer films based on the thixotropy of dynamic hydrogels.
 (Publication 3)

3. Results and discussion

3.1. Bilayer hydrogel actuators with programmable and precisely tunable motions

As reported in **Publication 1**, a novel type of bilayer hydrogel actuators (BHAs) was prepared comprising of a poly(N-isopropylacrylamide) (PNIPAm) and a poly(N-hydroxyethyl acrylamide) (PHEAm) hydrogel layer with various compositions. Cellulose nanocrystals (CNCs) are water dispersible with a modifiable surface. At first, we prepared methyl acrylamide groups modified CNCs (CNCs-MAm) (**Figure 11**).

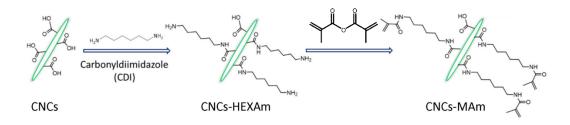


Figure 11. Surface modifications of CNCs.

Then, as shown in **Figure 12a**, BHAs were prepared via a two-step method. The first layer was chemically crosslinked PNIPAm hydrogels as the active layer. Then, various PHEAm layers were fabricated above the PNIPAm layer as the cooperating layers. BHAs were obtained after equilibrated in deionized water. PHEAm hydrogels in diverse BHAs were prepared with three different compositions: bulk crosslinked PHEAm in BHAs/P, PHEAm networks containing reinforcing CNCs (PHEAm/CNCs) in BHAs/CNCs, and PHEAm networks containing crosslinkable CNCs-MAm (PHEAm/CNCs-MAm) in BHAs/CNCs-MAm.

The scanning electron microscopy (SEM) images in **Figure 12b** clearly showed the distinguishable PHEAm/CNCs-MAm layer and PNIPAm layer with different pore topologies within BHAs after freeze-drying. A much denser area was visible at the interface of the two layers, indicating the interpenetration of two kinds of polymer chains in this interfacial area. This dense interface in turn enhanced the connection of the two hydrogel layers. As a result, the covalently crosslinked interactions tightly fix the two hydrogel layers together, which were sufficient to tolerate the swelling and actuation behaviors triggered by various stimuli.

Doctoral Dissertation Results and discussion

Furthermore, the introduction of CNCs and crosslinkable CNCs-MAm led to much smaller pore size for the cooperating hydrogel layers.

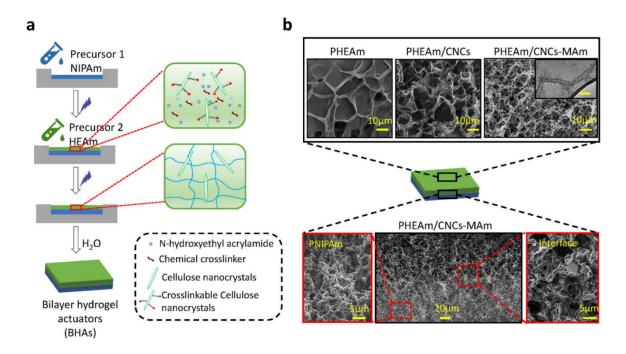


Figure 12. Schematic illustration for the preparation and the microstructures of BHAs. (TEM image of CNCs-MAm with the scale bar of 50 nm).

The smaller pore size could be attributed to the extra crosslinking brought by the CNCs-MAm, which can be further proved by the smallest swelling ratio for PHEAm/CNCs-MAm comparing with its in PHEAm/CNCs and PHEAm/P (Figure 13a). The mechanical properties of various BHAs with distinct compositions were further characterized. In particular, the mechanical properties of cooperating PHEAm layers based on PHEAm with various compositions were characterized due to their distinct microstructures, while the active PNIPAm layers maintained equal in all BHAs. As exhibited in Figure 13b, the addition of CNCs and CNCs-MAm improved the stiffness and toughness of hydrogels with diverse extents. While CNCs only acted as neutral nanofillers and showed limited enhancement on the breaking stress of resulting hydrogels to about 2.5 times of PHEAm hydrogels, crosslinkable CNCs-MAm efficiently increased the breaking stress of obtained hydrogels to roughly 14 times of PHEAm hydrogels. Furthermore, the tensile tests clearly displayed the effective toughening by introducing CNCs and CNCs-MAm into the PHEAm hydrogels.

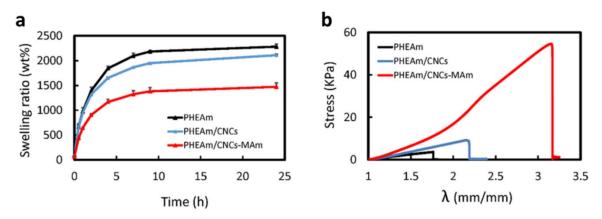


Figure 13. Swelling behaviors and mechanical properties of the cooperating layers

Considering the great difference in mechanical properties caused by the introduction of CNCs and CNCs-MAm in cooperating layers, we further studied the thermal behaviors of BHAs containing diverse cooperating layers. PNIPAm has a (Lower critical solution temperature) LCST at about 32 °C and exhibits greater hydrophobicity at the temperature above its LCST. When BHAs were immersed into water of 40 °C, PNIPAm chains aggregated which induced shrinkage of the PNIPAm layers, all BHAs bended to the PNIPAm side (Figure 14a). The magnitudes of their dynamic bending motions were illustrated by the corresponding curvatures of BHAs after a certain time. Obviously, BHAs containing diverse compositions showed distinct bending amplitudes according to their curvatures after the same bending times during the dynamic process (Figure 14b). Generally, the continuous bending completed within 6 min and the shapes of the BHAs at 6 min were set as the final state. The BHAs/CNCs-MAm exhibited the smallest motion range and the curvature lay between 0.018-0.2, while BHAs/P showed the largest bending range with the curvature roughly between 0.11-0.6. The curvatures of BHAs/CNCs during the bending changed from 0.12 to 0.47. Because of the equal PNIPAm layers, this difference should be mainly attributed to the significant difference in the mechanical properties of the cooperating layers. The stiffer cooperating layer would sacrifice the bending amplitude for the BHAs.

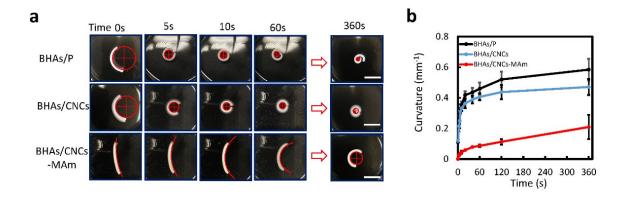


Figure 14. Dynamic thermal behaviors of BHAs in water of 40 °C (scale bars: 1 cm).

However, when the BHAs were designed as soft grippers to fulfill the grasping and releasing actions via varying the temperature of DI water (**Figure 15a**). With the reinforcement of the cooperating PHEAm layers with CNCs or CNCs-MAm, the grabbing capabilities of BHAs were largely increased (**Figure 15b**). BHAs/CNCs-MAm showed the highest maximum weight ratio and could lift items that were about 18 times the weight of own polymer weight. While the BHAs/CNCs could hold items of roughly 1400 wt% of own polymer weight, and BHAs containing PHEAm only could lift objects of 800 wt% of own polymer weight. Therefore, stronger cooperating layers highly promoted the loading capability of BHAs, independent on the active PNIPAm layers.

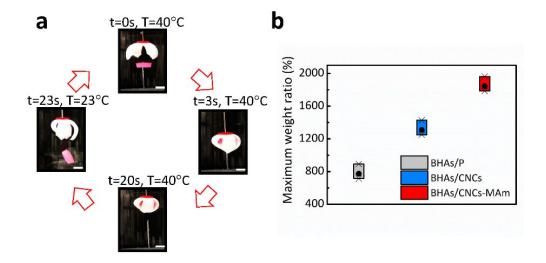


Figure 15. BHAs designed as gripper to grasp and release of target object (scale bars: 1 cm). maximum weight ratios = maximum weights that actuators can lift/own polymer weights.

In addition, the thermal triggered actuator would deform until to its final state with uncontrollable intermediate state. These BHAs managed to bend with controllable motion amplitude which can be programmed to stop at a certain amplitude via their unique solvent-responsive properties in ethanol/water mixtures. As shown in **Figure 16a**, the co-nonsolvency property of PNIPAm in ethanol/water mixtures endows PNIPAm hydrogels with the ability to swell and deswell depending on the ratio of both solvents. At the same time, various PHEAm cooperating layers shrink more strongly with increasing ethanol content (**Figure 16b**).

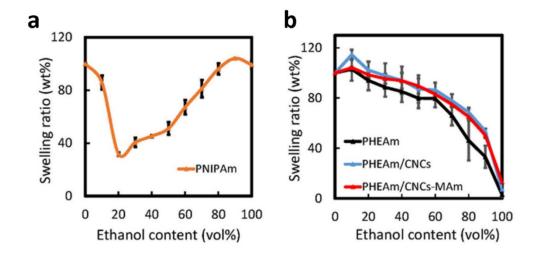


Figure 16. Swelling behaviors of PNIPAm layers (a) and various PHEAm layers (b) in diverse water/ethanol mixtures.

Nevertheless, these two different behaviors of the PNIPAm and PHEAm hydrogel layers in the ethanol/water mixtures synergistically contributed to extraordinary solvent-responsive behaviors of our BHAs. Subsequently, this co-solvent actuation not only generated bidirectional bending motions, but also the bending amplitudes (represented by their corresponding curvatures) could be adjusted by changing the solvent composition, afterwards, the BHAs could be fixed at a certain bending state (**Figure 17a, b**). It is obvious that the compositions and thus the mechanical properties of the cooperating PHEAm layers significantly affected the performance of these diverse BHAs (**Figure 17a, b**). Thus, this ethanol-triggered actuation allowed BHAs to autonomously change their bending direction and amplitudes according to the ethanol content in the surrounding environment. Moreover, artificial grippers based on such BHAs can be used in complex conditions, such as to transport

items through gates (**Figure 17c**). As showed on the gripper of BHAs/CNCs, the gripper in their smallest size easily passed the narrow gate within the ethanol/water mixture with 20 vol% ethanol. By increasing the ethanol content to 80 vol%, the gripper expanded and could grab a target object. By diluting the solvent to ethanol content of 20 vol%, the gripper easily grabbed the object and took it through the narrow gate. Eventually, this object was released in another surrounding as designed, e.g. in pure water. Thus, such BHAs showed promising practical applications in diverse fields.

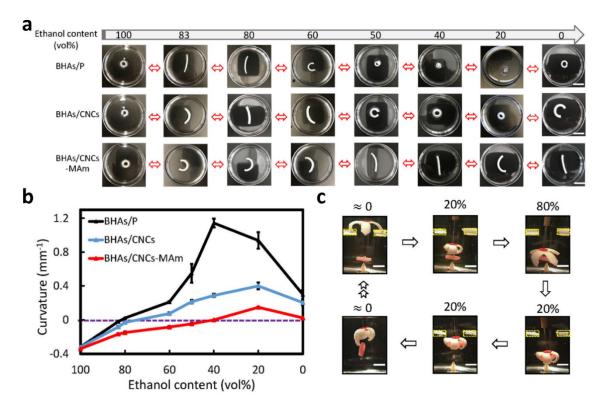


Figure 17. Dynamic behaviors of BHAs triggered by ethanol/water mixture. All BHAs were constituted by the PNIPAm layers on the right side and PHEAm layers on the left side (scale bars: 10 mm).

In the present section, we reported a series of bilayer hydrogel actuators. They demonstrated advantageous controllable thermal-responsive and solvent-driven actuation performance. The incorporation of strengthening CNCs and CNCs-MAm in the cooperating PHEAm layers effectively improved the loading capacities of BHAs, although the they reduced motion amplitude. The ethanol driven actuation provides the feasibility to exactly tune the bending amplitude and bending direction of BHAs by adjusting the ethanol content. Thus, these pre-

programmable motions and the feasibility to spontaneously freeze the state of BHAs demonstrate their great peculiarity.

3.2. Temperature-Responsive, Manipulable Cavitary Hydrogel Containers by Macroscopic Spatial Surface-Interior Separation

Synthetic macroscopic materials transforming from bulk solid or semisolid to closed hollow structure with distinct outer and inner microstructures is rarely reported. In **Publication 2**, we demonstrated an *in situ* method for directing macroscopic spatial surface-interior separation from bulk dynamic hydrogels to closed 3D Janus hollow hydrogels via constructing competitively crosslinking gradient within dynamic hydrogels. The original crosslinking of phenylboronic acid/catechol complexes was disrupted and replaced by stronger crosslinking of Fe³⁺/catechol associations, generating gradually weakened crosslinking from outside to inside. Sequential decomposition of weak crosslinking in the inner core within the densely crosslinking hydrogel shell, leading to closed hollow hydrogels with tunable dense outer shell and fluffy inner surface.

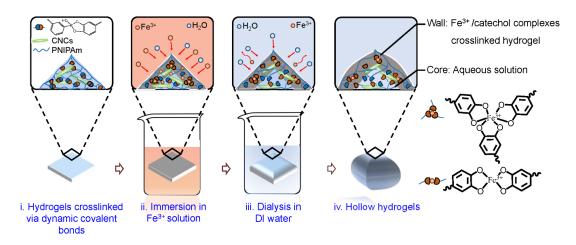


Figure 18. Schematic illustration for the preparation of closed hollow hydrogels.

In the present work, firstly, dynamic hydrogels were prepared comprising of PNIPAm hydrogel crosslinked by the dynamic covalent bonds of phenylboronic acid/catechol with the presence of CNCs in buffer solutions of pH 10 (associate constant Ka $\approx 0.919 \times 10^3$ M⁻¹) (**Figure 18-i**). Then, the dynamic hydrogels were immersed into ferric chloride solution (0.1 M in pH 10

borate buffer solution) for controlled time, which allowed the Fe³⁺ to diffuse into hydrogels from the surrounding solution (**Figure 18-ii**). During this process, the Fe³⁺ ions formed complexes with catechol and replaced initial boronate ester bonds due to their much higher Ka (10³⁷-10⁴⁰ M⁻¹). Along with the Fe³⁺ penetration, the Fe³⁺ concentration gradient resulted in gradually weakened Fe³⁺/catechol crosslinking in the hydrogel network from surface to core. After soaking in Fe³⁺ solution with certain time, the treated hydrogels were transferred into DI water to dialyze until the weight was constant (**Figure 18-iii**). During this process, the hydrogel swelled largely driven by osmotic pressure, resulting in decomposition of weak crosslinking, but strong crosslinking can maintain. As a result, the outer part with strong crosslinking formed the stable hydrogel wall. At the same time, the inner part where the Fe³⁺ did not reach was dominated by boronate ester bonds crosslinked part dissociated into extremely loosely crosslinked polymer chains. As a result, the thin flat bulk hydrogels experienced a macroscopic spatial surface-interior separation process to generate 3D closed continuous hydrogels with enclosed solutions within hollow hydrogels (HHs/P represented polymeric hollow hydrogels without CNCs, and HHs/CNCs with CNCs) (**Figure 18-iv**).

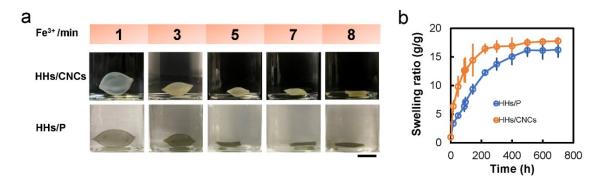


Figure 19. Formation process of hollow hydrogels with various Fe³⁺ immersing time. Scale bar: 1 cm.

Besides the complex of Fe³⁺/catechol, CNCs also play an important role for the formation of hollow hydrogels. CNCs with numerous carboxyl groups (-COOH) on the surfaces significantly influenced the formation process of hollow hydrogels with respect to various immersion times in Fe³⁺ solution (**Figure 19a**). The dynamic hydrogels were immersed in Fe³⁺ solution for 1 to 8 min and then immediately transferred to DI water to dialyze. Obvious

HHs/CNCs were generated when treated by Fe³⁺ solution for 1 to 7 min, while 8 min treatment would result to bulk solid core hydrogels due to the uniform strong crosslinking in the whole hydrogel. In comparison, without the addition of CNCs, hollow hydrogels were only appeared with 1 to 3 min treatment, while longer immersion time already resulted in bulk solid hydrogels. This evidence suggested the addition of CNCs could improve the spatial distinction within hydrogels, which can also be explained by the shorter formation time required to equilibrium during the evolution process. As shown in **Figure 19b**, HHs/CNCs with 3 minutes treatment of Fe³⁺ can reach the equilibrium after about 9 days, whereas, HHs/P needed roughly 20 days to equilibrium. Along with the diffusion rout of Fe³⁺ ions, -COOH on CNCs would complex with Fe³⁺ to provide additional crosslinking comparing with non-composite hydrogels. This extra crosslinking apparently retarded the penetration of Fe³⁺ ions, increasing the spatial crosslinking difference in hollow hydrogel formation.

Other than CNCs, different soaking times in Fe³⁺ solutions allowed steadily control of the wall thicknesses and their outer and inner surface morphologies as well as the microstructures in hollow hydrogels. Together with increasing the immersion time in Fe³⁺ solutions, the shell thickness of freeze-dried hollow hydrogels increased from roughly 0.22 mm to 0.75 mm (Figure 20a). At the same time, as displayed in SEM images, these freeze-dried hollow hydrogels after diverse immersion times in Fe³⁺ solutions had distinct outer and inner layers (Figure 20b). While the outer layers contained porous microstructures as typically for crosslinked networks in hydrogels, the inner layer contained a fluffy mat of loosely crosslinked polymer chains. This is because of different crosslinking densities in the outer and internal layers. Moreover, the pore sizes of outer surfaces in hollow hydrogels were largely decreased from $\sim 9.7 \pm 0.4$ µm to $\sim 3 \pm 0.5$ µm with increasing exposure time in Fe³⁺ solutions from 1 to 7 min, indicating further the formation of denser layers with longer crosslinking time. At the same time, the inner polymer mat became denser with longer treatment time in Fe³⁺ solutions and therefore increasing amount of penetrated Fe³⁺ ions. Furthermore, the outer and inner surface of the shells in dried HHs/CNCs displayed different wettabilities, which partly depended on immersion times in Fe³⁺ solutions. The outer surfaces of HHs/CNCs became more hydrophobic because of increasing crosslinking densities with extended exposure time in Fe³⁺

solutions. In comparison, the inner surface was highly hydrophilic due to the fluffy polymer mats at room temperature (Figure 20b).

In accordance with more crosslinking after longer treatment in Fe³⁺ solutions, HHs/CNCs with higher shell thicknesses became stronger (**Figure 20c**). HHs/CNCs with longer treatment in Fe³⁺ solutions (3 and 7 minutes) behaved similar as stiff hydrogels with larger deformations due to smaller internal volumes. In comparison, HHs/CNCs with immersion in Fe³⁺ solution for 1 minute containing larger internal volume was softer and too brittle to bear compression.

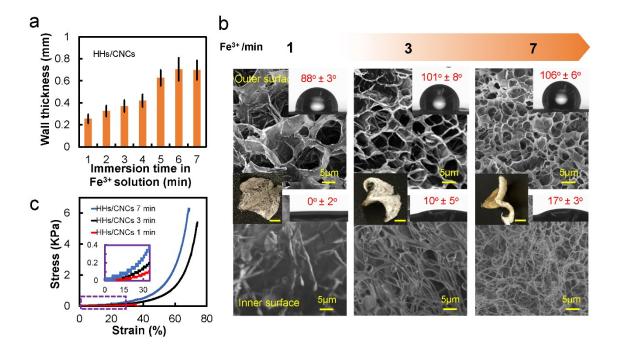


Figure 20. Regulation of microstructures and macrostructure of various HHs/CNCs. a) Shell thickness of HHs/CNCs with increasing immersion times in aqueous Fe³⁺ solutions. b) SEM images and water contact angles showing microstructures and wetabilities of freeze-dried HHs/CNCs with various treatment times in aqueous Fe³⁺ solutions. Insets are the photos of split freeze-dried HHs/CNCs with the scale bars of 2 cm. c) Compression tests of HHs/CNCs with various treatment times in aqueous Fe³⁺ solutions.

Self-healing behavior enabled macroscopic assembly of dynamic hydrogels

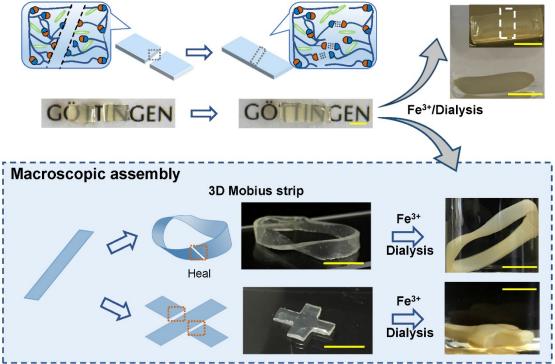


Figure 21. Shape programming of HHs/CNCs. Scale bar: 1 cm.

More importantly, the CNCs composite hydrogels exhibited self-healing property owing to the dynamic boronate ester bonds (**Figure 21**). In particular, the self-healed dynamic hydrogels were still transformed into closed hollow hydrogels after subsequent treatment with Fe³⁺ ions and dialysis. Therefore, individual dynamic hydrogels can be regarded as building blocks for programming hollow hydrogels with more complex geometries, which can avoid the dependence on complicated molds for initial dynamic hydrogels and allow arbitrary shape-programming. For example, the flat hydrogel strip was twisted in 3D Mobius shape and the two ends were merged together by the self-healing properties of dynamic hydrogels. As well, three flat dynamic hydrogel strips merged together to give a cross-shaped dynamic hydrogel. They were further transformed into hollow hydrogels after Fe³⁺ treatment and dialysis. Therefore, this macroscopic assembly provides a new pathway for designing and programming multi-shaped hollow hydrogels.

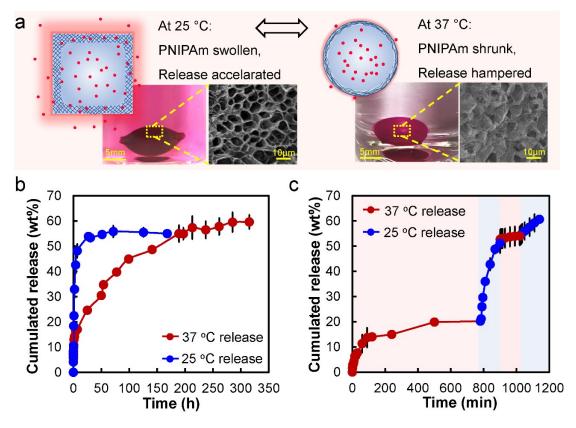


Figure 22. Temperature responsive release of water-soluble Rhodamine B.

Hollow hydrogels were then further used for the delivery of small molecular compounds due to their large interior volumes and LCST of PNIPAm. Different from common PNIPAm-based hydrogels as substrates, PNIPAm networks in hollow hydrogel walls represent tunable gates to provide different delivery behaviors. As demonstrated in **Figure 22a**, the HHs/CNCs loading with water-soluble Rhodamine B underwent a burst release at 25 °C below LCST of PNIPAm with an open porous structure, in contrast, a sustained release at 37 °C above LCST of PNIPAm, where the pores were "closed". Distinguished from high temperature burst release of bulk hydrogels with PNIPAm, the shrinkage of PNIPAm in hollow hydrogels was restricted by the large cavity of the aqueous core. Due to the presence of crosslinked PNIPAm primarily in the walls of hollow hydrogels, the increased temperature only resulted in shrinking pore size within the hydrogel walls, but little change in the overall volume. As a result, the release speed of Rhodamine B was significantly retarded by the compacted hydrogel walls.

Because the Rhodamine B solution in the cavity of hollow hydrogel was physically stuck by dense and hydrophobic wall at 37 °C. As proved in **Figure 22b**, the HHs/CNCs underwent a

matrix release mode at 25 °C, which was mainly driven by osmotic pressure. It would reach the release equilibrium after roughly 24 h. On comparison, a sustained release mode was occurred at 37 °C where the equilibrium was largely retarded to around 200 h, further revealing the reduced pore size at 37 °C. This is significantly different from typical PNIPAm-based materials as temperature-controlled release system with PNIPAm as substrate, where the large volume shrinkage could squeeze out the water as well as water-soluble agents above LCST. In addition, the release system can be well controlled by varying circumstance temperature (**Figure 22c**). At the beginning, the aqueous system was at 37 °C, a fast release was observed for the first 120 min arising from the release of Rhodamine B from shrinking wall. Afterward, only 6.2 wt% Rhodamine B could be released in the following 660 min (780-120) due to the largely reduced hydrogel pore size at 37 °C. Once lowered the surrounding temperature to 25 °C, a burst release suddenly appeared with the opening pores in the wall of HHs/CNCs, in which 31 wt% of Rhodamine B was released in following 120 min. These switchable release control between sustained/accelerated release functions repeatedly achieved.

In the present section, we demonstrated an *in situ* approach for macroscopic surface-interior separation from solid dynamic hydrogels to closed hollow hydrogels with tunable distinctive inner and outer surfaces of hydrogel shell. Based on the thermal responsive PNIPAm in shells, yet distinguished from conventional thermal controlled release systems, hollow hydrogels demonstrated a temperature-responsive gate system for sustained release at higher temperatures (above LCST) and accelerated release at lower temperatures.

3.3. Structural Colors by Synergistic Birefringence and Surface Plasmon Resonance

As reported in **Publication 3**, one-dimensional nanomaterials, the rod-like CNCs and gold nanorods (GNRs) were widely used in optical materials due to their respective inherent natures: birefringence with accompanying light retardation and surface plasmon resonance (SPR). We successfully anisotropically aligned them in polymer matrix based on the thixotropy of dynamic hydrogels, which synergistically leveraged the optical features of CNCs and GNRs

into fabricating macroscopic optical films with broad color tunability.

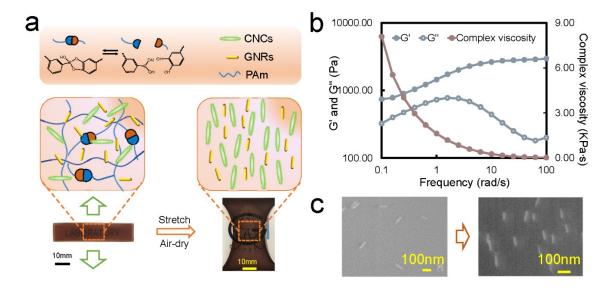


Figure 23. Preparation of CNCs/GNRs hybrid films with CNCs and GNRs aligned in a relaxed polymer matrix.

The CNCs/GNRs hybrid dynamic hydrogels were polymerized acrylamide crosslinked by phenylboronic acid/catechol complexes (PBA/DMA complexes) with pre-mixed CNCs and GNRs (Figure 23a). Because of the highly dynamic PBA/DMA complexes (associate constant Ka=0.919×10³ M⁻¹), the mechanical properties of CNCs/GNRs hybrid composite hydrogels were sensitive to the frequency of external loading (Figure 23b). The viscosity was decreased at higher frequency. Therefore, the rod-like nanoparticles can be aligned by this shear thinning behavior. During the uniaxial stretching, the crosslinking dissociated, leading to decreased complex viscosity, which allowed the anisotropic nanoparticles to unidirectional orient. Once stretching stopped and in the further air-drying process, PBA and DMA recombined to fix the orientation of CNCs and GNRs. As viewed from SEM images of air-dried films without and with stretching, the GNRs were aligned along stretching direction (Figure 23c).

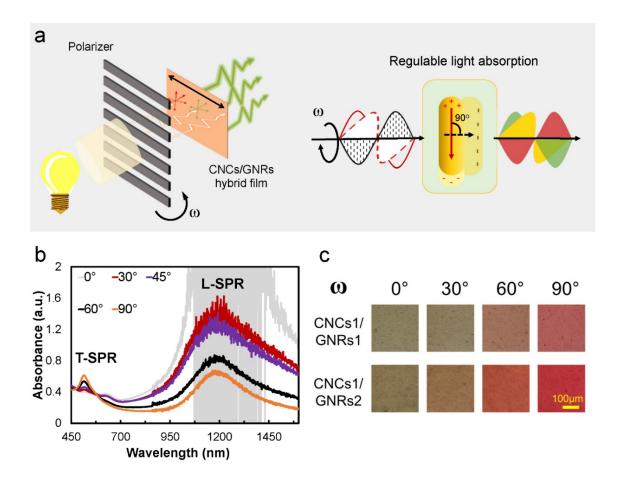


Figure 24. Schematic illustration for the regulation of SPR via varying light vibrating direction with rotating polarizer. Black arrow in the composite film represents stretching direction.

As illustrated in **Figure 24a**, the SPR of GNRs depended on the light vibrating direction with selective excitation of longitudinal surface plasmon resonance excitation(L-SPR) and transverse plasmon resonance (T-SPR) in a trading off rule. Varying the angles between the polarizer and the stretching direction of composite films (as defined as ω), the angle between light vibrating direction to the longitudinal direction of GNRs can be changed. L-SPR is excited with light vibrating along the longitudinal direction of GNRs ($\omega = 0^{\circ}$), whereas light vibrating perpendicular to the longitudinal direction can excite T-SPR ($\omega = 90^{\circ}$). This phenomenon leads to light absorption at selective wavelengths with tunable intensity. Because of the well-ordered alignment of GNRs in the resulted polymer films, the SPR of single GNRs have been transferred to CNCs/GNRs hybrid film in the macroscale without the influence of birefringence from CNCs when applied one polarizer. As shown in the ultraviolet-visible-near infrared (UV-vis-NIR) spectra of CNCs1/GNRs1 hybrid film measuring with polarizer (**Figure 24b**), the

absorption intensity at wavelength 520 nm (T-SPR) largely reduced, while that at wavelength 1150 nm (L-SPR) enhanced remarkably with rising ω from 0° to 90°. For our naked eyes, the 520 nm light is corresponding to green colors. Therefore, its complementary color will be enhanced and show the structural color in red along with the absorption of light at 520 nm (**Figure 24c**). This phenomenon can be further reinforced by increasing the amount of GNRs in CNCs/GNRs hybrid films, which also improved the visible color brightness (**Figure 24c**).

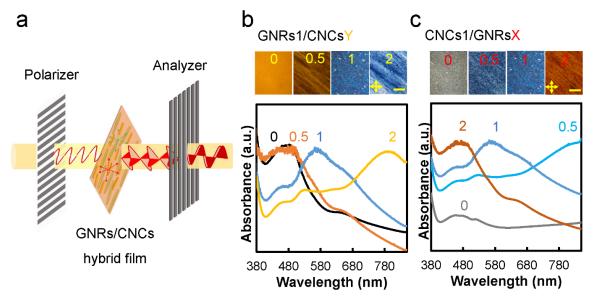


Figure 25. Integration of birefringence and SPR in CNCs/GNRs hybrid films. a) Schematic illustration of synergistic color adjustment between crossed polarizers. CNCs/GNRs hybrid films were placed at 45° against crossed polarizer/analyzer. b-c) POM images and UV-vis spectra of CNCs/GNRs hybrid films measured between crossed polarizers with increasing contents of CNCs (Y=0-2 wt% in initial hydrogel precursor solutions) and GNRs (X=0-2 wt% in initial hydrogel precursor solutions), respectively. Scale bar: 250 μm.

In addition to the effect of aligned GNRs on optical fields due to tunable light absorption intensities at around 520 nm and 1150 nm owing to modified SPR, the synergistic effect of ordered GNRs and CNCs on the structural colors of hybrid CNCs/GNRs films was further investigated. As schematically illustrated in **Figure 25a**, the interactions of the birefringence of CNCs and SPR of GNRs in hybrid films with incident light waves happen at the same time, when the polarized light irradiated on hybrid films. This synergistic effect generated bright vibrant colors when CNCs/GNRs hybrid films were 45° against crossed polarizer/analyzer. In

order to classify their respective roles of SPR and birefringence in generating synergistic structural colors, we studied the structural colors of the hybrid films with fixed content of CNCs or GNRs in a fixed position of 45° against crossed polarizer/analyzer, while changing the amount of the other.

With fixed GNRs content at 1 wt% in initial hydrogel precursor solutions, vibrant structural colors appeared varying from orange to blue with increasing CNCs concentration from 0 to 2 wt%. The wavelength of absorbance peaks in the visible region of UV-vis spectra were red shifted from about 480 nm to 780 nm around (Figure 25b), which corresponded to observed structural colors from orange to blue. However, with fixed CNCs content and adding more GNRs, the wavelength of light absorption was blue shifted from about 860 nm to around 490 nm (Figure 25c). The visible colors were red shifted from light yellow to orange red with varying GNRs content from 0 to 2 wt%. This was due to the varied light absorption for hybrid films with changing GNRs concentration at fixed CNCs concentration at 1 wt% in initial hydrogel precursor solutions. With increasing GNRs content, the T-SPR improved largely, while L-SPR only showed slight enhancement, indicating the GNRs mainly contributed to regulate the intensity of light absorption at wavelength of 520 nm within green light region (Figure 26).

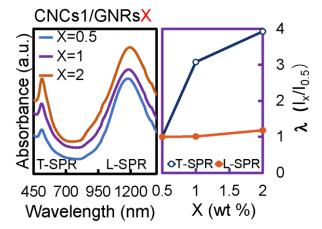


Figure 26. UV-vis-NIR spectra and the curve integrals of CNCs1/GNRsX hybrid films that were placed 45° against one polarizer. I_X: Intensity of absorption peaks with various GNRs contents X.

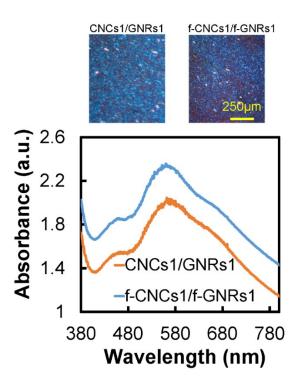


Figure 27. Structural colors and the UV-vis spectra of CNCs1/GNRs1 hybrid composite film and stacked f-CNCs1/f-GNRs1 films.

Because the structural colors between polarizers are not originated from polymer matrix due to the fast relaxation of polymer chains during stretching and drying, ⁹¹ but rather from ordered CNCs and GNRs within the composite films, the physical location of these nanorods should not affect the resulting structural colors, as long as their organizations are equal. Therefore, structural colors of piled individual composite films with only CNCs (f-CNCs1) and only GNRs (f-GNRs1) separately in two films should be equivalent to those of hybrid films with both CNCs1/GNRs1 nanorods in the same films. In comparison, the separation of CNCs and GNRs in two separate films also provides the possibility to modularly construct the structure colors and to exactly elucidate their functions. By stacking f-GNRs and f-CNCs films along the stretching direction and placing them 45° against the crossed polarizer/analyzer with f-GNRs film facing the polarizer, diverse nearly equal colors as those of CNCs/GNRs hybrid films with the same contents of both nanorods were obtained. For instance, a CNCs1/GNRs1 hybrid film had a similar absorption spectrum and exhibited highly similar loyal blue colors as those of piled films with the same contents of CNCs (f-CNCs1) and GNRs (f-GNRs1) (Figure 27). Piled f-CNCs1 and f-GNRs1 composite films were equivalent to CNCs1/GNRs1 hybrid

films.

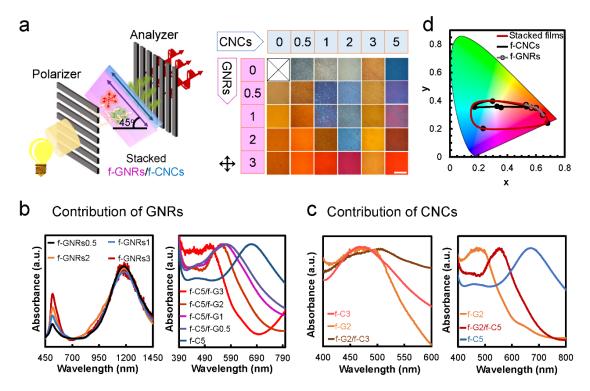


Figure 28. Color manipulation via stacking composite films f-GNRs and f-CNCs. f-C: abbreviation for f-CNCs, f-G: abbreviation for f-GNRs. Scale bar: 500 μm.

Moreover, these structural colors were gradually evolved to red colors of diverse intensities by increasing GNRs amount at constant CNCs concentrations (**Figure 28a**). This should be partially due to the enhanced light absorption at about 520 nm, but negligible intensity changes at around 1150 nm (**Figure 28b**, left panel). Higher light absorption at about 520 nm improved the intensity of complementary red color in the resulting structural colors. In combination with the effect of birefringence by stacking f-CNCs5 film and f-GNRs films with increasing GNRs contents from 0 to 3 wt%, wavelengths of light absorption peaks also exhibited a steady blueshift from about 665 nm to 510 nm, corresponding to the change of more blue-green to red colors (**Figure 28b**, right panel).

Different from the SPR effect of GNRs, the structural colors in f-CNCs films were correlated to the accumulation of phase retardation originating from the concentration of aligned CNCs. Therefore, light retardation was further promoted by increasing CNCs amount and caused more interference colors. These f-CNCs films with increasing initial CNCs concentrations from 0 to

5 wt% showed versatile structural colors appeared from grey over light yellow to blue-green colors (**Figure 28a**, right panel).

By stacking diverse f-CNCs films with the f-GNRs2 film, obtained structural colors were more diverse (**Figure 28a**, right panel). For instance, structural colors appeared from stacked f-GNRs2/f-CNCs3 was orange with an overall light absorption peak at around 500 nm, which was red-shifted compared to the light absorption peak of f-CNCs3 at 477 nm (**Figure 28c**). Piled f-GNRs2/f-CNCs5 films displayed red-violet color with the absorption peak at 550 nm, which was blue-shifted from the absorption peak at 665 nm for f-CNCs5. These results demonstrated that the synergistic structural colors as well as wavelengths of absorption peaks for stacked f-GNRs and f-CNCs films strongly depended on the interference color and locations of absorption peaks of f-CNCs. Moreover, GNRs interacted with light by altering the intensity of light absorption at wavelength around 520 nm for the manipulation of synergistic structural colors, while the aligned CNCs produced periodic interference colors via light retardation.

Based on the integration of the two optical mechanisms, color tunability was apparently enlarged. As shown in Commission Internationale de l'éclairag (CIE) chart, the piled films covered a color range from blue to yellow-green and to violet, while f-CNCs and f-GNRs showed limited color regulation region (**Figure 28d**). Therefore, by separately adjusting the dosages of CNCs and GNRs in two piled individual films, the structural colors of stacked film piles can also be further manipulated similarly as the mixture of both in the same films (**Figure 28a**). In comparison, the physical separation of CNCs and GNRs in different films provided further flexibility for even broader color manipulation from CNCs/GNRs dual model structure.

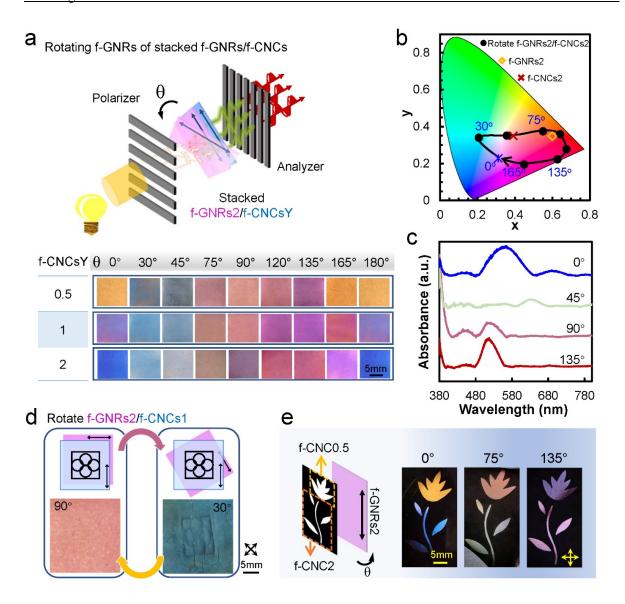


Figure 29. Tunable color manipulation via rotating f-GNRs films in stacked f-GNRs films and f-CNCs films.

In addition to adjusting the CNCs and GNRs contents in the individual films, rotating one film in the film piles demonstrated another strategy to generate a broad color range. In particular, this strategy can further provide more flexibility to tune the colors and save the preparation of diverse polymer films with various contents of CNCs or GNRs. As illustrated in **Figure 29a**, f-GNRs2 and various f-CNCs composite films were stacked along stretching direction and placed 45° against the crossed polarizer/analyzer with f-GNRs2 film facing the polarizer. By rotating the f-GNRs2 film with a rotating angle θ between f-GNRs2 film and f-CNCs films of $0-180^{\circ}$, structural colors experienced successive color variation as blue, orange, red and purple

(Figure 29a, bottom panel).

As shown in the CIE chart in Figure 29b, structural colors of the f-CNCs2/GNRs2 films after stacking and rotating covered a very broad color range from blue purple to cyan and gradually to yellow-green and red. As comparison, the structural colors of f-CNCs2, f-GNRs2 and their piled system without rotating only appeared as separate single dots in the CIE chart. Simply rotating the f-GNRs2 film of the stacked film piles strongly expanded the color types. Furthermore, the corresponding UV-vis spectra of stacked f-GNRs2 and f-CNCs2 with various rotating angles were measured to show the absorption changes during the rotating (Figure 29c). The dominating absorbance peaks can be readily controlled by rotating the f-GNRs2 film, which was red-shifted from around 560 nm to 638 nm (0°-45°), then blue-shifted to 517 nm (45°-135°), and eventually back to 560 nm (180°). This evolution is corresponding to their sequential color change from blue-purple through cyan and red to blue-purple. This further demonstrated the flexible color regulation by adjusting the synergistic effect of SPR of GNRs and light retardation of CNCs. The light absorption at T-SPR and L-SPR of GNRs was altered by changing the incident light vibrating direction during the rotating (Figure 29a and Figure 24). Because of the presence of GNRs in the individual films, f-GNRs films functioned more like a further light filter before f-CNCs films, so that the wavelength of the incident lights after the f-GNRs film changed correspondingly. These incident lights with altered wavelengths further underwent light retardation through the f-CNCs films, leading to diverse colors. As a result, a much broader range of structural colors was achieved (Figure 29a).

Based on the broad color tunability and facile flexible construction of the stacking/rotating film piles, we developed a few prototypes of f-CNCs/f-GNRs films for potential applications. As demonstrated in **Figure 29d**, a transparent f-CNCs1 composite film with a stamped pattern was prepared from the stamped hydrogel precursor and used with f-GNRs2 film as the stacked piles. By stacking both films perpendicular to each other (90°), in which the absorption of T-SPR of GNRs was minimized, the stamped pattern was not visible under POM. The stamped pattern appeared by rotating the f-GNRs2 film to 30° to the f-CNCs1 film, which indicated effective information encryption and readout on demand. Moreover, based on the abundant colors from

diverse combinations of f-CNCs and f-GNRs films, optical films can be fabricated as tunable color display systems. As illustrated in **Figure 29e**, a variable color flower pattern was designed by stacking f-GNRs2 film with f-CNCs0.5 film as the flower part and with f-CNCs2 film as the stalk and leaves. With the rotating f-GNRs2 film and altering light retardation due to various CNCs contents in f-CNCs films, the flower pattern exhibited distinct, adjustable color combinations. Based on these prototypes, these optical film systems with effective and flexible color control provide new platforms for the applications in information encryption and security systems, which have gained significant interest as novel security materials in the last years.

In the present work, we achieved the synergistic structural colors by combining the birefringence of CNCs and the SPR of GNRs within the composite films, which were embedded either in the same or in separate films.

4. General conclusion and perspectives

As mentioned all along this study, the development of nanocomposite functional hydrogels based on natural polysaccharide nanocrystals has attracted growing interest. Among the polysaccharide nanocrystals, cellulose nanocrystals (CNCs) has attracted tremendous attention due to its inherent properties, including excellent mechanical properties, high aspect ratio, numerous surface-active groups and unique liquid crystal nature. Throughout this thesis, CNCs and surface modified CNCs were introduced to the synthetic hydrogels to fabricate functional hydrogels. Due to the modifiable surface and excellent mechanical strength, CNCs nanocrosslinkers can effectively improve the mechanical properties of composite hydrogels. In addition, the anisotropic shape and unique liquid crystal nature of CNCs provided the building block to construct optical polymer films with broad color tunability, basing on the thixotropy property of dynamic hydrogels.

Firstly, in **Publication 1**, we reported a series of bilayer hydrogel actuators (BHAs) comprising of various poly(N-hydroxyethyl acrylamide) (PHEAm) hydrogels as cooperating layers and poly(N-isopropylacrylamide) (PNIPAm) hydrogels as active layers. These BHAs demonstrated controllable thermal-responsive and solvent-driven actuation performance. The incorporation of neutral CNCs and methyl acrylamide modified CNCs (CNCs-MAm) in the cooperative PHEAm layers effectively improved the loading capacities of BHAs with stiffened PHEAm layers. The grabbed weight was promoted from 800 wt% to 1800 wt% of their own polymer weight, although the introduction of CNCs and CNCs-MAm reduced motion amplitude and response speed. The thermal-responsive property allowed BHAs to bend responding to the surrounding temperature, while the ethanol-driven actuation provides the feasibility to exactly tune the bending amplitude and bending direction of BHAs by adjusting the ethanol content. Therefore, these BHAs exhibited in fact the bidirectional actuation, which can be continuously altered by modifying the compositions of ethanol/water mixtures. Thus, these preprogrammable motions and the feasibility to spontaneously freeze the state of BHAs demonstrated their great peculiarity. Based on these advantageous properties, other stimuliresponsive materials with other functions can be simply used as the cooperating layer, which

provides such BHAs vast potential for real-world applications at different scales.

Then, in **Publication 2**, we have demonstrated a *in situ* approach for transforming macroscopic solid dynamic hydrogel to closed hollow hydrogels with distinct inner and outer surface structures, via constructing a competitively crosslinking gradient within hydrogels. CNCs with numerous carboxyl groups (-COOH) on the surface could increase the spatial distinction of the gradient crosslinking via additional weak crosslinking of -COOH/Fe³⁺ complexes. This extra crosslinking apparently retarded the penetration of Fe³⁺ ions to the interior, which offered a time window to control the thickness and microstructures for the wall. The shapes of 3D hollow hydrogels can be programmed via the shapes' design of dynamic hydrogels. Furthermore, the dynamic crosslinking nature of hydrogels allowed macroscopic assembly via individual hydrogels to program the shape of closed hollow hydrogels. Based on the thermal responsive PNIPAm, yet distinguished from typical thermal controlled release systems, this hollow hydrogel showed a unique sustained release of hydrophilic small molecules at higher temperature. It would reach release equilibrium after only ~24 h at 25 °C, on comparison, the release equilibrium was largely retarded to ~200 h at 37 °. This facile solid shaping methodology for fabricating hollow closed systems has great potential in diverse applications including controlled release, cell culture, chemical reactor and soft actuators.

Finally, in **Publication 3**, we successfully unidirectional aligned the one-dimensional nanomaterials, both CNCs and gold nanorods (GNRs) to the same hybrid composite films or separate films by means of dynamic precursor hydrogels. This demonstrated the integration of their inherent natures: birefringence of CNCs with accompanying light retardation and anisotropic surface plasmon resonance (SPR) of GNRs in manipulating structural colors. By synergistically leveraging the optical features of CNCs and GNRs with diverse amounts in hybrid films or in stacked individual films, wide-ranging structural colors were realized, far beyond the limitation of the same films solely with aligned CNCs or GNRs. Increasing GNRs contents led to promoted color red with enhanced light absorption at 520 nm and CNCs influenced the overall phase retardation, giving distinctively structural colors. Furthermore, with angle adjustment between CNCs films and GNRs films using stacking/rotating technique,

we further achieve continuous color manipulation with more flexibility for color combinations. In one set of stacked films, light absorption wavelengths can traverse from roughly 500 nm to 650 nm solely by rotating f-GNRs film (0-180°). Tuning the adjustable synergism of the birefringence of CNCs and the SPR of GNRs in one film or separate films provides great potential for structural colors, which enlightens new avenue for optical applications.

In conclusion, the studies described in this thesis highlighted the possibility of using CNCs and surface modified CNCs as bio-based and versatile building blocks to functionalize synthetic hydrogels. For the mechanical reinforcement, the cross-linkable CNCs-MAm can significantly improve the stiffness of hydrogels, then effectively improved the loading capability for hydrogel actuators. Besides the mechanical reinforcement, the numerous carboxyl groups on the surface of neutral CNCs can associate with Fe³⁺ ions, which obviously improved the spatial difference of the strong cross-linking penetration gradient in hydrogel from outside to inside. This phenomenon assisted the transformation of solid to hollow hydrogel with tunable microstructures. Those hollow hydrogels fulfilled unique sustained release at higher temperature. In addition, by using the liquid behaviors of dynamic hydrogels, one-dimensional nanomaterials, CNCs and GNRs can be aligned into relaxed polymer films to fabricate optical films with broad color tunability. Thus, dynamic composite hydrogels can be used as precursors to program dry polymers with various structural colors. Specially, the unique optical properties of both CNCs and GNRs can be solely exhibited and integrated to manipulate structural colors.

According to the studies in this thesis, the CNCs composite hydrogels not only reinforced the synthetic hydrogels with improved loading performance in certain usage, but also introduced novel functions to composite hydrogel by building new secondary microstructures within hydrogels. In the future, more efforts need to be done to construct strong hydrogel actuators with fast response speed and large amplitude based on CNCs. Furthermore, thanks to the modifiable surface of CNCs, diverse functional groups or polymers can be introduced to them, which provides the possibility to involve various functions to hydrogels.

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Appendix

Author's peer-reviewed publications

Publication 1

Multi-responsive bilayer hydrogel actuators with programmable and

precisely tunable motions

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Abstract: Multi-responsive hydrogel actuators show promising applications for soft robotics, biomedical engineering and artificial muscles, but the uncontrollable nature of their motions poses a barrier to practical applications. Herein, we presented a novel type of bilayer hydrogel actuators (BHAs) comprising of a poly(N-isopropylacrylamide) (PNIPAm) and a poly (Nhydroxyethyl acrylamide) (PHEAm) hydrogel layer with various compositions, which demonstrated thermal-responsive and novel solvent-responsive actuation under water or within solvents. These BHAs exhibited a wide range of regulable bidirectional motions due to the simultaneous co-nonsolvency property of PNIPAm and the shrinking behavior of PHEAm in ethanol/water mixtures with various ethanol contents. By adjusting the compositions of ethanol/water mixtures, the bending directions and amplitudes of BHAs were precisely regulable and the curvatures of actuators were tunable between -0.34 and 0.3. Because of temperature-responsive character of PNIPAm, BHAs fulfilled thermal-driven motions to lift items. By reinforcing PHEAm layers with cellulose nanocrystals (CNCs) or CNCs bearing methacylamide moieties on surface (CNCs-MAm), the weight-lifting capability of BHAs was highly improved to 18 times the weight of their own polymer weights. This design concept with bilayer structures provides a new strategy for the construction of precisely regulable hydrogel actuators, which allows using solvents to exactly control their motions.

The flourishing development of versatile stimuli-responsive polymers leads to the emergence of flexible polymer actuators.^[1,2] Hydrogels are highly hydrated three-dimensional polymer networks, which showed excellent biodegradability, biocompatibility and permeability.^[3-5] In recent years, hydrogel-based actuators that can undergo precisely tunable motions enable transformative applications in diverse areas, such as biomedical fields,^[6,7] soft robotics^[8-10] and soft electronics.^[11-13] Typically, actuations of existing responsive hydrogels mostly rely on their swelling and de-swelling in response to external stimuli such as temperature,^[14,15] pH,^[16,17] electric field,^[18] light^[19,20] and ionic strength.^[21] Mostly, these systems utilize the volume phase transition and fulfill the shape alteration between different states.^[22] So far, hydrogels featuring many other fascinating properties were continuously appearing and all these versatile hydrogels

were constituted the building blocks for the construction of advanced hydrogel actuators.^[23-25] Hu et al. reported highly anisotropic and ion-conductive wood based hydrogels with high tensile strength of 36 MPa along the longitudinal direction.^[26] By utilizing the electrical field,^[27] magnetic field^[28] and other advanced engineering technologies including the 3D printing^[29] and electrospinning,^[30] hydrogel actuators have got great improvement in motion amplitude and response speed.^[31] At the same time, many efforts have been devoted to program the movement directions and get various shapes at end state. Yet, most of these methods require multi-control systems, large-scale equipment and complex preparation. More importantly, only a few hydrogel actuators can perform bidirectional motions with tunable amplitude, such as the polyelectrolyte hydrogels.^[32] However, most of hydrogel actuators can only switch between the starting and end point, while they are difficult to halt at any certain state in between and their behaviors are not precisely controllable. These existing drawbacks pose currently huge barrier to the development of hydrogel actuators and their application under complex surroundings, such as under water.

In this work, we fabricated thermal- and solvent-responsive BHAs with programmable and controllable bending motions and amplitudes. The BHAs were comprised of PNIPAm as the active layer and PHEAm without or with various reinforcing CNCs as the cooperating layer. The reversible phase transition of PNIPAm in response to temperature endowed the BHAs with thermal-driven behaviors. Furthermore, solvent-responsive properties of BHAs for the precise control over their actuation were investigated in detail. The co-nonsolvency property of PNIPAm can swell and deswell in water/ethanol mixture depending on the ratio of both solvents, while various PHEAm hydrogels shrink more strongly with increasing ethanol content. These two different mechanisms endowed the BHAs with the feasibility to perform a wide range of precisely controllable motions in tunable directions. With bare CNCs or crosslinkable CNCs bearing methacrylamide moieties on surface in PHEAm layers, the weight-lifting capacity of BHAs was tuned to 14 and 18 times the weight of their own polymer weights, respectively. Moreover, their motions can be programmed to stop with desired amplitudes at any position by gradually adjusting the compositions of ethanol/water mixtures.

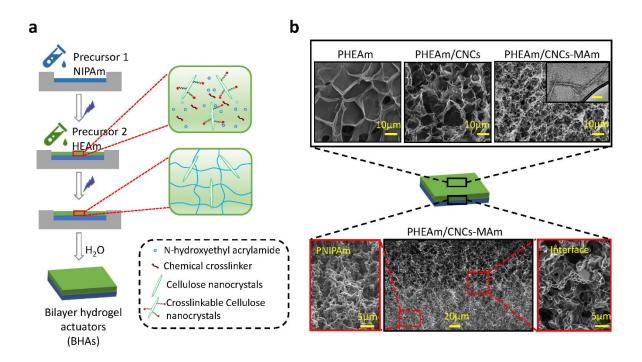


Figure 1. Schematic illustration for the preparation and the microstructures of BHAs. a) The preparation of BHAs. b) The microstructures of each layer and the interface of the BHAs. The inset showed the TEM image of CNCs-MAm with the scale bar of 50 nm.

The BHAs were prepared via a two-step method. Equal PNIPAm hydrogels in all BHAs were prepared after the polymerization of NIPAm with chemical crosslinkers at first as the active layers. Then, various PHEAm layers were fabricated above the PNIPAm layer as the cooperating layers. BHAs were obtained after equilibrated in deionized water (DI water) (Figure 1a). PHEAm hydrogels in diverse BHAs were prepared with three different compositions: bulk crosslinked PHEAm in BHAs/P, PHEAm networks containing reinforcing CNCs (PHEAm/CNCs) in BHAs/CNCs, and PHEAm networks containing crosslinkable CNCs-MAm (PHEAm/CNCs-MAm) in BHAs/CNCs-MAm.

CNCs were prepared via the TEMPO-mediated oxidation with 1.37 ± 0.2 mmol g⁻¹ carboxyl groups on the surface (Figure S1, Supporting Information). CNCs-MAm were synthesized after the reaction of methacrylic anhydride with CNCs-NH₂, which were obtained via the amidation reaction of CNCs with hexamethylenediamine. The amount of methyl acrylamide groups on CNCs-MAm was measured to be 0.5 ± 0.05 mmol g⁻¹ (Table S1, Supporting Information).

CNCs-MAm have dimensions of \sim 200 nm \times 20 nm (length \times width) (Figure 1b).

The scanning electron microscopy (SEM) images in Figure 1b clearly showed the distinguishable PHEAm/CNCs-MAm layer and PNIPAm layer with different pore topologies within BHAs after freeze-drying. A much denser area is visible at the interface of the two layers, indicating the interpenetration of two kinds of polymer chains in this interfacial area. This dense interface in turn enhanced the connection of the two hydrogel layers. As the result, the covalently crosslinked interactions tightly fix the two hydrogel layers together, which were sufficient to tolerate the swelling and actuation behaviors triggered by various stimuli. Furthermore, the introduction of CNCs and crosslinkable CNCs-MAm led to much smaller pore size for the cooperating hydrogel layers. The average pore size of the freeze-dried PHEAm/CNCs layer was around $12 \pm 3 \,\mu m$, while even smaller pores of averagely $770 \pm 200 \, m$ m were observed in the PHEAm/CNCs-MAm layer (Figure 1b).

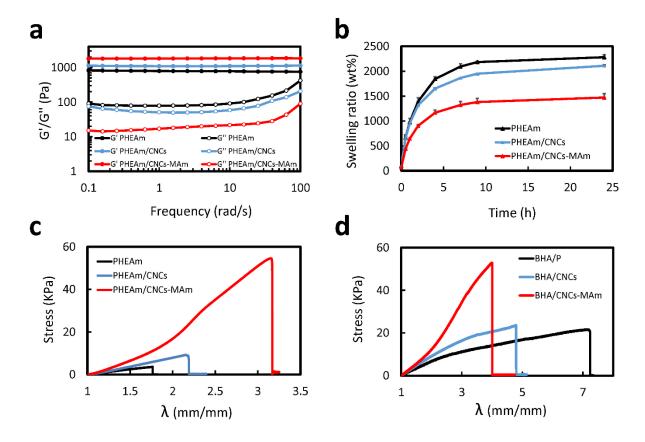


Figure 2. Mechanical properties and swelling behaviors of the cooperating layers and BHAs. a) The frequency sweep rheology tests of the cooperating PHEAm layers. b) The swelling ratios

of the cooperating PHEAm layers. c) Representative tensile test curves of the cooperating PHEAm layers. d) Representative tensile test curves of BHAs.

The mechanical properties of various BHAs with distinct compositions were further characterized. In particular, the mechanical properties of cooperating PHEAm layers based on PHEAm with various compositions were characterized due to their distinct microstructures, while the active PNIPAm layers maintained equal in all BHAs (Figure 1b). The frequency sweep rheology tests were performed at first on diverse PHEAm hydrogels (Figure 2a). Both storage modulus (G') and loss modulus (G") of various PHEAm hydrogels exhibited similar frequency-independency over the whole frequency range, indicating the covalent crosslinking networks within these hydrogels. Furthermore, the swelling behaviors of the cooperating PHEAm hydrogel layers also showed that the presence of CNCs and in particular crosslinkable CNCs-MAm resulted in smaller swelling ratios compared to bulk PHEAm hydrogels (Figure 2b). This should be due to the denser crosslinking networks caused by CNCs and CNCs-MAm, which resisted the water absorption.

Accompanying with the denser hydrogel matrix, CNCs and CNCs-MAm improved the stiffness of hydrogels with diverse extents. While CNCs only acted as neutral nanofillers and showed limited enhancement on the breaking stress of resulting hydrogels to about 2.5 times of PHEAm hydrogels, crosslinkable CNCs-MAm efficiently increased the breaking stress of obtained hydrogels to roughly 14 times of PHEAm hydrogels. Furthermore, the tensile tests clearly displayed the effective toughening by introducing CNCs and CNCs-MAm into the PHEAm hydrogels (Figure 2c). The PHEAm/CNCs-MAm showed highly enhanced elastic modulus, which was up to 2.6 times of the elastic modulus of PHEAm hydrogels. The elongation of PHEAm/CNCs-MAm was also improved to 1.8 times of the elongation of PHEAm hydrogels. This enhancement showed in both as-prepared state and also, even with further amplification, swollen state (Figure S2 and S3, Supporting Information). Benefiting from the extra crosslinking with CNCs-MAm, the PHEAm/CNCs-MAm hydrogels also showed clear strain-induced hardening during the stretching. This phenomenon was in agreement with the tensile curves provided by the typical hydrogels containing

nanocrosslinkers.^[33] In addition, this reinforcing effect by CNCs and CNCs-MAm was still maintained in the BHAs. As shown in Figure 2d, the mechanical properties of BHAs containing CNCs and CNCs-MAm were largely improved only by the reinforcement in the cooperating PHEAm hydrogel layers. On the contrary, these reinforced PHEAm hydrogels showed much smaller elongation ratios in comparison to bulk PHEAm hydrogels, which resulted in reduced elongation for BHAs/CNCs (68%) and BHAs/CNCs-MAm (56%) compared to BHAs/P. The elongation of BHAs significantly decreased with increasing stress, because the comparatively brittle PNIPAm layer cracked fast during stretching and induced defects to BHAs.

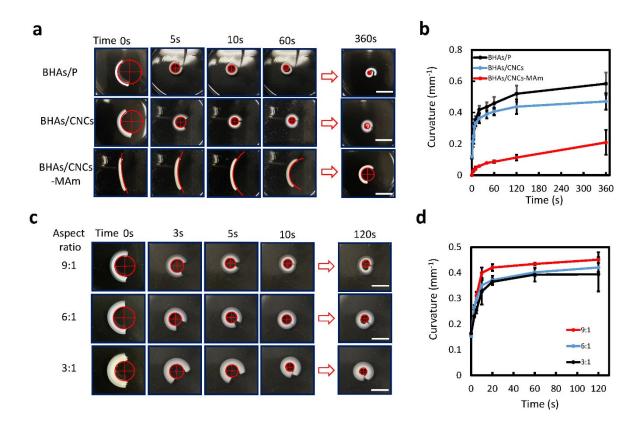


Figure 3. Dynamic thermal behaviors of BHAs in water of 40 °C. a) Optical photographs of the dynamic actuation process of the BHAs with diverse cooperating layers (scale bars: 1 cm); b) Dynamic changes of the curvature values of BHAs/P, BHAs/CNCs and BHAs/CNCs-MAm at 40 °C; c) Optical photographs of the dynamic actuation process of and d) Dynamic changes of the curvature values of BHAs/CNCs with various aspect ratios of 9:1, 6:1 and 3:1 at 40 °C. Scale bars in c: 1 cm.

Given the great difference in mechanical properties caused by the introduction of CNCs and CNCs-MAm in cooperating layers, we further studied the thermal behaviors of BHAs containing diverse cooperating layers and with various aspect ratios (length:width). PNIPAm has a LCST at about 32 °C and exhibits greater hydrophobicity at the temperature above its LCST.^[34] When BHAs were immersed into water of 40 °C, PNIPAm chains aggregated which induced shrinkage of the PNIPAm layers and all BHAs bended to the PNIPAm side (**Figure 3a**). The magnitudes of their dynamic bending motions were illustrated by the corresponding curvatures of BHAs after a certain time. It is obvious that BHAs containing diverse compositions showed distinct bending amplitudes according to their curvatures after the same bending times during the dynamic process (Figure 3a and 3b).

Generally, the continuous bending completed within 6 min and the shapes of the BHAs at 6 min were set as the final state. The BHAs/CNCs-MAm exhibited the smallest motion range and the curvature lay between 0.018-0.2, while BHAs/P showed the largest bending range with the curvature roughly between 0.11-0.6. The curvatures of BHAs/CNCs during the bending changed from 0.12 to 0.47 (Figure 3a and 3b). Because of the equal PNIPAm layers, this difference should be mainly attributed to the different mechanical properties of the cooperating layers. This different performance in motion magnitude can be explained using the simplified Timoshenko equation (Equations (1); Equation (S3), Supporting Information).

$$k = \frac{24\alpha_n}{h\left(14 + y + \frac{1}{y}\right)} \tag{1},$$

where k represents the curvature which were defined as k₁ (BHAs/P), k₂ (BHAs/CNCs) and k₃ (BHAs/CNCs-MAm), y is the ratio of their Young's moduli y=Ec/En, the subscript n represents the PNIPAm layer and c represents the various PHEAm layers.

Comparing various BHAs, the introduction of CNCs and CNCs-MAm increased the Young's modulus of the cooperating layers (Figure S3, Supporting Information), resulting in $y_1 < y_2 < y_3$. As the result, stronger cooperating layers induced relatively smaller curvatures, thus $k_1 > k_2 > k_3$.

Furthermore, we studied the influence of the aspect ratios on the actuation behaviors of BHAs with BHAs/CNCs as the models. Since the fast actuation behavior is preferred for actuators, we focused on the first 120 seconds. The actuation processes of BHAs/CNCs with three different aspect ratios (length:width of 9:1, 6:1 and 3:1 with fixed length of 2.7 cm) were analyzed (Figure 3c). At the aspect ratio of 9:1, the actuator strips showed the fastest bending motion until the final state, while BHAs/CNCs with the aspect ratio of 3:1 exhibited the lowest bending speed. Nevertheless, all BHAs/CNCs demonstrated independent on the aspect ratio similar bending curvatures after 120 s (Figure 3d). Because all these BHAs/CNCs shared same length and the same thickness with changing widths, their only difference is their volumes. Thus, these diverse bending speeds of BHAs/CNCs with distinct aspect ratios should be attributed to their different volumes, which required distinct times for the thermal conduction to reach similar temperature through the whole BHAs. This is in particular essential for the bending at the beginning. After sufficient time for the thermal conduction, all samples still reached the same bending curvature.

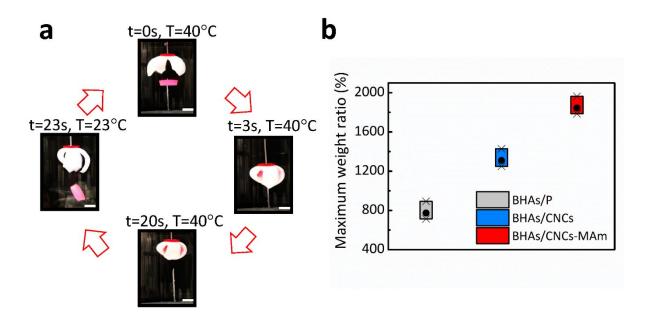


Figure 4. Manipulation of thermal-responsive BHAs. a) Grasp and release of target object using BHAs/CNCs as example (scale bars: 1 cm). b) The maximum weight ratios for various BHAs (maximum weight ratios = maximum weights that actuators can lift/own polymer

weights).

Moreover, these relatively fast thermal actuations of BHAs ensured them the potential to be used as soft robotics. These BHAs can be manipulated by changing the environmental temperature (**Figure 4**, Movie S1 and S2, Supporting Information). They were prepared as grippers and were designed to mimic the grasping and releasing actions of human hands in DI water (Figure 4a). The BHAs grippers were fully expanded in water at 23 °C, and grabbed a target object at 40 °C. The grabbed object was released in the 23 °C water bath. With the reinforcement of the cooperating PHEAm layers with CNCs or CNCs-MAm, the grabbing capabilities of BHAs were also increased (Figure 4b). BHAs/CNCs-MAm showed the highest maximum weight ratio and could lift items that were about 18 times the weight of own polymer weight. While the BHAs/CNCs could hold items of roughly 1400 wt% of own polymer weight, and BHAs containing PHEAm only could lift objects of 800 wt% of own polymer weight. Therefore, stronger cooperating layers highly promoted the loading capability of BHAs, independent on the active PNIPAm layers.

This kind of thermal triggered actuator is a traditional driven mode which can be stimulated by external triggers to bend until to its final state. However, the uncontrollable motion amplitude restricts its practical applications.

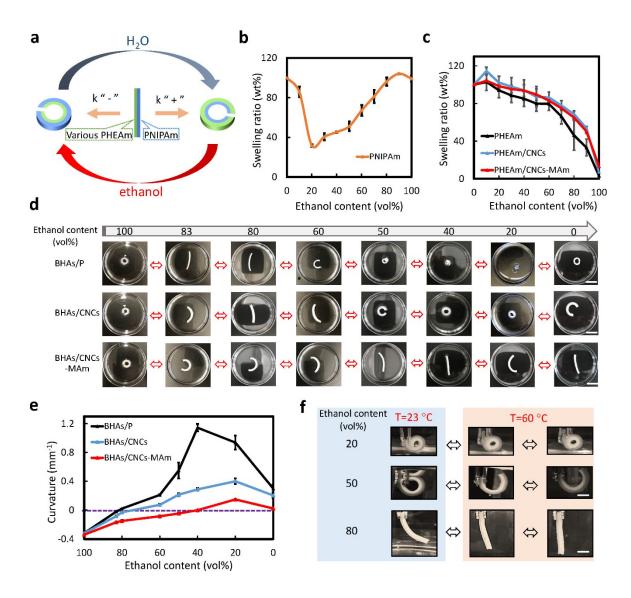


Figure 5. Dynamic behaviors of BHAs triggered by ethanol. All BHAs were constituted by the PNIPAm layers on the right side and various PHEAm layers on the left side. a) Schematic illustration for the bidirectional bending motions actuated by the solvent compositions. The k represents the bending curvature with the bending to PNIPAm side recorded as "+" and the bending to PHEAm layers marked as "-". b) The swelling ratios of PNIPAm hydrogels in various ethanol/water mixtures. c) The swelling ratios of various PHEAm hydrogels in various ethanol/water mixtures. d) Photos of actuation processes of three BHAs (scale bars: 10 mm). e) Dynamic changes of the curvatures of BHAs during the actuation process. f) Reversed thermal-responsive behaviors of BHAs/CNCs in ethanol/water mixtures with the ethanol contents of 20%, 50% and 80% (scale bars: 7 mm).

In addition to this thermal actuation performance, the BHAs we reported here managed to bend with controllable motion amplitude which can be programmed to stop at certain amplitude. The BHAs exhibited unique solvent-responsive properties in ethanol/water mixtures (**Figure 5**a). The co-nonsolvency property of PNIPAm in ethanol/water mixtures endows PNIPAm hydrogels with the ability to swell and deswell depending on the ratio of both solvents. At the same time, various PHEAm cooperating layers shrink more strongly with increasing ethanol content. Nevertheless, these two different behaviors of the PNIPAm and PHEAm hydrogel layers in the ethanol/water mixtures synergistically contributed to extraordinary solvent-responsive behaviors of our BHAs. Subsequently, this co-solvent actuation not only generated bidirectional bending motions, the bending amplitudes (represented by their corresponding curvatures k) were also adjustable by changing the solvent composition and the BHAs could be fixed at a certain bending state (Figure 5a-5d).

We investigated at first the mechanism of solvent-triggered actuation. The swelling/shrinking behaviors of PNIPAm and PHEAm in ethanol/water mixtures of various ratios were analyzed (Figure 5b and 5c). PNIPAm chains in the mixed solvents of water and ethanol experienced a coil-to-globule-to-coil transition, which is primarily attributed to the competitive formation of hydrogen bonding by water and ethanol molecules with polymer chains. [35] Similar phenomenon also exists in our bulk crosslinked PNIPAm hydrogels (Figure 5b). With increasing ethanol content to the ethanol/water mixtures, the PNIPAm deswelled to the maximum at ethanol content 20 vol%. Then, PNIPAm hydrogels slowly swelled with continuously increasing ethanol content, until the swelling ratios reached the maximum at the ethanol content of 90 vol%-100 vol%. Therefore, it is obvious that the PNIPAm hydrogels underwent an alternative swelling-deswelling-swelling behavior with steady changing ethanol content.

In comparison, PHEAm hydrogels with various compositions exhibited continuous deswelling behaviors with increasing ethanol content in the ethanol/water mixtures (Figure 5c) which results in the shrinkage of the PHEAm hydrogels in the macro view.

Based on these unique swelling/deswelling behaviors of both PNIPAm and PHEAm layers of

BHAs in ethanol/water mixtures, ethanol/water mixtures with various compositions were used for the actuation (Figure 5d). The bending motions of BHAs were continuously modulated during the alteration of ethanol/water ratios, as shown by changing the ethanol content between 0-100 vol%. BHAs were immersed at first into pure ethanol (with the ethanol content of 100 vol%) to reach the equilibrium state. All BHAs bended towards the cooperating PHEAm layers and eventually formed a circle shape (Figure 5d). By gradually adding DI water to decrease the ethanol content, the BHAs successively bended back to the PNIPAm side depending on the ethanol content. In particular, the BHAs can be exactly fixed at a desired state according to the ethanol content. The bending curvatures of BHAs were measured to illustrate their precise solvent-responsive motions (Figure 5e). Furthermore, it is obvious that the compositions and thus the mechanical properties of the cooperating PHEAm layers significantly affected the performance of these diverse BHAs (Figure 5d and 5e).

During the process of lowering ethanol contents from 100 vol%, the curvature of the BHAs increased from -0.32 to 1.14 and then decreased to 0.3 in the pure water. It should be noted that the bending curvature of BHAs with the bending to PNIPAm side is recorded as "+" and the bending to PHEAm layers as "-". When the ethanol content was roughly 82 vol%, the BHAs stayed almost straight and the curvature was nearly 0. In comparison, the bending ranges of BHAs/CNCs and BHAs/CNCs-MAm were much narrower. The curvatures of BHAs/CNCs changed from -0.32 to 0.4 and reached 0.2 in pure water, while BHA/CNCs-MAm showed the smallest bending range with the curvature between -0.34 and 0.03. The ethanol content for the straight state occurred at ~75 vol% for BHAs/CNCs and at ~40 vol% for BHA/CNCs-MAm. Moreover, these ethanol-triggered bending motions can achieve continuous movements by continuously changing the ethanol content. Compared with thermal actuation, this actuation triggered by ethanol/water mixtures can generate bidirectional motions of BHAs with large and programmable motion amplitudes. More importantly, the bending extent and direction of BHAs can be programmed to stop at any certain state and be exactly controlled by adjusting the ethanol content. By now, the hydrogel actuators with bidirectional and large programmable motion amplitudes with exact control over the bending were very rarely reported.^[32]

In addition, BHAs demonstrated a special reversed thermal-responsive behavior in ethanol/water mixtures at 60 °C, as shown on BHAs/CNCs in three different ethanol/water mixtures. BHAs/CNCs were equilibrated in ethanol/water mixtures with ethanol content of 20 vol%, 50 vol% and 80 vol%, before the temperature was elevated to 60 °C (Figure 5f). With the ethanol contents of 50 vol% and 80 vol%, the BHAs/CNCs bended towards the cooperating layers, which was opposite from thermal-driven bending in pure water as shown above. In comparison, the BHAs/CNCs stayed straight at ethanol content 20 vol%. This behavior should be ascribed to the modified upper critical solution temperature (UCST) of PNIPAm, which decreases with increasing ethanol content.^[36] The UCST of PNIPAm was lower than 60 °C within the ethanol/water mixtures with high ethanol contents. Above the UCST, the PNIPAm chains tried to recover their homogeneity from phase separation. Therefore, the BHAs/CNCs showed a reversed thermal-responsive behavior within the mixtures with ethanol contents of 50 vol% and 80 vol%. In comparison, within the mixtures with a lower ethanol content, for instance of 20 vol%, the temperature of 60 °C is higher than LCST but lower than the UCST of PNIPAm. Thus, the BHAs/CNCs did not show significant reversed thermal-responsive behaviors within these ethanol/water mixtures.

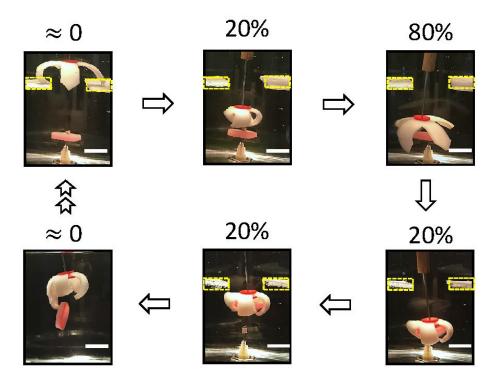


Figure 6. The dynamic behaviors of the BHAs/CNCs. The numbers represent the ethanol volume fraction in the ethanol/water mixtures. Optical photographs of the grabbing process of the BHAs/CNCs passing a narrow gate via regulating the ethanol contents. Yellow dash area indicates the narrow gate (Width of the gate is about 3.3 cm). Scale bars: 2 cm.

Thus, this ethanol-triggered actuation allows BHAs to autonomously change their bending direction and amplitudes according to the ethanol content in surrounding environment. Moreover, artificial grippers based on such BHAs can be used in complex conditions, such as to transport items through gates (**Figure. 6**). As showed on the gripper of BHAs/CNCs, the gripper in their smallest size easily passed the narrow gate within the ethanol/water mixture with 20 vol% ethanol. By increasing the ethanol content to 80 vol%, the gripper expanded and could grab a target object. By diluting the solvent to ethanol content of 20 vol%, the gripper easily grabbed the object and took it through the narrow gate. Eventually, this object was released in another surrounding as designed, e.g. in pure water. Thus, such BHAs showed promising practical applications in diverse fields.

In summary, we reported here a series of bilayer hydrogel actuators composed of various PHEAm hydrogels as cooperating layers and PNIPAm hydrogels as active layers. These BHAs demonstrated advantageous controllable thermal-responsive and solvent-driven actuation performance. The incorporation of strengthening CNCs and CNCs-MAm in the cooperative PHEAm layers effectively improved the loading capacities of BHAs. The grabbed weight was promoted from 800 wt% to 1800 wt% of their own polymer weight, although the introduction of CNCs and CNCs-MAm reduced motion amplitude and response speed.

The thermal-responsive property allows BHAs to bend responding to the surrounding temperature, while the ethanol-driven actuation provides the feasibility to exactly tune the bending amplitude and bending direction of BHAs by adjusting the ethanol content. Therefore, these BHAs exhibited in fact the bidirectional actuation, which can be continuously altered by modifying the compositions of ethanol/water mixtures. Thus, these pre-programmable motions and the feasibility to spontaneously freeze the state of BHAs demonstrate their great peculiarity.

Based on these advantageous properties, other stimuli-responsive materials with other functions can be simply used as the cooperating layer, which provides such BHAs vast potential for real-world applications at different scales, such as soft robotics, drug delivery, and micro/nanoelectromechanical systems.^[37, 38]

Supporting Information

Supporting Information is available from the Wiley Online Library or from the author.

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Conflict of Interest

The authors declare no conflict of interest.

Keywords

cellulose nanocrystals, co-nonsolvency actuation, hydrogel actuators, thermo-responsiveness, tunable motion

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Publication 1 (Supporting information)

Multi-responsive bilayer hydrogel actuators with programmable and precisely tunable motions

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Experimental section.

Materials

Microcrystalline cellulose (MCC) with a granule size of 50 μm, 2,2,6,6-tetramethylpiperidine 1-oxyl (TEMPO), N-hydroxyethyl acrylamide (HEAm), hexamethylenediamine, methacrylic anhydride, N-isopropylacrylamide (NIPAm), N,N'-Methylenebisacrylamide (MBAm), carbonyldiimidazole (CDI), sodium bromide and 2-hydroxy-1-[4-(2-hydroxyethoxy) phenyl]-2-methyl-1-propanone (I2959) were purchased from Sigma-Aldrich (USA). Triethylamine was bought from Merck Millipore (USA). Sodium hydroxide (NaOH) was ordered from VWR (Germany). N,N-Bis (acryloyl) cystamine and sodium hypochlorite solution (NaClO) $(11\% \sim 15\%)$ were provided by Alfa Aesar (USA). Lithium phenyl-2,4,6trimethylbenzoylphosphinate (LAP) was synthesized according to the report.^[1] The organic solution, including N,N-dimethylformamide (DMF), ethanol and acetone were all purchased from TH. Geyer (Germany). DI water utilized throughout all experiments was purified on a Millipore system.

Preparation of cellulose nanocrystals (CNCs) and cellulose nanocrystals with surface-attached methyl acrylamide (CNCs-MAm).

CNCs were firstly synthesized via the TEMPO-mediated oxidation of MCC according to previous report. [2] Then, CNCs was repeatedly washed with acetone and DMF, before 600 mg CNCs was redispersed in 35 mL DMF. Carboxyl groups on the CNCs surface were activated by CDI (219 mg, 1.35 mmol) for 30 min. Then, hexamethylendiamine (5.23 g, 45 mmol) was mixed with CNCs suspension. The amidation reaction was performed at 80°C under N2 gas protection for 48 h. The resulted CNCs-NH2 was then washed with DMF for three times. Afterwards, 300 mg CNCs-NH2 was redispersed in 15 mL DMF, 60 mg triethylamine was added to the CNCs-NH2 dispersion and the mixture was degassed by N2 gas for 15 min. After that, methacrylic anhydride (92 mg, 0.6 mmol) dissolved in 6 mL DMF was gradually added dropwise to the mixture. The reaction was stirred at room temperature for 24 h. Finally, the

resulted CNCs-MAm was gradually washed with acetone and DI water. CNCs-MAm was dispersed in DI water and stored in 4°C fridge for later use.

Preparation of the cooperating layers of nanocomposite hydrogels.

Hydrogels of poly(N-hydroxyethylacrylamide) (PHEAm), PHEAm reinforced with neutral CNCs (PHEAm/CNCs) and PHEAm reinforced with crosslinkable CNCs-MAm (PHEAm/CNCs-MAm) were prepared by in situ free radical polymerization in water. Typically, an aqueous suspension of 8 mg CNCs or CNCs-MAm was mixed with the solution of HEAm (92 mg, 0.8 mmol) and N,N-Bis (acryloyl) cystamine (1 mg, 0.004 mmol) to form the gel precursor (400 μl). Then, LAP (2 mg) was added to the precursor solution as the photo initiator and this mixture was degassed with N₂ gas for 3 min. After that, the solution was injected into a transparent homemade mold. Afterwards, this precursor was exposed to the UV light to perform the polymerization for 30 min.

Fabrication of bilayer hydrogel actuators (BHAs).

BHAs were composed of the first layer of PNIPAm (active layer) and the second layer of PHEAm with various compositions (cooperating layer). A precursor solution containing NIPAm (0.09 g, 0.8 mmol), MBAm (0.6 mg, 4×10^{-3} mmol) and I2959 (2 mg) was degassed by N₂ gas for 3 min. The solution was then injected into the mold and UV irradiated for 1 h to finish the polymerization. After the formation of the first layer, the second layer was synthesized above the existing PNIPAm layer after pouring the precursor solutions into the mould and following polymerization. Three different precursor solutions were used as described above. After the polymerization, the bilayer hydrogels were immersed in DI water to get the fully swollen state. Finally, BHAs were cut into diverse dimensions for further experiments.

Dynamic thermal actuation performance of BHAs.

For strip-shaped BHAs, BHAs were cut into strips with different aspect ratios (length: 27 mm, width: 9 mm, 4.5 mm and 3 mm). Then, the actuation process of BHAs started with immersion of BHAs in DI water of 40 °C within transparent petri dishes. After complete actuation, BHAs were transferred into DI water of 23 °C. The bending motions were recorded using digital camera from the top of the petri dishes over the whole actuation time.

For cross-shaped BHAs, BHAs were cut into cross-shape and they were connected to a long needle with two pieces of thin PVC sheet. Then, they were used to pick up and transfer a PHEAm hydrogel block (fully swollen, 1 g) as target object. The manipulation process was recorded by a digital camera. To tune the maximum weight of hydrogel blocks, various numbers of small nails (~0.25 g each) were pressed into the PHEAm hydrogel blocks.

Dynamic solvent actuation performance of BHAs.

Various BHA were cut into strips (length: 27 mm, width: 3 mm). Then, the specimens were all immersed into pure ethanol in petri dishes to reach the equilibrium state. The bending motion of BHAs was modulated continuously by adding DI water to change the ethanol/water ratio, which was gradually transferred into pure water. The reverse process was conducted by gradually adding ethanol to the pure DI water and eventually being transferred into pure ethanol. The bending motion over the whole time was recorded using a digital camera from the top of the petri dishes.

Characterization and measurements

Determination of the content of carboxyl groups on CNCs via conductivity titration.

The content of the surface-exposed carboxyl groups of CNCs was determined by electric conductivity titration. 10 ml of aqueous CNCs suspension where the pH value was adjusted to 2 with 0.1 M HCl was titrated with 0.05 M NaOH using the 800 Dosimat (Metrohm) employing

a dosing rate of 0.01 ml/s, while the conductivity was recorded using the 856 Conductivity Module (Metrohm) with an interval of 2 s.

Determination of the content of methyl acrylamide groups on CNCs-MAm via elemental analysis.

The content of methyl acrylamide groups was calculated according to the results of elemental analysis (Table S1). The contents of carbon, hydrogen and nitrogen were determined on an Elemental Analyser 4.1 vario EL III (Elementar, Germany).

Scanning electron microscopic measurement of BHAs microstructure

The microstructures of BHAs samples were observed on a LEO Supra-35 High-Resolution Field Emission Scanning Electron Microscope (Carl Zeiss AG, Germany). To prepare the samples, the BHAs in DI water were frozen in liquid nitrogen to fix the original microstructure. After lyophilization in a freeze drier (Christ Alpha 1-2 LD Plus) at −28 °C under a vacuum of 10⁻² mbar, the fracture of the samples was measured.

Size and morphology of CNCs and CNCs-MAm via transmission electron microscopy (TEM)

The shape and size of CNCs-MAm were characterized with TEM. The TEM observation was conducted on a CM 12 Transmission Electron Microscope (Philips, Netherland). The samples were prepared from its aqueous suspension with a concentration of 0.01 wt%. The specimens were stained by using phosphotungstic acid aqueous solution (2 wt% in water with the pH value adjusted to 7.0 using 1 M NaOH).

Mechanical properties tests of the hydrogels.

The rheological properties of the various PHEAm hydrogels were investigated with a stress-controlled bulk rheometer (Anton Paar MCR501) by using a 25 mm parallel plate set-up. In each test, 500 µl hydrogel of each sample was prepared in advance with a thickness of 1 mm. G', G" and tan (delta) were recorded. All the rheology measurements were carried out at room temperature (23°C).

Tensile tests were performed on a Z3 micro tensile test machine from Grip-Engineering Thümler GmbH. The samples of various PHEAm hydrogels for tensile tests were synthesized in the dumbbell shaped mold (Samples overall length: 46.5 mm; width: 8 mm; inner width: 3.5 mm, gauge length: 10.5 mm, thickness: 3 mm) and were immersed in DI water to get their fully swollen state. The swollen PHEAm hydrogels were used for tensile tests and the distance between clamps was set at ~15 mm during the tests. The BHAs samples were all cut into strip shape (length: 27 mm, width: 3±0.5 mm, thickness: 2±0.5 mm) and the distance between clamps was set at around 2 mm during the tests. The default tensile speed was 10 mm/min. All the tests were performed at 21°C and a relative humidity of 65%.

Swelling behaviors of various PHEAm layers in water.

The swollen hydrogel samples were all completely dried at 60 °C. Then, they were put into DI water and stored at room temperature. The weight changes of the hydrogels were recorded during the swelling to the constant weight at different swelling times after wiping off the excess surface water with paper tissue. The swelling ratio (SR) of the hydrogels at different times was calculated using equation (S1):

$$SR = Wt/Wd \times 100\%$$
 (S1)

where Wt is the weight of the gel at swelling time t, Wd is the weight of the dried hydrogel.

Swelling behaviors of various PHEAm and PNIPAm in ethanol/water mixtures.

The swollen PHEAm and PNIPAm hydrogel samples were all immersed into pure ethanol and stored at room temperature for 1 day to reach the equilibrium state. Then, DI water was gradually added to the ethanol to decrease the ethanol content, and the equilibrium weight changes of the hydrogel were recorded during this process at different ethanol content after wiping off the excess surface liquid with paper tissue. The swelling ratio (SR) of the hydrogels at different ethanol content was calculated using equation (S2):

$$SR = W\phi/W_S \times 100\% \qquad (S2)$$

where $W\phi$ is the weight of the gel at a certain ethanol content ϕ , Ws is the weight of the fully swollen hydrogel in water.

Using the Timoshenko equation to illustrate the motion amplitude of thermal actuation.

This different performance in motion magnitude can be explained using the Timoshenko equation, which can be extended to describe the experimental results qualitatively and semi-quantitatively:

$$k = \frac{6(\alpha_n - \alpha_c)(1+x)^2}{h\left[3(1+x)^2 + (1+xy)\left(x^2 + \frac{1}{xy}\right)\right]}$$
(S3)

where k is the curvature, x is the ratio of layer thicknesses $x=h_c/h_n$, and y is the ratio of their Young's moduli $y=E_c/E_n$, the subscript n represents the PNIPAm layer and c represents the cooperating layers (PHEAm layers). Finally, α represents the free actuation strain of each layer, when it is not combined together. The cooperating layers had negligible response to the experiment temperature, thus $\alpha_c = 0$. The BHAs with diverse cooperating layers were prepared with the same length and they shared similar thickness ratio ($x\approx1$). Finally, the predominant difference of BHAs is the cooperating layers, which exhibit diverse curvatures defined as k_1 (BHAs/P), k_2 (BHAs/CNCs) and k_3 (BHAs/CNCs-MAm). Thus, the equation (S3) can be

simplified as:

$$k = \frac{24\alpha_n}{h\left(14 + y + \frac{1}{y}\right)} \tag{1}$$

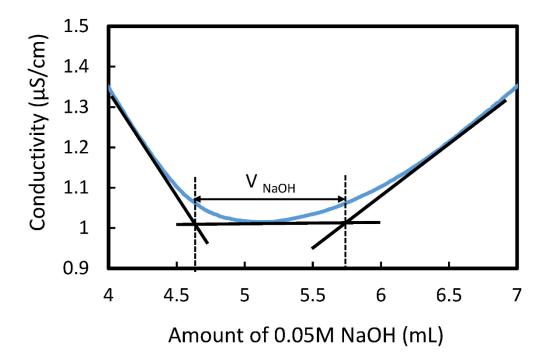


Figure S1. Representative conductive titration curve of CNCs.

The surface of CNCs was decorated with carboxyl groups of 1.37 ± 0.2 mmol g⁻¹.

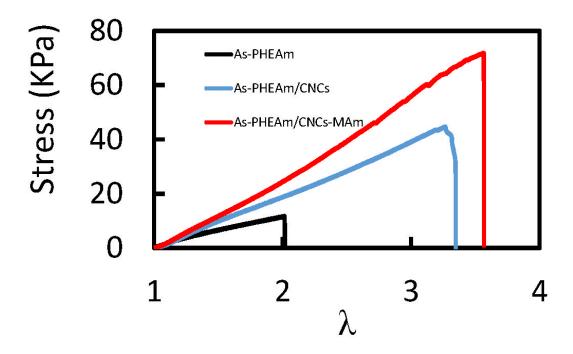


Figure S2. Representative tensile test curves of as-prepared various cooperating PHEAm layers.

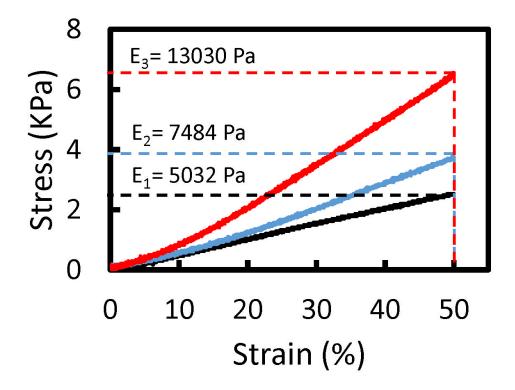


Figure S3. Young's modulus of the swollen cooperating PHEAm layers. E₁, E₂, E₃ represent the Young's modulus of PHEAm, PHEAm/CNCs and PHEAm/CNCs-MAm, respectively.

Table S1. Nitrogen contents of CNCs-NH₂ and CNCs-MAm, and calculated amounts of methyl acrylamide groups.

Samples	Nitrogen contents in CNCs-NH ₂ (wt%)	Nitrogen contents in CNCs-MAm (wt%)	Amounts of MAm in CNCs-MAm (mmol/g)
1	1.97	1.9	0.54
2	1.65	1.59	0.55
3	1.8	1.74	0.51

The amounts of methyl acrylamide groups on CNCs-MAm were determined using the elemental analysis. For this purpose, both CNCs-NH₂ and CNCs-MAm samples were measured.

Based on the results of elemental analysis, the content of amine groups on CNCs-NH₂ was calculated as:

$$N = 14*2 \times \lambda \tag{S4},$$

where N was the weight content of nitrogen in CNCs-NH₂; 14 is the molecular weight of nitrogen (g/mol); λ is the assumed molar content of amine groups on CNCs-NH₂ (mol/g). The molar content of amine groups was calculated to be 0.7 mmol g⁻¹.

The content of methyl acrylamide (MAm) on CNCs-MAm was further calculated based on:

$$N'=N/(1+68x)$$
 (S5),

where N' is the weight content of nitrogen in CNCs-MAm; N is the weight content of nitrogen in CNCs-NH₂; 68 is the increased molecule weight during the transfer from CNCs-NH₂ to CNCs-MAm. x is the assumed molar content of methyl acrylamide on CNCs-MAm. The molar content of methyl acrylamide was calculated to be 0.5 ± 0.05 mmol g⁻¹.

References

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Publication 2

Temperature-Responsive, Manipulable Cavitary Hydrogel Containers by Macroscopic Spatial Surface-Interior Separation

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ABSTRACT: Synthetic macroscopic materials transforming from bulk solid or semisolid to closed structure with inner cavities as well as distinct outer and inner microstructures is rarely reported. Here, we report an *in situ* method for directing spatial surface-interior separation from bulk dynamic hydrogels to closed three-dimensional (3D) hydrogel containers with inner cavities via constructing competitively crosslinking gradient within dynamic hydrogels. The initial crosslinking of phenylboronic acid/catechol complexes is disrupted by stronger ferric ions/catechol associations, generating gradually weakened crosslinking from outside to inside. Both stronger crosslinking in the outer shells and sequentially weaker crosslinked interior generated during swelling closed hydrogel container with tunable dense outer shell, fluffy inner layer and cavities in the core. Cellulose nanocrystals could be used to significantly improve the spatial distinction of gradient crosslinking within hydrogels, leading to even denser outer shell with tunable shell thickness. Moreover, cavitary hydrogel containers with diverse shapes can be programmed by designing the initial shapes of dynamic hydrogels, and macroscopic assembly of individual dynamic hydrogels based on their self-healing capability after subsequent surface-interior separation. These cavitary hydrogel containers demonstrate thermal-responsive gate systems with unique sustained release at higher temperature, and potential reaction containers for oxygen generation on demand. This facile spatial surfaceinterior separation strategy for fabricating closed cavity systems has great potential for various applications.

INTRODUCTION

In nature, many living organisms of plants and animals, such as gourd, bamboo, swim bladder and blood vessels, rely on their self-generated cavitary structures in the interior to support their essential life activities, for instance mass transportation, self-adaptable movement and mechanical support. Inspired by these advanced architectures, various synthetic structures with cavities have been fabricated to suit a broad range of applications, for example artificial blood vessels, hydraulic or pneumatic robotics, and scaffolds for tissue engineering.

Synthetic materials with cavitary structures were mainly achieved by curing polymer solutions around sacrificial templates, 5-7 while *in situ* transformation of synthetic solid materials to structures with inner cavities is still much less reported. Using internal stress changes of stimuli-responsive polymers within materials can generate inhomogeneous deformations, leading to shape transformation to cavitary structures. For example, certain stimuli responsive soft actuators, 8-13 and shape memory materials, 14-19 can be triggered to self-roll to open tubes based on uneven stress distribution. Obtained cavitary structures were spatial changes in open and non-continuous 3D shapes and only adaptable to specific environments with the transient characteristics. Some other hydrogels with cavitary structures were fabricated by using catalyst-decomposition method, which fulfilled solid to hollow transformation. 20-22 However, those transformations need further catalyst system and the approaches for the preparation

highly demand complicated techniques to fulfill those transformations, ²³⁻²⁴ which poses great barrier for their applications.

Hydrogels are macroscopically continuous but microscopically open materials with good permeability due to their highly porous structures, which offer the possibility to modify their spatial structures from their macroscopic semi/solid state.²⁵⁻²⁶ Although few hydrogels were successfully transformed into closed cavitary structures,²⁷ continuous closed cavitary structures with distinct inner and outer surfaces on the macroscopic scale are not known. In particular, cavitary structures with distinct inner and outer surfaces are often essential for many functions from mass transportation to protection of biologically active species, such as trachea with smooth outer wall and ciliated inner wall.²⁸ As well, an efficient method is still lacking for semi/solid materials to evolve *in situ* into continuously closed cavitary materials with distinct inner and outer walls.

Herein, we present a novel approach to fabricate cavitary hydrogel containers with distinct microstructures in inner and outer walls derived from macroscopic dynamic hydrogels with the same initial compositions by constructing a crosslinking gradient from the surface to the interior with weak dynamic bonds. Furthermore, hydrogel containers with various 3D shapes can be generated by designing the initial shapes of dynamic hydrogels and the macroscopic assembly of individual dynamic hydrogels relying on their excellent self-healing property. Based on the cavitary structure in the interior and thermal responsive poly (N-isopropyl acrylamide) (PNIPAm), these Janus hydrogel containers demonstrated controllable sustained release of water-soluble compounds at higher temperature, yet distinguished from typical

thermally controlled fast-release system, and the inner cavitary structure can also be used as transferable oxygen generator.

EXPERIMENTAL SECTION

Materials. Microcrystalline cellulose (MCC), 2,2,6,6-tetramethylpiperidine 1-oxyl (TEMPO), 3-(acrylamido) phenylboronic acid (PBAAm), methacrylic anhydride, phosphotungstic acid hydrate, 2,4,6-trimethylbenzoyl chloride, Iron (III) chloride hexahydrate and Iron(II) chloride tetrahydrate were purchased from Sigma-Aldrich (Germany). Dopamine hydrochloride, sodium hypochlorite solution (11-15%),hydrogen peroxide (35%),phenylphosphonite and 2-butanone were provided by Alfa Aesar (USA). Sodium sulfate anhydrous, disodium tetraborate were obtained from Merck Millipore (USA). Sodium hydroxide was ordered from VWR (Germany). N-Isopropylacrylamide (NIPAm) was purchased from Acros Organics (Belgium). Sodium bicarbonate was bought from TH Geyer (Germany). Hydrochloric acid (37%) was obtained from AppliChem (Germany). Organic solvents, including tetrahydrofuran (THF), ethyl acetate, n-hexane and acetone were all obtained from TH Gever (Germany). Deionized water (DI water) utilized throughout all experiments was purified from a Millipore system. Dopamine methylacrylate²⁹ and lithium phenyl-2,4,6-trimethylbenzoylphosphinate (LAP)³⁰ were synthesized with previous reported methods.

Preparation of cellulose nanocrystals (CNCs). CNCs were synthesized via the TEMPO-mediated oxidation of MCC according to previous report.³¹ After dialysis, obtained CNCs were

stored at room temperature for 24 h and precipitated large particles were removed. The upper stable suspension was stored in 4 °C fridge for later use. The surface of CNCs was decorated with carboxyl groups of 1.34 ± 0.2 mmol g⁻¹ (Figure S1).

Preparation of dynamic hydrogels. Dynamic hydrogels were prepared via UV initiated radical polymerization. Typically, alkaline aqueous solutions of NIPAm (0.6 mmol), PBAAm (0.0075 mmol) and dopamine methylacrylate (0.0075 mmol) were prepared with borax-NaOH buffer at pH 10 to form the gel precursors. In the presence of CNCs, CNCs (2 wt% of whole hydrogel precursor) were mixed with these precursors. Then, LAP (0.5 wt%) was added as photoinitiator and the precursors were purged with N2 gas for 3 min to remove dissolved oxygen gas. Afterwards, the precursors were exposed to the UV light for 30 min to finish the polymerization and gelation process. Flat dynamic hydrogels were formed between two glass slides with thickness of 1 mm, while tubular hydrogels and cylinder hydrogels were generated in their respective molds.

Preparation of hydrogel containers. The dynamic hydrogels of arbitrary dimensions were immersed into ferric chloride solutions (0.1 M) for 1 to 8 min. Afterwards, those samples were immediately rinsed and transferred to DI water to dialyze to constant weights with regularly refreshed water, until hydrogel containers formed with inner cavitary structure. The specimens without CNCs were named as "HCs/P", the corresponding specimens combined with CNCs were named as "HCs/CNCs".

Release of Rhodamine B. Rhodamine B releasing experiment was performed in 40 mL DI water at 25 °C and 37 °C by getting out 1 mL of solution and refilling 1 mL water with certain

time intervals. All the measured hydrogel containers were firstly immersed in 20 mL Rhodamine B solution (0.1 mg/mL) for 24 h. All the solutions with released Rhodamine B were measured to determine the cumulated amount of released Rhodamine B using the Ultraviolet-visible (UV-Vis) spectroscopy.

Preparation of transferable oxygen generator. The cavitary hydrogel containers HCs/CNCs with 3 min treatment in ferric solutions were firstly immersed in 20 mL mixed solution of FeCl₂·4H₂O (0.1 M) and FeCl₃·6H₂O (0.2 M) for 24 h. Then, the diffused iron ions were allowed to *in situ* form iron oxide nanoparticles in NaOH solution (2 M) for 48 h. Thus, the HCs/CNCs 3 min were incorporated with iron oxide nanoparticles (IONPs), named as HCs/CNCs-IONPs. After that, HCs/CNCs-IONPs specimens were immersed in H₂O₂ solution (10 wt%) to generate oxygen gas.

Characterizations. Scanning electron microscopy (SEM) was applied to observe the microstructures of freeze-dried samples with LEO Supra-35 High-Resolution Field Emission Scanning Electron Microscope (Carl Zeiss AG, Germany) or an EVO LS15 Scanning Electron Microscope (Carl Zeiss AG, Germany) at an accelerating voltage of 5 kV. Swelling ratios for all specimens were obtained from weight change ratios in comparison to initial hydrogels, which are defined as (the weight measured at certain swelling times/weight of initial dynamic hydrogels). The compression and tensile tests were performed with Z3 micro tensile test machine from Grip Engineering Thümler GmbH. The compression tests were performed on the whole hydrogel containers. The tensile tests were measured on dynamic hydrogels and healed dynamic hydrogels with dimensions of 8 mm × 4 mm × 1 mm. To determine the amount

of Rhodamine B in solutions, Rhodamine B solutions were measured from 400 nm to 800 nm using an UV-Vis spectrometer (Analytik Jena, Germany). The temperature-induced volume change was roughly calculated using the water displacement method in grad cylinders by determining the volume change before and after the immersion of hydrogel containers.

RESULTS AND DISCUSSION

Fabrication of closed Janus hydrogel containers from dynamic hydrogels. A controlled competitive crosslinking method was developed to generate macroscopic hydrogel containers with large inner cavities, as illustrated in Figure 1a. First, initial dynamic hydrogels were prepared comprising of PNIPAm hydrogel crosslinked by the dynamic covalent bonds of phenylboronic acid/catechol complexes in buffer solutions of pH 10 (association constant $K_a \approx 0.919 \times 10^3 \text{ M}^{-1}$) (Figure 1a).¹⁷ Then, these initial dynamic hydrogels were immersed in ferric chloride buffer solutions (0.1 M in borate buffer of pH 10) for controlled time, which allowed the ferric ions (Fe³⁺) to diffuse into hydrogels. During this process, the Fe³⁺ ions gradually formed complexes with catechol and replaced initial boronate ester bonds due to their much higher K_a (10^{37} - 10^{40} M^{-1}).¹⁸ Along with the Fe³⁺ penetration from outside to inside of hydrogels, a Fe³⁺ concentration gradient from surface to core formed, resulting in a gradually weaker Fe³⁺/catechol crosslinking. After soaking in Fe³⁺ solutions with certain time before the total complexation of Fe³⁺/catechol moieties, hydrogels were transferred into DI water to dialyze until constant weights with regularly refreshed DI water.

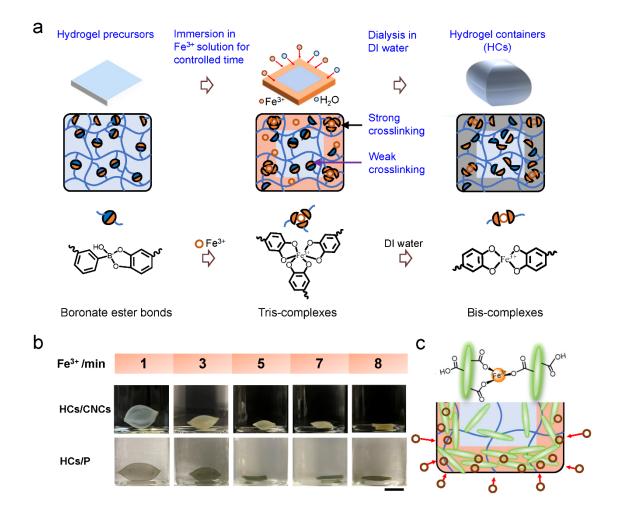


Figure 1. Macroscopic spatial surface-interior separation process from dynamic hydrogels to closed hydrogel containers with inner cavity. (a) Schematic illustration for the preparation of hydrogel containers. PNIPAm dynamic hydrogels crosslinked by boronate ester bonds (phenylboronic acid/catechol complexes) were immersed in ferric chloride solutions for controlled time, in which the catechol moieties within hydrogels form complexes with Fe³⁺ ions from surface to inside and replace initial boronate ester bonds. During subsequent dialysis in DI water, the hydrogels swell to initiate the surface-interior separation process and the densely crosslinked outer layer of hydrogels forms stable hydrogel shell, while the inner part dominated by boronate ester bonds dissociates into loosely crosslinked polymer chains, leading to cavitary hydrogel containers (HCs). (b) Formation of HCs with various immersion times in

aqueous Fe³⁺ solutions. Scale bar: 1 cm. HCs/CNCs represented hydrogel containers with CNCs and HCs/P indicated polymeric hydrogel containers without CNCs. (c) Contribution of CNCs during the spatial surface-interior separation process.

During the dialysis, the hydrogels swelled largely that was driven by osmotic pressure, leading to hydrogel containers with encapsulated aqueous solutions. This should be due to the decomposition of weak crosslinking in the interior of hydrogels, while strong crosslinking in the outer layer of hydrogels maintained stable. In parallel, the complexes of Fe³⁺/catechol gradually changed from tris-complexes to bis-complexes due to lower pH in DI water.¹⁸ It should be noted that the outer layer with strong Fe³⁺/catechol crosslinking formed the stable hydrogel shell with negligible oxidation of catechol moieties (Figure S2). At the same time, the inner part where the Fe³⁺ ions did not reach was still dominated by boronate ester bonds and dissociated into loosely crosslinked polymer chains during swelling. During this swelling process, roughly 35 wt% of the solid mass was released out of hydrogels through porous hydrogel walls (Figure S3). As the result, the thin flat bulk hydrogels experienced a macroscopic spatial surface-interior separation process and generated continuous closed cavitary hydrogel containers with enclosed solutions (Figure S4).

In addition to polymeric hydrogels, CNCs with exposed carboxyl groups on surface were incorporated into dynamic hydrogels (Figure 1b). It is obvious that CNCs even facilitated the formation of hydrogel containers during the complexation of Fe³⁺ ions and catechol moieties. CNCs significantly affected the formation process of cavitary hydrogel containers with respect

to immersion times in aqueous Fe³⁺ solutions. For the dynamic hydrogels with the initial thickness of 1 mm, maximal 8 min were sufficient to fully crosslink whole hydrogel network and no hydrogel container with cavities was obtained. Stable hydrogel containers HCs/CNCs with cavities in the interior were formed after the treatment in Fe³⁺ solutions for 1 to 7 min. In comparison, without the addition of CNCs, polymeric hydrogel containers (HCs/P) with similar thickness for initial dynamic hydrogels only appeared with 1-3 min treatment. Longer immersion time already resulted in bulk fully crosslinked solid hydrogels. This evidence suggested that the addition of CNCs enhanced the spatial distinction during the complexation of Fe³⁺ ions and catechol moieties within hydrogels. Along diffusion route of Fe³⁺ ions, the carboxyl groups on CNCs surface should also have complexed with Fe³⁺ ions to provide additional crosslinking compared with polymeric hydrogels. This extra crosslinking apparently retarded the penetration of Fe³⁺ ions into the inner part of hydrogels and enhanced the spatial crosslinking, leading to extended surface-interior separation for the formation of hydrogel container (Figure 1c). This retardation offered time window to further regulate the formation process for hydrogel containers. Furthermore, this enhanced spatial surface-interior separation by CNCs apparently also accelerated the subsequent swelling process, resulting in shorter equilibration times. As shown in Figure S5, HCs/CNCs with 3 min treatment in Fe³⁺ solutions were able to reach the equilibrium after about 9 days, whereas HCs/P with 3 min treatment in Fe³⁺ solutions needed roughly 20 days to equilibrium state. Based on expanded time range for the formation of hydrogel containers, cavitary hydrogel containers used in the following refer to those with CNCs.

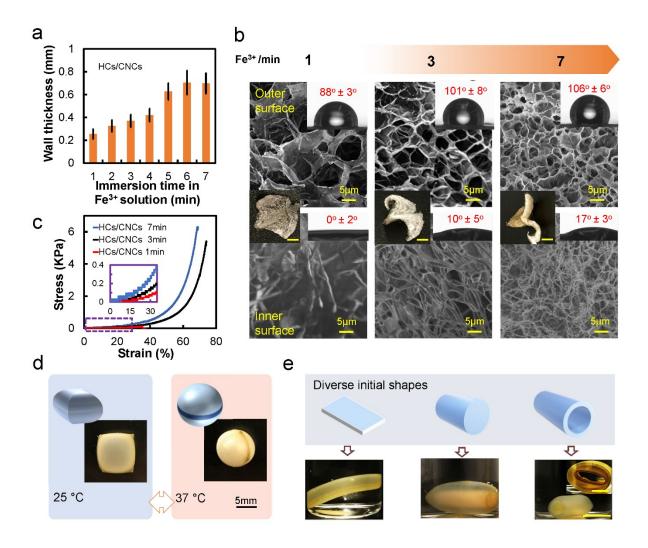


Figure 2. Regulation of microstructures and macrostructure in various HCs/CNCs. (a) Shell thickness of HCs/CNCs with increasing immersion times in aqueous Fe³⁺ solutions. (b) SEM images showing microstructures and surface wettability of outer and inner surface of shells of freeze-dried HCs/CNCs with Fe³⁺-treatment for 1, 3 and 7 min. Insets are the photos of split freeze-dried HCs/CNCs with the scale bars of 2 cm and static water contact angles. (c) Compression tests of HCs/CNCs with various treatment times in aqueous Fe³⁺ solutions. (d) Temperature-responsive HCs/CNCs shown with HCs/CNCs after 3 min Fe³⁺-treatment. (e) HCs/CNCs with various shapes generated from initial dynamic hydrogels with different initial shapes. Scale bars: 1 cm.

Morphology and structure control of hydrogel containers. Different soaking times in Fe³⁺ solutions allowed adjustment of the wall thicknesses, their outer and inner surface morphologies as well as the microstructures in hydrogel containers. Together with increasing immersion time in Fe³⁺ solutions, the shell thickness of freeze-dried cavitary hydrogel containers increased from roughly 0.22 mm to 0.75 mm (Figure 2a). Accompanying with crosslinking change by various soaking times in Fe³⁺ solutions, as displayed in their scanning electron microscope (SEM) images, these freeze-dried cavitary hydrogel containers after diverse immersion times in Fe³⁺ solutions had distinct outer and inner layers (Figure 2b). While the outer layers contained porous microstructures as typically crosslinked networks in hydrogels, the inner layer contained a fluffy mat of loosely crosslinked polymer chains. This is because of different crosslinking densities in the outer and internal layers, and the crosslinking became weaker from the outside to the inside, as shown in the cross-sectional SEM image (Figure S6). Moreover, the pore sizes of outer surfaces in hydrogel containers largely decreased from $\sim 9.7 \pm 0.4$ µm to $\sim 3 \pm 0.5$ µm with increasing exposure time in Fe³⁺ solutions from 1 to 7 min, indicating continuous formation of denser layers with extended crosslinking process. At the same time, the inner polymer mat also became denser with longer treatment time in Fe³⁺ solutions with accompanying higher amount of penetrated Fe³⁺ ions.

Furthermore, the outer and inner surface of the shells in dried HCs/CNCs displayed different wettabilities, which partly depended on immersion times in Fe³⁺ solutions. The outer surfaces of hydrogel container became more hydrophobic with the static water contact angle increasing

from around 88° to around 106° because of higher crosslinking densities with extended exposure time in Fe³⁺ solutions from 1 min to 7 min. In comparison, the inner surface was highly hydrophilic due to the fluffy polymer mats at room temperature (Figure 2b).

In accordance with more crosslinking after longer treatment in Fe³⁺ solutions, HCs/CNCs with thicker shells became stronger, as shown by their compression tests (Figure 2c). HCs/CNCs with longer treatment in Fe³⁺ solutions (3 and 7 min) showing larger deformations behaved similar as stiff hydrogels due to smaller internal volumes. In comparison, HCs/CNCs with immersion in Fe³⁺ solution for 1 min containing a larger internal volume was softer and too brittle to bear compression. The breaking stress of HCs/CNCs with 7 min Fe³⁺-treatment was about 54 times higher than that of HCs/CNCs with only 1 min Fe³⁺-treatment.

The sufficiently strong hydrogel shells after 3 min treatment in aqueous Fe³⁺ solutions in fact assure stable hydrogel cavity containing encapsulated solutions with varied shapes. Based on the temperature-responsive property of PNIPAm, hydrogel containers showed thermal responsive behaviors and induced alterable shapes. At surrounding temperatures of higher than the lower critical solution temperature (LCST) of PNIPAm, e.g. at 37 °C, the hydrogel containers shrank slightly. Due to the nearly uncompressible aqueous solutions in the interior of hydrogel containers, the cavitary hydrogel containers only underwent limited volume shrinkage. For instance, hydrogel containers after 3 min treatment in aqueous Fe³⁺ solutions only shrank with a shrinkage ratio of around 0.3, which is much lower than general bulk PNIPAm-based hydrogels (Figure S7). As a result, the hydrogel containers with an initial pillow shape approached a spherical shape, which allowed the smallest surface area to maintain

the similar volume (Figure 2d). As well, this shape change is totally reversible based on the reversible, thermal-responsive properties of PNIPAm. Thus, use of the thermal-responsive properties of PNIPAm demonstrates one efficient strategy to tune the shapes of resulting hydrogel containers.

Furthermore, hydrogel containers with diverse shapes were obtained by preparing initial dynamic hydrogels with different pre-designed shapes. As shown in Figure 2e, stable cavitary hydrogel containers in cuboid, cylindrical and tubular shape with closed shells were generated after the complexation with Fe³⁺ ions and dialysis in DI water.

Macroscopic assembly and shape repair of closed cavitary hydrogel containers. In addition, the initial dynamic hydrogels can also be arbitrarily combined for programming more complex shapes based on their self-healing property owing to the dynamic boronate ester bonds. As shown in Figure 3a, two cut-off blocks of flat hydrogel strips can merge together based on the reassociation of boronate ester bonds. The tensile curves for original and healed strips exhibited similar mechanical performance, revealing effective healing behaviors (Figure S8). In particular, the self-healed dynamic hydrogels were still transformed into closed hydrogel containers with inner cavity after subsequent surface-interior separation via the complexation with Fe³⁺ ions and dialysis. Therefore, individual dynamic hydrogels can be regarded as building blocks for programming cavitary hydrogel containers with more complex geometries. Following this, arbitrary shape-programming is allowed, which can avoid the dependence on complicated molds for initial dynamic hydrogels. For example, the flat hydrogel strip was

twisted in 3D Mobius shape and the two ends were merged together by the self-healing properties of dynamic hydrogels. After the surface-interior separation via the complexation with Fe³⁺ ions and dialysis, a closed cavitary hydrogel container in 3D Mobius band shape was obtained. As well, three flat dynamic hydrogel strips merged together to give a cross-shaped dynamic hydrogel, which was further transformed into cavitary hydrogel container after Fe³⁺ treatment and dialysis. Therefore, this macroscopic assembly provides a new pathway for designing and programming multi-shaped cavitary hydrogel containers, which is of particular interest for diverse potential applications.

a Self-healing behavior enabled macroscopic assembly of dynamic hydrogels

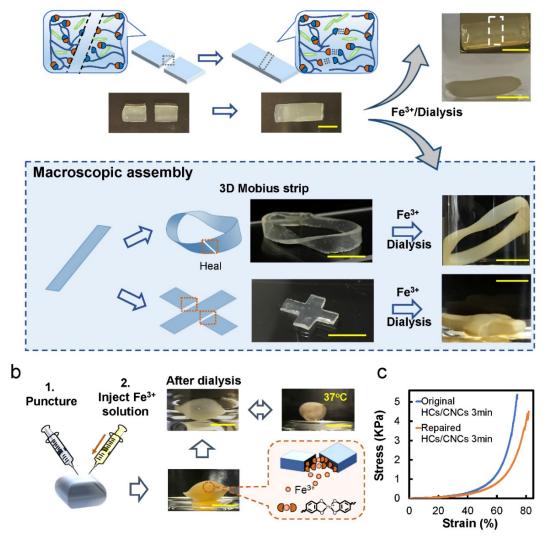


Figure 3. Strategies for shaping and repairing hydrogel containers. (a) Self-healing behavior enabled macroscopic assembly of dynamic hydrogels for shape programming of hydrogel containers. Scale bars: 1 cm. (b) Fe³⁺-assisted repairable property of hydrogel containers as HCs/CNCs with 3 min treatment in aqueous Fe³⁺ solutions. (c) Compression test strain-stress curves of original and repaired HCs/CNCs with 3 min treatment in aqueous Fe³⁺ solutions.

In contrast to conventional liquid-filled cavitary structures that are generally very intolerant to punctures, hydrogel containers reported herein with puncture wounds could be easily repaired with the assistance of Fe³⁺ ions (Figure 3b). The hydrogel containers can be punctured by a syringe, in order to extract the aqueous solution from the cavity of hydrogel containers. After the removal of the solution and the syringe, broken HCs/CNCs were caused with the syringe puncture. By injecting Fe³⁺ solution (0.1 M) into HCs/CNCs and subsequent thorough dialysis in water, the puncture caused by syringe was healed, which was implemented by the reassociation of Fe³⁺/catechol and Fe³⁺/CNCs complexes by injected Fe³⁺ ions (Figure 3b). Repaired HCs/CNCs were able to withstand the compression force caused by the shrinkage of PNIPAm shell at 37 °C and maintained thermal-reversible shape changes, which also confirmed the effective repairing effect. Moreover, the compression tests on original and repaired HCs/CNCs demonstrated the efficient recovery of the mechanical properties (Figure 3c). Compared to original hydrogel containers, repaired ones demonstrated slightly lower breaking stress while higher breaking strain.

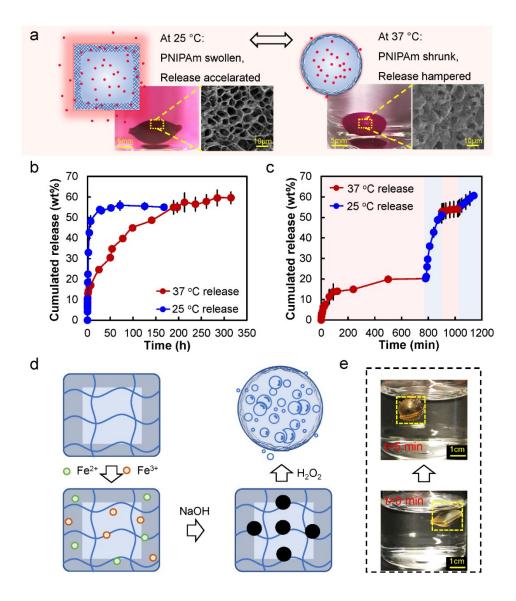


Figure 4. Temperature-responsive release of water-soluble Rhodamine B from cavitary hydrogel containers HCs/CNCs after 3 min Fe³⁺-treatment and their potential use as reaction containers. (a) Photos and schematic illustration for the release of Rhodamine B from HCs/CNCs at 25 °C and 37 °C. SEM images show the porous structures in the dried hydrogel shells. (b) The cumulated release of Rhodamine B at 25 °C and 37 °C. (c) Temperature-responsive release of Rhodamine B with successive temperature switches. d) Schematic illustration for the fabrication of transferrable reaction containers using the cavitary hydrogel containers. e) Photos of HCs/CNCs-IONPs in H₂O₂ solution for 0 and 5 min.

Applications as temperature-controlled gate systems and transferrable reaction containers. Based on the large interior volumes and volume phase transition of PNIPAm in polymer networks, cavitary hydrogel containers were then further used for the delivery of low molecular compounds. Different from common PNIPAm-based hydrogels as substrates, PNIPAm networks in our hydrogel container shells represent tunable gates by providing a different delivery behavior. As demonstrated in Figure 4a, the HCs/CNCs loading with watersoluble Rhodamine B underwent a burst release at 25 °C below LCST (around 32 °C) of PNIPAm with open porous structures. In contrast, a sustained release was observed at 37 °C above LCST of PNIPAm, where the pores in hydrogel containers were "closed". Distinguished from conventional burst release of encapsulated compounds from bulk PNIPAm hydrogels at high temperatures due to the squeezing by shrunk PNIPAm,³² the release of encapsulated compounds from the interior of hydrogel containers was hindered by the closed pores in the shells at higher temperature. High temperatures resulted in denser and hydrophobic PNIPAm shells with shrunk pores (Figure 4a), but little change in the overall volume (Figure 2d, S7), because the shrinkage of the whole hydrogel containers was restricted by the large volume of aqueous core. As the result, the release of Rhodamine B was significantly retarded, and the encapsulated compounds were retained within the interior of hydrogel containers. In comparison, at lower temperature than LCST, the shell of hydrogel containers recovers to initial state and the pores become larger, allowing the fast release of compounds from the interior of hydrogel containers.

Based on the total reversibility of the dense hydrophobic shell at 37 °C and loose hydrophilic shell at 25 °C, this PNIPAm-based cavitary hydrogel container can be used as a gate system

for controlled release. As shown in Figure 4b, the HCs/CNCs underwent a matrix release mode at 25 °C, which was mainly driven by osmotic pressure. The release equilibrium was reached after roughly 24 h. In comparison, a sustained release mode occurred at 37 °C with the largely retarded equilibrium to around 200 h, further revealing reduced pore sizes at 37 °C. This is significantly different from typical PNIPAm-based bulk materials as temperature-controlled release systems, where the large volume shrinkage quickly squeezes out the water and dissolved agents at the temperatures above LCST.³²

More importantly, these release systems based on cavitary hydrogel containers can be well controlled by varying surrounding temperatures on demand (Figure 4c). For instance, after the diffusion-out of the Rhodamine B from the hydrogel container shells (as observed for the first 120 min) and reaching the temperature of set 37 °C in the aqueous system, only 6.2 wt% Rhodamine B could be released in the following 660 min due to the largely reduced hydrogel pore size within the shell of hydrogel containers at 37 °C and therefore retarded release. Upon lowering the surrounding temperature to 25 °C, a burst release suddenly appeared with the opening pores in the hydrogel shell, and around 31 wt% of Rhodamine B was released in following 120 min. Then, the release rate could be switched again by raising the temperature to 37 °C for a slower release and by decreasing to 25 °C for a fast release. Such switchable release control between sustained/accelerated release can thus be repeatedly achieved, which provides novel temperature-controlled switchable releasing and dosing gate systems.

In addition, the cavitary structure of hydrogel containers also envisioned potential usage as reaction container. As schematically illustrated in Figure 4d, hydrogel container HCs/CNCs

after 3 min Fe³⁺-treatment was firstly immersed in Fe²⁺/Fe³⁺ mixed solution for 24 h. Then, the diffused iron ions were allowed to *in situ* form IONPs in NaOH solution for 48 h.³³ The HCs/CNCs were thus incorporated with IONPs (HCs/CNCs-IONPs), which can be used to catalyze decomposition of H₂O₂ to generate oxygen gas. As shown in Figure 4e, the HCs/CNCs-IONPs were immersed in H₂O₂ solution (10 wt%), and the shrunk HCs/CNCs-IONPs gradually expanded due to the generation of oxygen gas. This demonstrates promising potential of these cavitary hydrogel containers as transferrable reaction systems.

CONCLUSIONS

In summary, we demonstrated an *in situ* approach for macroscopic surface-interior separation from solid dynamic hydrogels to closed cavitary hydrogel containers by constructing competitively crosslinking gradients within hydrogels. The addition of CNCs significantly improved the spatial formation of crosslinking gradient within hydrogel containers, which allowed to tune the unique fluffy internal structures and the shell thickness. The shapes of closed hydrogel containers can be programmed by either designing initial dynamic hydrogels or macroscopic assembly of individual dynamic hydrogels. Furthermore, obtained hydrogel containers were easily repairable via injecting Fe³⁺ solution, owing to the strong crosslinking kinetics of Fe³⁺/catechol complexation. Based on the thermal responsive PNIPAm in shells, yet different from conventional thermal controlled release systems, cavitary hydrogel containers demonstrated a temperature-responsive gate system for sustained release at higher temperatures (above LCST) and accelerated release at lower temperatures. In addition, the

large cavitary structure in hydrogel containers also demonstrated an oxygen generator, which envisioned great potential as chemical reaction container. This facile solid shaping methodology for fabricating closed cavitary systems has great potential for diverse applications, including controlled drug release, cell culture, chemical reactor and soft actuators.

ASSOCIATED CONTENT

Supporting Information.

The Supporting Information is available free of charge on the ACS Publications website.

Supporting figures S1-S6.

Conductive titration curve of CNCs; UV-vis spectra of dynamic hydrogels and the shell of hydrogel containers HCs/CNCs after 3 min treatment in Fe³⁺ solutions; solid weight loss during formation process; Visual appearance of macroscopic spatial surface-interior separation process; Swelling ratios of HCs/CNCs and HCs/P; SEM image of the wall of freeze-dried hydrogel container after 3 min treatment in Fe³⁺ solutions in cross section; Volume shrinkage ratio for hydrogel container HCs/CNCs and bulk hydrogel; Tensile tests of original and self-healed dynamic hydrogels.

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Notes

The authors declare no competing financial interest.

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Publication 2 (Supporting information)

Temperature-Responsive, Manipulable Cavitary Hydrogel Containers by Macroscopic Spatial Surface-Interior Separation

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Supporting Figures S1-S8.

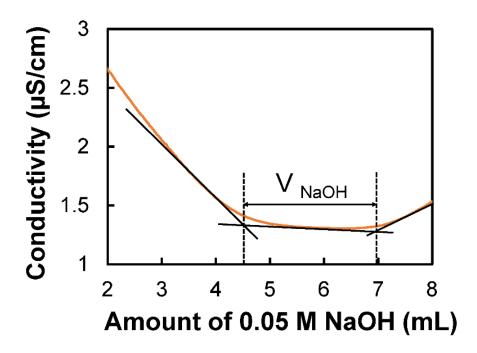


Figure S1. Representative conductivity titration curve of CNCs. 25 mL of aqueous CNCs suspension (3.6 mg/mL) was titrated with 0.05 M NaOH solution using the 800 Dosimat (Metrohm) employing a dosing rate of 0.01 ml/s, while the conductivity was recorded using the 856 Conductivity Module (Metrohm) with an interval of 2 s.

According to the method reported before, 1 the surface of CNCs was decorated with carboxyl groups of 1.34 ± 0.2 mmol g⁻¹.

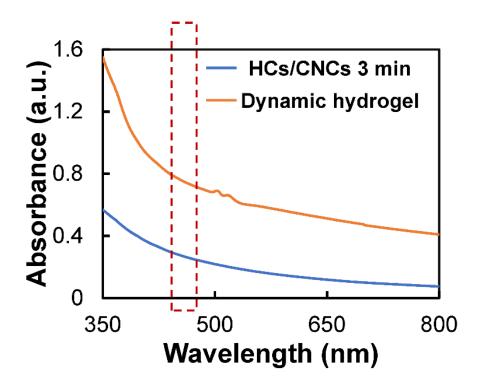


Figure S2. UV-Vis spectra of dynamic hydrogel and the shell of hydrogel containers HCs/CNCs after 3 min treatment in Fe³⁺ solutions.

There was no representative absorbance peak of dicatechol compounds at around 484 nm, indicating negligible oxidation of catechol moieties.

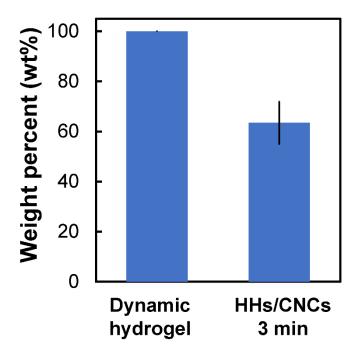


Figure S3. Solid contents of dried hydrogel container HCs/CNCs after 3 min treatment in Fe³⁺ solutions.

Comparing the dried weight of hydrogel containers HCs/CNCs with their initial dynamic hydrogels, we can find that roughly 35 wt% of solid was released from the porous structure of hydrogel containers of HCs/CNCs after 3 min treatment in Fe³⁺ solutions.



Figure S4. Visual appearance of macroscopic spatial surface-interior separation process from flat bulk hydrogel to 3D closed hydrogel containers of HCs/CNCs after 3 min treatment in Fe³⁺ solutions.

It can be easily seen the flat hydrogel gradually expanded with longer dialysis process, more and more water diffused into the hydrogel to initiate the macroscopic spatial surface-interior separation process. As a result, we obtained the hydrogel container with large inner cavity.

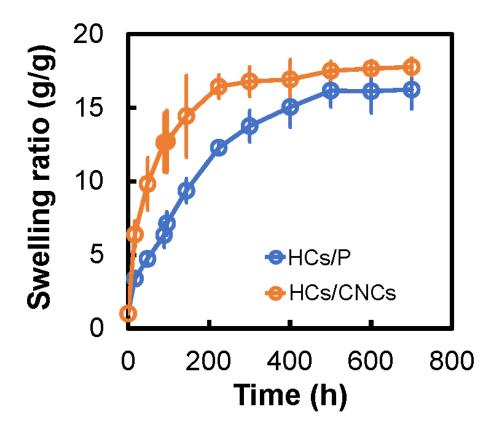


Figure S5. Swelling ratios of HCs/CNCs (representing hydrogel containers with CNCs) and HCs/P (polymeric hydrogel containers without CNCs).

The addition of CNCs affected the formation process, and HCs/CNCs with 3 min treatment in Fe³⁺ solutions were able to reach the equilibrium after about 9 days, whereas HCs/P with 3 min treatment in Fe³⁺ solutions needed roughly 20 days to equilibrium state.

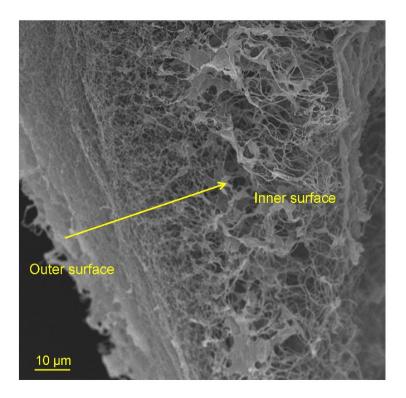


Figure S6. Representative SEM image of the wall of freeze-dried hydrogel container after 3 min treatment in Fe³⁺ solutions in cross section.

From the outer surface to the interior, the crosslinking became weaker, which further indicates the gradient crosslinking density within the wall of hydrogel container.

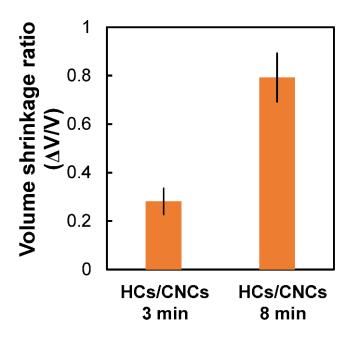


Figure S7. Volume shrinkage ratio for hydrogel container HCs/CNCs after 3 min treatment in Fe³⁺ solutions and bulk hydrogel HCs/CNCs after treatment in Fe³⁺ solutions for 8 min.

The hydrogel container after 3 min treatment in Fe^{3+} solutions can only achieve limited shrinkage in volume, the shrinkage ratio was around 0.3, but it reached about 0.8 of bulk solid samples of HCs/CNCs with 8 min immersion time in Fe^{3+} solution.

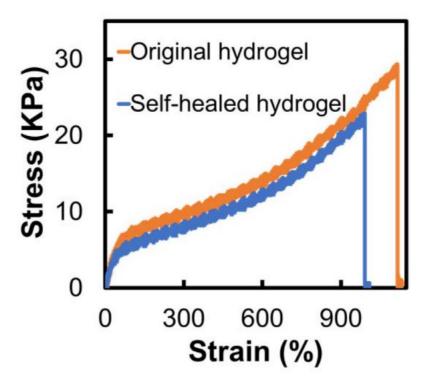


Figure S8. Tensile test stress-strain curve of original and self-healed dynamic hydrogel.

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Publication 3

Structural Colors by Synergistic Birefringence and Surface Plasmon

Resonance

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ABSTRACT

One-dimensional nanomaterials including cellulose nanocrystals (CNCs) and gold nanorods (GNRs) are widely used in optical materials due to their respective inherent features: birefringence with accompanying light retardation and surface plasmon resonance (SPR). Herein, we successfully combine these properties of both nanorods to generate synergistic and readily tunable structural colors in hybrid composite polymer films. CNCs and GNRs are embedded either in the same or in separate films after unidirectional alignment in dynamic hydrogels. By synergistically leveraging CNCs and GNRs with diverse amounts in hybrid films or stacked separate films, wide-ranging structural colors are obtained – far beyond those from films solely with aligned CNCs or GNRs. Higher GNRs contents enhance light absorption at 520 nm with promoted magenta colors, while more CNCs affect the overall phase retardation with light absorption between 400 and 700 nm between crossed polarizers. Moreover, adjusting the angles between films solely with CNCs or GNRs via a stacking/rotating technique successively manipulated colors with flexible film combinations. By rotating the films with aligned GNRs (0-180°), light absorption can traverse from ~500 to 650 nm. Thus, tuning the adjustable synergism of birefringence of CNCs and SPR of GNRs provides great potential for structural colors, which enlightens inspirations for designing functional optical materials.

KEYWORDS: structural colors, cellulose nanocrystals (CNCs), gold nanorods (GNRs), birefringence, surface plasmon resonance (SPR)

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Artificial structural colors originating from resonant interactions between visible light and constructed nanostructures are promising in designing optical materials with non-fading and vibrant colors.¹ Artificial nanostructures can be used to manipulate the optical fields by affecting birefringence, structural resonances, or their hybrid combinations, in order to change the amplitude, phase and polarization in subwavelength range of light and thus colors. All these optical behaviors provide the possibility to construct structural color materials with various fascinating applications, such as optical data storages, information encryption, biochemical sensing and display devices.²⁻⁶

Common methods to fabricate structural colors are implemented by constructing periodic nanostructures with distinctly shaped nanoparticles, which can alter the optical field within subwavelength to give diverse visible colors. In this scope, rod-like nanoparticles with distinct optical properties from their inherent anisotropy can be applied to construct optical materials, such as CNCs and GNRs. As an example of bio-based anisotropic nanoparticles, CNCs can be integrated into structural color materials due to their optical birefringence. ONCs can be integrated into structural color materials due to their optical field by altering their intriguing anisotropic SPR, which directly leads to visible light absorption. These inherently distinct optical mechanisms allow orthogonal strategies to construct structural color materials through successive interference and interaction with light. The macroscopic manifestation of these optical properties of anisotropic CNCs and GNRs in synthetic materials largely relies on their ordered arrangement.

A few approaches have been demonstrated to align CNCs or GNRs in polymer matrices, such as by using magnetic field, electric field, shear force or templates with well-aligned hole array. 14-18 Most of the approaches require significant energy consumption and are not compatible with polymer matrices. Although some studies attempted to co-align CNCs and GNRs in polymer matrices for structural colors, it still lacks the wide tunability of structural colors. 19, 20 To our best knowledge, research on the structural color control with combined birefringence of CNCs and SPR of GNRs in polymer materials based on their distinct properties has still been less explored. One major challenge is the lack of robust and compatible methods to embed ordered CNCs and GNRs in uniform polymer materials. Moreover, the successful preparation of such materials with arranged CNCs and GNRs will provide platforms including both optical mechanisms for specific optical features.

RESULTS AND DISCUSSION

In our previous work, based on the thixotropy of highly dynamic hydrogels, ²¹ we achieved the well-controlled alignment of CNCs in polymer films from dynamic hydrogels. This provided an appropriate method to investigate the structural colors of polymer films with multiple types of ordered anisotropic nanoparticles, such as GNRs and CNCs (Figure 1a). The successful preparation of CNCs/GNRs hybrid composite films is schematically illustrated in Figure 1b. The hybrid dynamic hydrogels were synthesized *via in situ* polymerization of acrylamide with phenylboronic acid/catechol complexes (PBA/DMA complexes) crosslinkers in alkaline buffer solutions with the presence of CNCs and/or GNRs (Figure S1), based on the optimized

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conditions from our previous study.²¹ After the preparation, obtained dynamic hydrogels were stretched and further air-dried to generate hybrid nanocomposite films with anisotropically aligned CNCs and GNRs.

In detail, CNCs with length of 100-200 nm and diameter of 10-20 nm were prepared via 2,2,6,6tetramethyl-1-piperidinyloxy (TEMPO)-mediated oxidation (Figure S2). GNRs with an average aspect ratio of 6.5 ± 0.5 (Figure S3a) and a negative surface potential of -34.2 mV (Figure S3b) were synthesized according to a previously reported method.²² CNCs and GNRs were both synthesized with negatively charged surface to avoid the aggregation of both nanorods. Ultraviolet-visible-near-infrared (UV-Vis-NIR) extinction spectra of aqueous GNRs dispersions displayed two clear absorption peaks at around 520 and 1150 nm corresponding to transverse surface plasmon resonance excitation (T-SPR) and longitudinal surface plasmon resonance excitation (L-SPR), respectively (Figure S4).²² After the addition of each component in alkaline hydrogel precursor solutions, GNRs (1 wt%) were well dispersed with the presence of CNCs (1 wt%), as shown by the polarized optical microscopy (POM) image (Figure S5a). After the polymerization, CNCs and GNRs in dynamic hydrogels were aligned during the uniaxial stretching and subsequent air-drying process. GNRs in unstretched hybrid films were randomly dispersed, whereas they were oriented in stretched hybrid films along the stretching direction according to scanning electron microscopy (SEM) images (Figures 1c and S5b). As well, the orientation of CNCs within the composite films has been proved using synchrotron X-ray analysis in our previous studies.²¹

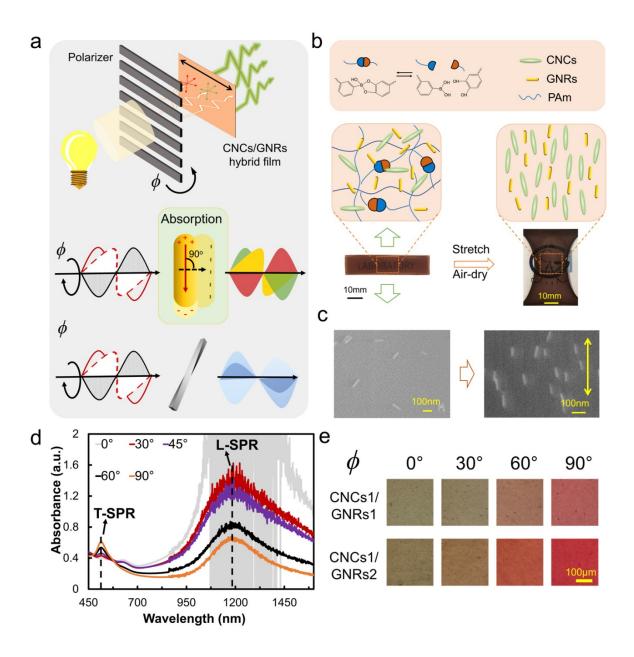


Figure 1. Fabrication of CNCs/GNRs hybrid composite films and the SPR regulation within hybrid films. (a) Schematic illustration for the SPR regulation via varying light vibrating direction and the interference color induced by CNCs by rotating polarizer with a rotating angle ϕ (ϕ =0° means that electric (E) vector of light is parallel to stretching direction). Black arrow in the composite film represents stretching direction. (b) Schematic illustration for

preparing CNCs/GNRs hybrid composite films. (c) Representative SEM images of GNRs embedded in air-dried hybrid films without (left panel) and with stretching (right panel). Yellow arrow represents stretching direction. (d) UV-Vis-NIR spectra of CNCs1/GNRs1 hybrid films with the gradual change of SPR with varying ϕ from 0° to 90°. The high noise level at 0° was due to the strong absorbance. (e) POM images of colors from CNCs1/GNRsX hybrid films with varying ϕ from 0° to 90°. X =1 or 2 wt% of GNRs in the original hydrogel precursor solutions.

As illustrated in Figure 1a, the SPR of GNRs depended on the light vibrating direction with selective excitation of L-SPR and T-SPR in a trading off rule. The angle between light vibrating directions to the longitudinal axis of GNRs will be changed by varying the angle between the polarizer and composite films in the stretching direction (defined as ϕ). At $\phi = 0^{\circ}$, L-SPR is excited with light vibrating along the longitudinal axis of GNRs, whereas light vibrating perpendicular to the longitudinal axis can excite T-SPR at $\phi = 90^{\circ}$. The rotation of polarizer leads to light absorption at selective wavelength with tunable intensities due to modified combinations of T-SPR and L-SPR. ¹¹ Because of the aligned GNRs in the hybrid polymer films, the SPR of single GNRs was transferred to CNCs/GNRs hybrid films in the macroscale by using only one polarizer, without the interference of birefringence from CNCs. As shown in the UV-Vis-NIR spectra of CNCs1/GNRs1 hybrid films measured with one polarizer (Figure 1d), the absorption intensity at wavelength 520 nm (T-SPR) largely increased, while that at the wavelength of 1150 nm (L-SPR) greatly reduced with rising ϕ from 0° to 90°. For our naked

eyes, the 520 nm light is corresponding to green colors. Therefore, its complementary color as magenta was enhanced due to the absorption of light at around 520 nm and its intensity increased with higher ϕ from 0° to 90° (Figure 1e). The visible colors became brighter with increasing amounts of GNRs in CNCs/GNRs films (Figure 1e).

In addition to the effect of aligned GNRs on optical fields due to tunable light absorption intensities at around 520 nm and 1150 nm based on modified SPR, the synergistic effect of ordered GNRs and CNCs on the structural colors of hybrid CNCs/GNRs films was further investigated. The interactions of birefringence from CNCs and SPR from GNRs with incident light waves happen simultaneously, when the polarized light is irradiated onto hybrid films, as schematically illustrated in Figure 2a. This synergistic effect generated the tunable structural colors, when CNCs/GNRs hybrid films were placed with 45° against crossed polarizer/analyzer. In order to classify their respective roles of birefringence and SPR in generating these structural colors, we analyzed the structural colors of the hybrid films with fixed content of GNRs or CNCs, while changing the amount of the other nanorod.

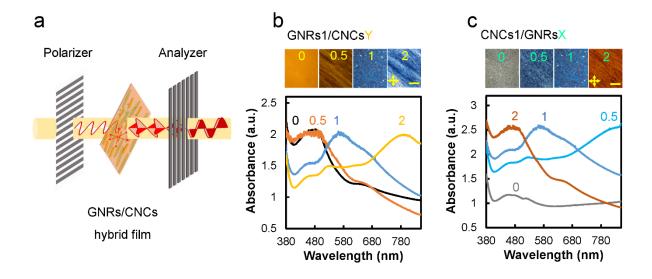


Figure 2. Integration of birefringence and SPR in CNCs/GNRs hybrid films. (a) Schematic illustration of synergistic color adjustment between crossed polarizers. CNCs/GNRs hybrid films were placed at 45° against crossed polarizer/analyzer. (b-c) POM images and UV-Vis spectra of CNCs/GNRs hybrid films measured between crossed polarizers with increasing contents of CNCs (Y=0-2 wt% in initial hydrogel precursor solutions) or GNRs (X=0-2 wt% in initial hydrogel precursor solutions), respectively. The absorbance was recorded by measuring the transmitting light through the polarizer, films and analyzer. Scale bars: 250 μm.

With fixed GNRs content at 1 wt% in initial hydrogel precursor solutions (roughly 5.9 wt% in dried films, Table S1), structural colors varied from orange to blue with increasing CNCs concentration from 0 to 2 wt% (Figure 2b). Furthermore, the UV-Vis spectra of hybrid films were measured between crossed polarizers with the films placed 45° against the crossed polarizer/analyzer. The wavelengths of absorbance peaks in the visible region of UV-Vis spectra measured between crossed polarizers were red-shifted from ~480 nm to around 780 nm (Figure 2b), which corresponded to observed structural colors from orange to blue. This is

because color manipulation from birefringence was primarily originating from modified light retardations of CNCs, which are accumulated phase difference between light vibrating perpendicularly and parallel to the films with aligned CNCs. Films with higher CNCs concentrations would enhance light retardation due to the presence of more CNCs along the light propagation pathway, leading to the shift of absorbance peaks (Figure S6). 10, 21 These hybrid films still exhibited relatively constant SPR despite of distinct amounts of CNCs due to fixed GNRs content, when observed with only one polarizer (Figure S7). Therefore, manipulation of structural colors was realized by varying the birefringence and accompanying accumulated phase retardation of CNCs with distinct amounts between 0 and 2 wt%.

Furthermore, with fixed CNCs content of 1 wt% and increasing GNRs contents from 0 to 2 wt%, the maximal wavelength of light absorption was shifted from ~860 nm to around 490 nm (Figure 2c). The visible colors of obtained films were red-shifted from light yellow to orange red due to modified light absorption by varying GNRs contents from 0 to 2 wt%. This is because of the large increase of T-SPR of GNRs at 520 nm with higher GNRs contents, while L-SPR at 1150 nm showed only very slight enhancement (Figure S8). Therefore, more GNRs largely contributed to regulating the intensity of light absorption at wavelength of ~520 nm that lies in green light region as shown above (Figure 1d and 1e) and enhance magenta colors in the synergistic structural colors.

Because the structural colors between polarizers do not originate from polymer matrix due to the fast relaxation of polymer chains during stretching and drying,²¹ but rather from ordered CNCs and GNRs within the composite films. The physical location of these nanorods should

not affect the resulting structural colors, as long as their organizations are equal. Therefore, overall appeared colors from piled individual films with only CNCs (f-CNCs) or only GNRs (f-GNRs) as separate films should be equivalent to those of hybrid films with both CNCs/GNRs nanorods in the same films. In comparison, the separation of CNCs and GNRs in two separate films also provides the possibility to modularly construct the structural colors and to exactly elucidate their functions. By stacking f-GNRs and f-CNCs films along the stretching direction and placing them 45° against the crossed polarizer/analyzer with f-GNRs film facing the polarizer, diverse nearly equal colors as those of CNCs/GNRs hybrid films with the same contents of both nanorods were obtained (Figure 2b, 2c and 3a). For instance, a CNCs1/GNRs1 hybrid film had similar absorption spectrum and exhibited highly similar royal blue colors as those of piled films with the same contents of CNCs (f-CNCs1) and GNRs (f-GNRs1) (Figure S9). Moreover, these structural colors gradually evolved into red colors of diverse intensities by increasing GNRs amount at constant CNCs amounts (Figure 3a). This should be partially due to the enhanced light absorption at ~520 nm (Figure 3b, left panel), but negligible intensity changes at around 1150 nm (Figure S10). Higher light absorption at about 520 nm resulted in enhanced structural magenta color (Figure 2c). In combination with the effect of birefringence by stacking f-CNCs5 film and f-GNRs films with increasing GNRs contents from 0 to 3 wt%, wavelengths of light absorption peaks also exhibited a steady blue-shift from ~665 nm to 510 nm, corresponding to the change of more blue-green to red colors (Figure 3b, right panel).

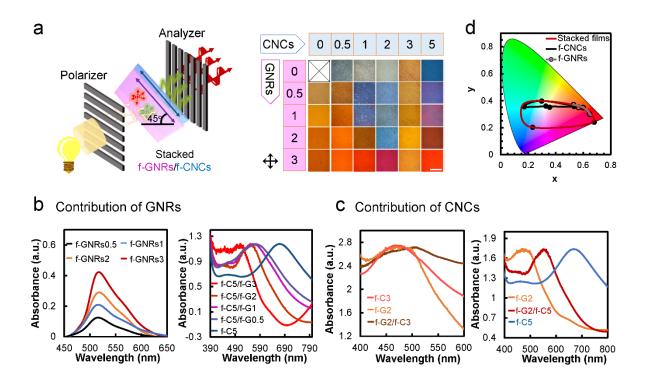


Figure 3. Color manipulation *via* stacking composite films f-GNRs and f-CNCs. (a) Schematic illustration for the detection of stacked films and vivid colors generated from various combinations of f-CNCs and f-GNRs films. f-GNRs and f-CNCs films were overlapped along the stretching direction and then placed 45° against the crossed polarizer/analyzer with f-GNRs film facing the polarizer. Black arrows in the composite films represent the stretching direction. Scale bar: 400 μm. (b) UV-Vis spectra of f-GNRs composite films measured without analyzer (left panel) and stacked f-CNCs5/f-GNRsX composite films measured between crossed polarizer/analyzer (right panel). X = 0, 0.5, 1, 2 or 3. (c) UV-Vis spectra of f-CNCs3 film and stacked f-GNRs2/f-CNCs3 in left panel as well as f-CNCs5 film and f-GNRs2/f-CNCs5 films in right panel measured between crossed polarizer/analyzer. The spectrum of the film f-GNRs2 (f-G2) measured with one polarizer is shown as reference. f-C: abbreviation for f-CNCs, f-G: abbreviation for f-GNRs. (d) Evolution of structural colors of stacked films in comparison to individual f-CNCs and f-GNRs films in CIE chart.

Different than the SPR effect of GNRs, the structural colors in f-CNCs films were correlated to accumulated light retardation originating from aligned CNCs with diverse contents. Therefore, light retardation and interference colors were further altered by increasing CNCs contents (Figure S6). These f-CNCs films with increasing initial CNCs concentrations from 0 to 5 wt% showed versatile structural colors from grey over light yellow to blue-green colors (Figure 3a, right panel). The UV-Vis spectra of the f-CNCs films with initial 2, 3 and 5 wt% showed an obvious change of the main absorption peak between 470 nm to 665 nm, corresponding to the color development in Figure 3a (Figure S6, right panel).

By stacking diverse f-CNCs films with the f-GNRs2 film, various structural colors emerged (Figure 3a, right panel). For instance, structural colors appeared from stacked f-GNRs2/f-CNCs3 was orange with an overall light absorption peak at around 500 nm, which was redshifted compared to the light absorption peak of f-CNCs3 at 477 nm (Figure 3c). Piled f-GNRs2/f-CNCs5 films displayed red-violet color with the absorption peak at 550 nm, which was blue-shifted from the absorption peak at 665 nm for f-CNCs5. These results demonstrated that the synergistic structural colors as well as wavelengths of absorption peaks for stacked f-GNRs and f-CNCs films strongly depended on the interference color and locations of absorption peaks of f-CNCs. Moreover, GNRs interacted with light by altering the intensity of light absorption at wavelength ~520 nm for the manipulation of colors, while the aligned CNCs produced periodic interference colors *via* light retardation.

By integrating these two mechanisms, the tunable color range was apparently enlarged owing to the synergistic effect of birefringence and SPR. As displayed in the established Commission

Internationale de l'Éclairage (CIE) chart, the piled films covered a color range from blue through yellow-green to violet (circled by red line in Figure 3d), while single f-CNCs or f-GNRs films showed limited color regulation regions (circled by black line and grey line in Figure 3d). The adjustable range of structural colors was significantly enlarged owing to the synergistic effect of birefringence and SPR, and such broad structural color range cannot be solely achieved by f-CNCs or f-GNRs. Therefore, by separately adjusting the dosages of CNCs and GNRs in two individual films, the structural colors of stacked film piles can be further manipulated in an even broader color range than embedding both nanorods in the same films (Figure 3a). Moreover, the use of separate films provided a modular fabrication method with the arbitrary combination of diverse films, *e.g.* by using two f-CNCs3 films and various f-GNRsX films for color evolution from green to red (Figure S11).

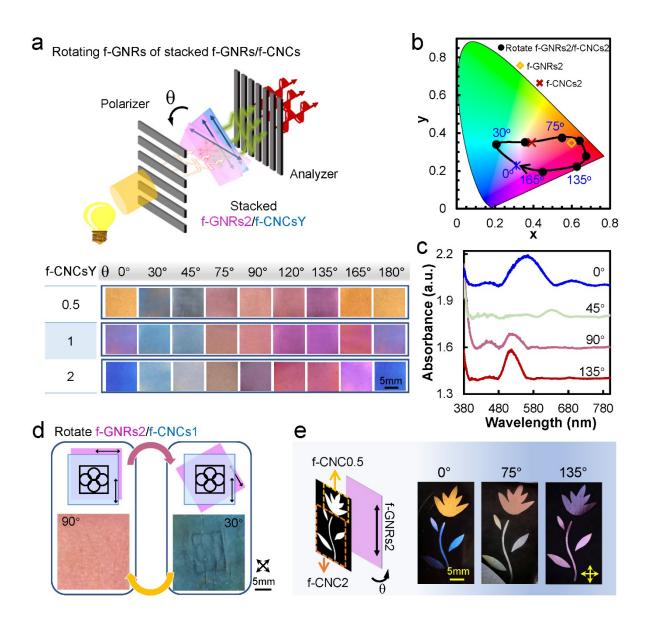


Figure 4. Tunable color manipulation via rotating f-GNRs films in stacked f-GNRs/f-

CNCs film piles. (a) Schematic illustration for the detection and digital photos of vivid colors generation by rotating f-GNRs films in the stacked film piles at a rotating angle of θ between both films (θ representing rotating angles of f-GNRs film related to f-CNCs film). f-GNRs and f-CNCs composite films were stacked along stretching direction and placed 45° against the crossed polarizer/analyzer with rotating f-GNRs film facing the polarizer as the initial state. Combinations of f-GNRs2 film (in pink) and diverse f-CNCsY films (in blue) were used to

tune the colors. (b) Color evolution of f-GNRs2/f-CNCs2 film piles by changing the rotating angle θ between both films in comparison to singlef-GNRs2 and f-CNCs2 film in a CIE chart. (c) UV-Vis spectra of f-GNRs2/f-CNCs2 piles by rotating f-GNRs2 film with rotating angles θ between both films between 0-135°. (d-e) Demonstration for potential applications as (d) information encryption and (e) colorful displays based on this tunable color manipulation by rotating f-GNRs2 films at diverse rotating angles with the use of two different f-CNCs films. The pictures were taken under POM. The arrows in the composite films represent the stretching direction.

In addition to adjusting the CNCs and GNRs contents in the individual films, rotating GNRs film in the film piles demonstrates another strategy to generate a broad color range. In particular, this strategy can further provide more flexibility to tune the colors with fewer polymer films and save the preparation of polymer films with various contents of CNCs or GNRs. As illustrated in Figure 4a, f-GNRs2 and various f-CNCs composite films were stacked as described above in Figure 3. By rotating the f-GNRs2 film with a rotating angle θ between f-GNRs2 film and f-CNCs films of 0-180°, structural colors experienced successive color variation as blue, orange, red and purple (Figure 4a, bottom panel).

As shown in the CIE chart (Figure 4b), structural colors of the f-CNCs2/GNRs2 films after stacking and rotating covered a broad color range from blue purple to cyan and gradually to yellow-green and red. As comparison, the structural colors of f-CNCs2, f-GNRs2 and their piled system without rotating only appeared as separate single dots in the CIE chart, which also

reflected the synergistic effect of these two optical mechanisms. Simply rotating the f-GNRs2 film of the stacked film piles strongly expanded the color tunability. Furthermore, the corresponding UV-Vis spectra of stacked f-GNRs2 and f-CNCs2 with various rotating angles were measured to show the absorption changes during the rotation (Figure 4c). The dominating absorbance peaks can be readily controlled by rotating the f-GNRs2 film, which was redshifted from around 560 nm to 638 nm (0°-45°), then blue-shifted to 517 nm (45°-135°), and eventually back to 560 nm (180°). This evolution is corresponding to their sequential color change from blue-purple through cyan and red to blue-purple. This further demonstrated the flexible color regulation by adjusting the synergistic effect of SPR of GNRs and light retardation of CNCs. The light absorption at T-SPR and L-SPR of GNRs was altered by changing the incident light vibrating direction during the rotation (Figures 4a and 1a, 1d and 1e). Because of the presence of GNRs in the individual films, f-GNRs films functioned more like a further light filter before f-CNCs films, so that the wavelengths of the incident lights after the f-GNRs film changed correspondingly. These incident lights with altered wavelengths further underwent light retardation through the f-CNCs films, leading to diverse colors. As the result, a much broader range of structural colors was achieved (Figure 4a-4b).

Based on the broad color tunability and facile flexible construction of the stacking/rotating film piles, we developed a few prototypes of f-CNCs/f-GNRs films for potential applications. As demonstrated in Figure 4d, a transparent f-CNCs1 composite film with a stamped pattern was prepared from the stamped hydrogel precursor and used with f-GNRs2 film as the stacked piles.

By stacking both films perpendicular to each other (90°), in which the absorption of T-SPR of GNRs was minimized, the stamped pattern was not visible between crossed polarizer/analyzer. The stamped pattern appeared by rotating the f-GNRs2 film with an angle of 30° to the f-CNCs1 film, which indicated effective information encryption and readout on demand. Moreover, based on the abundant colors, good transmission and low reflection of light (Figures S12 and S13) and applicable mechanical properties (Figure S14) from diverse combinations of f-CNCs and f-GNRs films, optical films can be fabricated as tunable color display systems. As illustrated in Figure 4e, a variable color flower pattern was designed by stacking f-GNRs2 film with f-CNCs0.5 film as the flower part and with f-CNCs2 film as the stalk and leaves. With the rotating f-GNRs2 film and altering light retardation due to various CNCs contents in f-CNCs films, the flower pattern exhibited distinct, adjustable color combinations. Although sophisticated and promising manipulations of plasmonic colors have been fabricated via complicated micro and nanofabrication methods, for example, the widely used physical vapor deposition to selectively coat metal layers, a general method to prepare composite polymer films with embedded nanorods with tunable morphologies and optical mechanism is still highly desired. 19, 20, 23 In this work, we presented an effective and cost-efficient method to achieve flexible color manipulation of polymer films by integrating CNCs with birefringence and GNRs exhibiting SPR. Using this method, polymer films containing aligned GNRs and/or CNCs not only showed much wider range of adjustable structural colors than existing methods, but also can be expanded to other potential nanomaterials. With this method, these optical film systems with tunable and flexible color control provide effective platforms for the applications

in information encryption and security systems, which have gained significant interest as security materials in the last years.^{24, 25}

CONCLUSIONS

In summary, we demonstrated the synergistic structural colors by combining the birefringence of CNCs and the SPR of GNRs within the composite films by using a facile and efficient method, which were embedded either in the same or in separate films. The birefringence of CNCs induced light retardation and the SPR of GNRs resulted to regulable light absorption around 520 nm, which were integrated for the tunable color generation by the hybrid composite films. With these two orthogonally polarization-dependent responses of the GNRs and CNCs that show two different combinable color mechanisms, the color tunability was significantly enlarged by hybrid films or stacked f-CNCs/f-GNRs films owing to the synergistic effect of birefringence and SPR, and such broad structural color range cannot be solely achieved by f-CNCs or f-GNRs. Moreover, a facile stacking/rotating technique led to an even broader color manipulation with modular stacking combinations. Based on the effective and readily color manipulation, these optical films could be potentially used as display devices and optical encryption, giving inspirations for designing sophisticated photonic functional materials.

METHODS

Preparation of CNCs. CNCs were synthesized via the TEMPO-mediated oxidation of MCC according to previous report.²⁶ After dialysis, the obtained CNCs were stored at room

temperature for 24 h and then the precipitated large particles were removed. The upper stable suspension was stored in 4 °C fridge for future use.

Synthesis of GNRs. We adopted the seed-mediated growth method.²² The seed solution for GNRs was prepared as follows: 5 mL HAuCl₄·3H₂O solution (0.5 mM) was mixed with 5 mL CTAB (0.2M) solution in a 20 mL glass bottle, then, 0.6 mL fresh prepared NaBH₄ solution (0.01M) was diluted to 1 mL and was immediately injected to the HAuCl₄/CTAB mixed solution under vigorous stirring at 1200 rpm. The seed solution color transferred from yellow to brownish yellow and the stirring was stopped after 2 min. The seed solution was aged at room temperature undisturbed for 30 min before use.

The growth solution for GNRs was prepared as follows: 3.5 g CTAB and 0.617 g NaOL were dissolved in 125 mL warm deionized water (~50 °C) in a 500 mL flask. Then, the solution was cooled down to 30 °C. After that, 12 mL AgNO₃ solution (4 mM) was added and the mixture was left undisturbed for 15 min at 30 °C. Following that, 125 mL HAuCl₄·3H₂O solution (1 mM) was added under stirring (700 rpm). The solution became colorless after 90 min and 2.7 mL HCl solution (37%) was added under magnetic stirring for 15 min (400 rpm). Afterwards, 0.625 mL L-ascorbic acid solution (0.064 M) was injected under vigorous stirring (1200 rpm) for 30 s. 0.4 mL seed solution was injected to the growth solution with stirring (1200 rpm) for 30 s. Finally, the solution was placed without disturbance at 30 °C for 12 h for GNRs growth. The obtained CTAB-capped GNRs dispersion was centrifuged at 14000 rpm for 10 min to remove excess CTAB and washed with water for a few times. Then, the washed CTAB-capped GNRs were redispersed in 30 mL water.

Afterwards, 20 mL of original CTAB-capped GNRs were centrifuged and the supernatant was removed. Then, the CTAB-capped GNRs were redispersed in 20 ml PSS solution (10 mg/mL) and the dispersion was placed undisturbed for 1 h to achieve the ligand exchange. Afterwards, the GNRs dispersion was washed with DI water for 3 times, then the PSS-capped GNRs were obtained and redispersed in 20 mL DI water. All the samples used GNRs were referred to the PSS-capped GNRs.

Preparation of CNCs/GNRs hybrid composite films. The CNCs/GNRs composite films were prepared via uniaxial mechanical stretching and further air-drying of dynamic hydrogels. The dynamic hydrogels were synthesized by in situ polymerization of acrylamide with PBA/DMA complexes as dynamic crosslinkers in the presence of mixture of CNCs and GNRs. In detail, 2 M acrylamide and 25 mM DMA/PBA were dissolved in the pH 10 buffer solution with 0.5 wt% LAP as photo initiator. Certain amount of CNCs and GNRs were centrifuged, mixed and redispersed into the above solution. The mixtures were degassed with N₂ for 3 min to remove the dissolved oxygen. Then, they were injected into rectangle-shaped molds with the dimension of 60 mm × 20 mm × 2 mm. Following that, this system was exposed to UV light (300-400 nm, 8W) for 30 min to finish the polymerization. In hybrid films with both CNCs and GNRs, the loading amount of CNCs and GNRs were tuned between 0-2 wt% compared to the weight of the whole hydrogel. Obtained composite hydrogels were stretched to specific length at a speed of 6 mm/min and further air-dried at 20 °C under the surroundings with a relative humidity of 65% for over 12 h until constant weight. The air-dried hybrid films containing both nanorods were referred to as "CNCs/GNRs". Composite films with only GNRs were named as "f-GNRsX", while those only with CNCs were referred to as "f-CNCsY", where

X and Y referred to the weight percentage of GNRs and CNCs in the initial hydrogel solutions, respectively.

For f-CNCs, CNCs concentration was tuned from 0 to 5 wt%. For f-GNRs, GNRs concentration was tuned from 0 to 2 wt%. f-GNRs3 is a sample via piling f-GNRs1 and f-GNRs2 films.

Preparation of patterned f-CNCs1 films. The rectangle-shaped dynamic hydrogel with CNCs concentration of 1 wt% was synthesized (dimensions: 60 mm × 20 mm × 2 mm), and uniaxially stretched with the elongation ratio of 6. Then, a geometric stamp was pressed onto this stretched f-CNCs1 hydrogel. After the following air-drying process, a transparent f-CNCs1 composite film was obtained with the stamped pattern.

CHARACTERIZATION METHODS

The uniaxial stretching of dynamic hydrogels was performed with a Z3 micro tensile test machine from Grip-Engineering Thümler GmbH. The shape and size of GNRs were characterized with transmission electron microscopy (TEM), the specimens were prepared from its dispersion in water of 0.1 wt%. The TEM observation was conducted with a CM 12 Transmission Electron Microscope (Philips, Netherland). Scanning electron microscopy (SEM) were applied to observe the alignment of GNRs in dried films with LEO Supra-35 High-Resolution Field Emission Scanning Electron Microscope (Carl Zeiss AG, Germany). The optical microscopy observation and retardation measurement of films were performed with Eclipse E600 Polarizing Microscope from Nikon, or LV100 Polarizing Microscope from Nikon with Bereck compensator. The UV-Vis-NIR spectra of GNRs dispersion and composite films were measured from 450-1400 nm by UV-Vis-NIR spectrophotometer Cary 5000 (Varian Inc.,

Germany) with two detachable Glan Thompson Polarizers (wavelength range: 220-3500 nm).

Zeta potential measurement was performed on a Zetasizer Nano ZS (Malvern Instruments Ltd.,

UK), the CTAB-capped GNRs and PSS-capped GNRs suspensions were diluted to a

concentration of ~0.5 mg/mL with DI water. 1 mL of GNRs suspension in DTS1070 disposable

folded capillary cell was used for the measurements.

ASSOCIATE CONTENT

Supporting Information

The Supporting Information is available free of charge *via* the Internet at http://pubs.acs.org.

Supporting Figures S1-S14, Table S1 and Materials, Methods.

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Notes

The authors declare no competing financial interest.

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Publication 3 (Supporting information)

Structural Colors by Synergistic Birefringence and Surface Plasmon

Resonance

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Materials

Microcrystalline cellulose (MCC), 2,2,6,6-tetramethylpiperidine 1-oxyl (TEMPO), gold (III) chloride trihydrate (HAuCl₄·3H₂O), sodium borohydride (99%), 3-(acrylamido)phenylboronic acid (PBA), L-ascorbic acid (99%), hexadecyltrimethylammonium bromide (CTAB, 99%), methacrylic anhydride, phosphotungstic acid hydrate, 2,4,6-trimethylbenzoyl chloride were all purchased from Sigma-Aldrich (USA). Dopamine hydrochloride, poly(styrene sulfonic acid) sodium salt (PSS, M.W. 70000), sodium hypochlorite solution (11-15%), dimethyl

phenylphosphonite and 2-butanone were provided by Alfa Aesar (USA). Sodium oleate (NaOL, 97%) was supplied by TCI (Japan). Sodium sulfate anhydrous, disodium tetraborate, Acrylamide (Am) were obtained from Merck Millipore (USA). Sodium hydroxide and silver nitrate (AgNO₃) were ordered from VWR (Germany). Sodium bicarbonate was bought from TH Geyer (Germany). Hydrochloric acid (37%) was obtained from AppliChem (Germany). The organic solvents, including tetrahydrofuran (THF), ethyl acetate, n-hexane and acetone were all obtained from TH Geyer (Germany). Dopamine methylacrylate (DMA)¹ and lithium phenyl-2,4,6-trimethylbenzoylphosphinate (LAP)² were synthesized according to previously reported methods. Deionized water utilized throughout all experiments was purified from a Millipore system.

Methods

1. Transmission, reflection and haze measurement

In order to gain information on the optical properties of the samples, transmission, reflection and haze were determined. The first two parameters were measured with the aid of an UV-VIS spectrometer (Lambda 650 from Perkin Elmer), where the considered wavelength range was 300-800 nm and the increment was 5 nm. Transmission was detected at normal incidence of the measuring light beam whereas reflection measurements were carried out at an angle of incidence of 8°. The particular values presented here are the mean values of three single measurements.

The haze as the reflection haze^{3,4} was determined according to the standard ASTM E430^{5,6} using a commercial measurement device (Novo-Gloss 20/60/85 Glossmeter from Rhopoint Instruments). This parameter was detected at five different measuring points with a spacing of approximately 1 mm. The presented data are the mean values obtained by this procedure.

2. Mechanical properties test

A Z3 micro tensile test machine (Thömler GmbH, Germany) equipped with a 50 N load cell was used for uniaxial tensile tests. The crosshead speed is 2.5 mm/min. The nominal tensile

stress and strain were recorded for the calculation of the ultimate tensile strength and elongation at break.

Supporting Figures S1-S14 and Table S1.

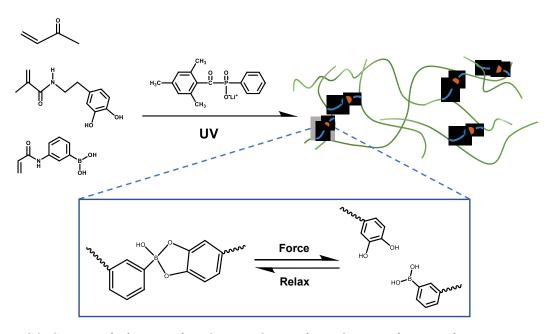


Figure S1. Schematic illustration for the formation of dynamic crosslinked networks in poly(acrylamide) (f-PAm) films.

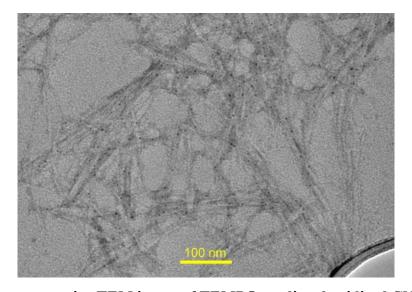


Figure S2. A representative TEM image of TEMPO-mediated oxidized CNCs.

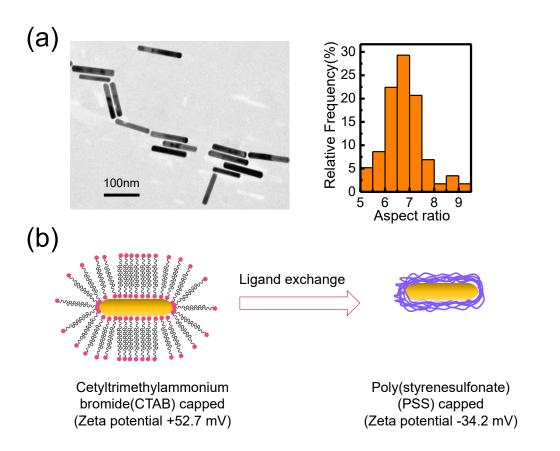


Figure S3. (a) A representative TEM image of CTAB-GNRs and their aspect ratios; (b) Schematic illustration for the ligand exchange of CTAB-GNRs to PSS-GNRs.

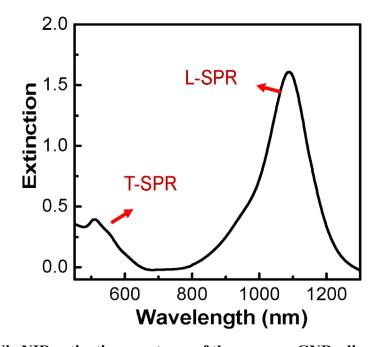


Figure S4. UV-Vis-NIR extinction spectrum of the aqueous GNRs dispersion.

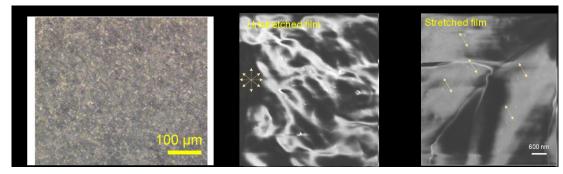


Figure S5. (a) The POM image of hydrogel precursor solutions with pre-mixed CNCs1/GNRs1. (b) SEM images showing the distribution of gold nanorods in unstretched and stretched film at lower magnification. Arrows in the right panel indicate the orientation of GNRs along the stretching direction. the stretching. The images were obtained by directly observing the specimens in SEM. The concentration of GNR in both specimens is 1 wt%.

The SEM images of unstretched and stretched hybrid films with lower magnification are shown in Figure S5. The GNRs in unstretched film are disordered, while they are well aligned in stretched films.

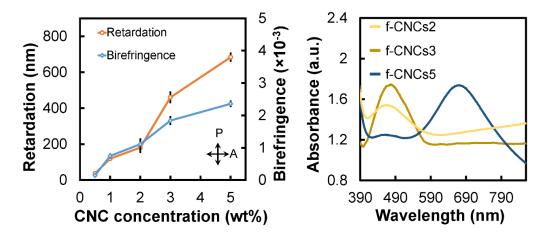


Figure S6. Light retardation and birefringence (left panel) and UV-Vis spectra (right panel) of f-CNCs films with various CNCs concentrations.

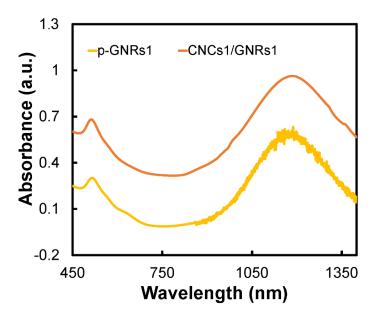


Figure S7. UV-Vis-NIR spectra of f-GNRs1 and CNCs1/GNRs1 composite films.

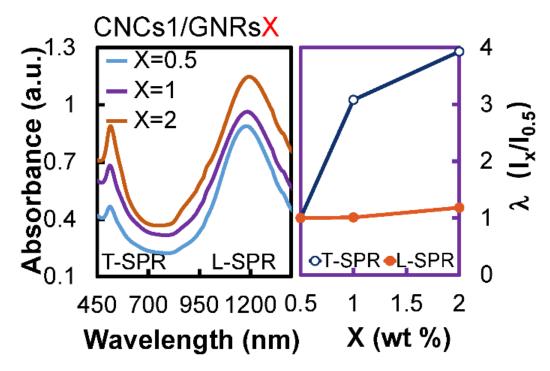


Figure S8. UV-Vis-NIR spectra and the curve integrals of CNCs1/GNRsX hybrid films that were placed 45° against one polarizer. Ix: Intensity of absorption peaks with various GNRs contents X.

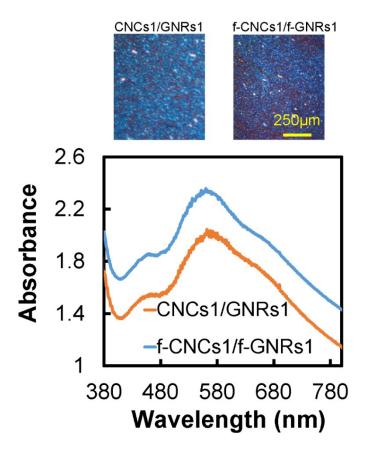


Figure S9. Structural colors and the UV-Vis spectra of CNCs1/GNRs1 hybrid composite film and stacked f-CNCs1/f-GNRs1films.

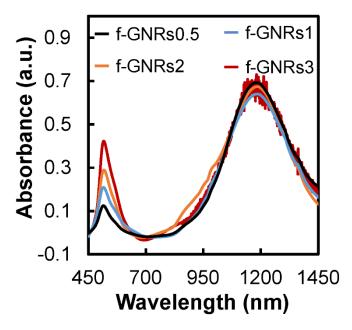


Figure S10. UV-Vis-NIR spectra of various f-GNRs composite films measured with one polarizer.

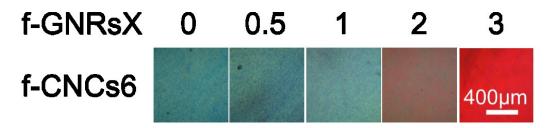


Figure S11. Color evolution of two piled f-CNCs3 films (referred to as f-CNCs6 in Figure) with additional various f-GNRsX films from green to red.

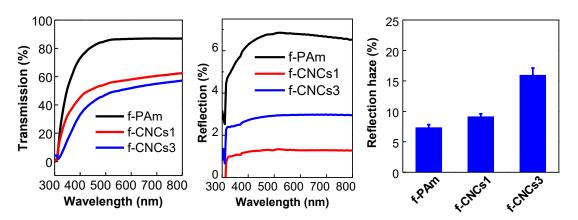


Figure S12. Transmission and reflection curves including reflection haze of representative CNCs films and films without CNCs (f-PAm).

The transmission and reflection of the representative CNCs films (f-CNCs1 and f-CNCs3) and poly(acrylamide) films (f-PAm) to demonstrate optical properties for those films, as shown in Figure S12.

The incorporation of CNCs largely decreased the transmission of films from maximally ~85% to less than 60% compared with f-PAm films. Moreover, the light reflection of CNCs-containing films also significantly reduced from max. 7% to less than 3% compared to f-PAm. On the contrary, the haze values of f-CNCs films are generally higher than f-PAm films with the haze of around 7.3%. The f-CNCs3 reached a haze of 16% and a lower concentration of CNCs in f-CNCs2 resulted in a lower haze of around 9%. These results indicate that the addition of CNCs decreased the light reflection and transmission, and a semi-transparent property due to increasing haze.

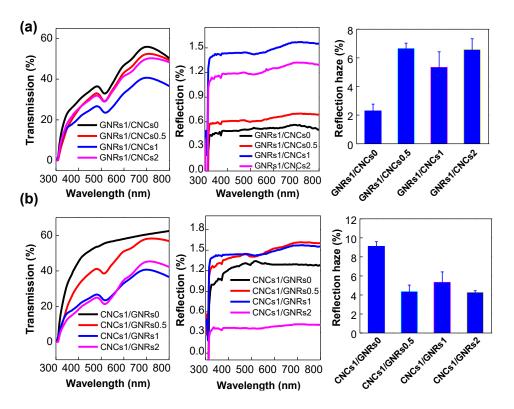


Figure S13. Transmission and reflection curves of CNCs/GNRs hybrid films with (a) increasing contents of CNCs (Y=0-2 wt% in initial hydrogel precursor solutions) or (b) GNRs (X=0-2 wt% in initial hydrogel precursor solutions), respectively.

With the fixed content of GNRs at 1 wt%, and increasing CNCs concentration in hybrid films, the films showed lower transmission (Figure S13a). In accordance, the reflected light increased, but the reflection intensity is generally very low (less than 1.6%). At the same time, CNCs1/GNR0 showed a haze of around 9%, while the addition of GNRs into the films decreased the haze to around 5%.

In a similar manner, at fixed CNCs content of 1 wt%, increasing GNRs contents also decreased the intensity of transmitting light (Figure S13b). In accordance, the reflected light increased, but the reflection intensity is generally highly limited (less than 1.6%). Moreover, GNR1/CNCs0 showed a haze of around 2.4%, while the presence of CNCs in the films increased the haze to 5%-7%.

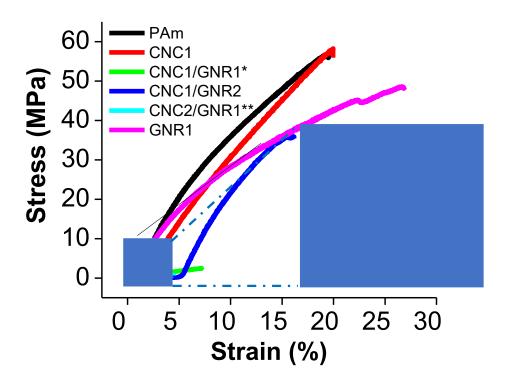


Figure S14. The mechanical properties of various films. (*, ** due to the brittleness of samples and the defect of fixture, these data could be not reliable)

According to the uniaxial tensile tests, the hybrid polymer films (GNR1) have high elastic modulus, which could make up to ca. 0.3 GPa. Compared to pure f-PAm films with the elastic modulus less than 0.2 GPa, the existence of CNC and GNR in hybrid films could enhance the mechanical properties to a certain degree. In addition, the hybrid films became brittle with increasing contents of CNC/GNRs.

Hydrogel					
precursor	AAm(mg)	PBA	DMA	LAP	Nanoparticles content in
(2 mL)		(mg)	(mg)	(mg)	dried film ^a
GNRs 1 wt%	288	9.6	11	10	5.9 wt%
(20 mg)					
CNCs 1 wt%	288	9.6	11	10	5.9 wt%
(20 mg)					

Table S1. Contents of nanoparticles in hydrogel precursors and dried films.

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^a Nanoparticles content in dried films was roughly calculated by the weight ratio of added nanoparticles and the added weight of all the solid components in hydrogel precursors.

Curriculum vitae

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PUBLICATIONS

- YangYang, Xiaojie Wang, Heqin Huang, Shiqiang Cui, Ye Chen, Xiaohui Wang, Kai Zhang. Modular nanocomposite films with tunable physical organization of cellulose nanocrystals for photonic encryption. *Advanced Optical Materials*, 2020, 2000547.
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