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der Medizinischen Fakultät der Universität Göttingen

A combination of repurposed drugs reduces the proliferation and viability of glioblastoma cells

INAUGURAL-DISSERTATION

zur Erlangung des Doktorgrades der Medizinischen Fakultät der Georg-August-Universität zu Göttingen

vorgelegt von

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Moskau, Russland

Göttingen 2020

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Datum der mündlichen Prüfung: 12.10.2021

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Göttingen, den 30.09.2021		
	(Unterschrift)	



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List of Abbreviations

ACNU 3-[(4-amino-2-methylpyrimidin-5-yl)methyl]-1-(2-chloroethyl)-1-

nitrosourea (nimustine)

AML Acute myeloid leukaemia

non-APL AML Non-acute promyelocytic leukaemia acute myeloid leukemia

APL Acute promyelocytic leukaemia

ATRA All-trans-retinoid-acid

BCNU 1,3-bis(2-chloroethyl)-1-nitrosourea (carmustine)

CCNU 1-(2-chloroethyl)-3-cyclohexyl-1-nitrosourea (lomustine)

CIM Cell invasion/migration
CNS Central nervous system
CpG island Cytosine/Guanine island

DAPI 4',6-Diamidino-2-phenylindole

ddH₂O Double distilled water

DIPG Diffuse Intrinsic Pontine Glioma
DKFZ Deutsches Krebsforschungszentrum

DMSO Dimethylsulfoxide

DNA Deoxyribonucleic acid

DSB DNA double-strand breaks

EDTA Ethylenediaminetetraacetic acid

EORTC European Organisation for Research and Treatment of Cancer

FCS Fetal calf serum

FDA Food and Drug Agency
GBM Glioblastoma multiforme

G-CIMP CpG island methylator phenotype

GCS Glioma stem cells

GRM1 Metabotropic glutamate receptor 1
HDACi Histone deacetylase inhibitors
Ki Inhibition constant value
MEM Minimum Essential Medium

MTT 3-(4,5-Dimethylthiazol-2-yl)-2,5-diphenyl tetrazolium-bromide

NAD Nicotinamide adenine dinucleotide NCIC National Cancer Institute of Canada

NEAA Non-essential amino acids

OS Overall survival

PBS Phosphate buffered saline
PFS Progression-free survival
QoL Health-related quality of life

RNA Ribonucleic acid

RT-PCR Reverse transcription polymerase chain reaction

ROS Reactive oxygen species

Rpm Revolutions per minute

SEM Standard error of the mean

TCA Tranylcypromine

TCGA The Tumor Genome Atlas

TMZ Temozolomide VPA Valproic acid

WHO World Health Organisation

Wt Wildtype

Gene/Protein names

SAHA

AR Androgen receptor

AMPA α-Amino-3-hydroxy-5-methyl-4-isoxazolepropionic acid

ATRX Alpha-Thalassemia/mental retardation syndrome, non-deletion type,

Suberoylanilide hydroxamic acid (Vorinostat)

X-linked

2-HG 2-Hydroxyglutarate

AKT RAC-alpha serine/threonine-protein kinase

BRAF B-Raf proto-oncogene

CDKN2A/CDKN2B Cyclin-dependent kinase inhibitor 2A/c Cyclin-dependent kinase

inhibitor 2B

C/EBP2 CAATT/enhancer binding protein

c-myc Cancer Myelocytomatosis transcription factor

Cnx43 Connexin 43

CoRest Corepressor of RE1 silencing transcription factor/neural-restrictive

silencing factor

CtBP C-terminal-binding protein 1

DAXX Death Domain Associated Protein

DNMT DNA methyltransferase

DNMT1 DNA (cytosine-5)-methyltransferase 1
EAAT Excitatory amino acid transporter
EGFR Epidermal growth factor receptor
ELL RNA polymerase II elongation factor

ER Estrogen receptor

GABA Gamma-aminobutyric acid GLUT3 Glucose transporter 3

GSK3 Glycogen Synthase-Kinase 3

H3.3 Histone 3.3

HDAC Histone deacetylase
HIF Hypoxia-induced factor

HMBS Hydroxymethylbilane synthase

HPRT1 Hypoxanthine Phosphoribosyltransferase 1

IDH1/2 Isocitrate Dehydrogenase ½
iGluR Ionotropic glutamate receptor

JmjC Jumonji C

LSD1/2 Lysine-specific demethylase ½

MAO Monoamine oxidase

MAPK Mitogen-activated protein kinase mGluR Metabotropic glutamate receptor

MGMT O-6-Methylguanine-DNA Methyltransferase

MLL Myeloid/lymphoid leukemia or mixed lineage leukemia gene

mTOR Mammalian Target of Rapamycin
MYPT1 Myosin phosphatase target subunit 1

NuRD Nucleosome Remodeling and Deacetylase Complex

p21 Protein 21 p27 Protein 27

PD-L1 Programmed death-ligand 1 PI3K Phosphoinositol-3 Kinase

PTEN Phosphatase and tensin homolog RARa Retinoic acid receptor alpha RB pathway Retinoblastoma pathway

RTK pathway Receptor tyrosine kinase pathway

SIRT Sirtuin

TERT Telomerase reverse transcriptase

TF Tissue factor

TFPI2 Tissue factor pathway inhibitor 2
TGFbR1 Tissue growth factor b receptor 1

TP53 Tumour protein 53

Wnt Wingless-related integration site

1 Introduction

1.1 Glioblastoma multiforme (GBM): definition and epidemiology

Brain tumours make up 2 % of all cancers in adults (Stewart et al. 2014). The most aggressive form of the glial brain tumour – glioblastoma multiforme (GBM) – accounts for about 15 % all intracranial neoplasms and 45-50 % of all malignant brain tumours. The annual incidence is about three to four cases per 100,000 in the Caucasian population (Louis et al. 2016). Despite improvements in surgical and medical treatments, glioblastoma remains a tumour with a very poor prognosis – the mean overall survival (OS) is 14.6 months and the two-year survival rate is 30 % (http://www.abta.org/brain-tumor-information/types-of-tumors/glioblastoma.html; accessed on 29.08.2016).

1.2 GBM and hallmarks of cancer

Glioblastoma multiforme is characterised by having 'hallmarks of cancer', a term introduced by Hanahan and Weinberg in 2011 (resisting cell death, sustaining proliferative signalling, evading growth suppressors, enabling replicative immortality, inducing angiogenesis and activating invasion and metastasis).

GBM is characterised by high resistance to cell death. There are three different types of cell death: apoptosis, autophagy and necrosis. Apoptosis is a highly regulated 'programmed' cell death. Autophagy is activated as a response to environmental stress and nutrient depletion. As a result, a tumour can use the produced energy, which further promotes its growth and invasion. Cell death by necrosis results in autolysis, which promotes inflammation, activation of the immune system and therefore protumour environment and cancer progression. GBM, to a large extent, is resistant to cell death by apoptosis due to impairment of the *Tumour protein* 53 (TP53) or Retinoblastoma (RB) genes, but it is more prone to death by necrosis or autophagy (Lefranc and Kiss 2006; Jiang et al. 2009, Degenhardt et al. 2006, Nørøxe et al. 2017). Drugs like temozolomide (TMZ), a chemotherapeutic used for GBM, induce death by autophagy (Kanzawa et al. 2004).

Glioblastoma is also characterised by sustained proliferative signalling. Normal cell growth depends on signalling of a tightly regulated cell cycle, which allows regulation of proliferation and maintenance of tissue homeostasis. These processes are disrupted in cancers, and cancer cells develop mechanisms to sustain a proliferative signature by the aberration in their gene

signatures. Glioblastoma cells can show activation of oncogenes PI3K, RAS and EGFR, or inactivation of tumour suppressor genes like TP53, RB, Phosphatase and tensin homolog (PTEN) and Mammalian target of Rapamycin (mTOR).

Another cancer hallmark seen in GBM is cell invasiveness. The tumour spreads by local invasion; distant metastases are not typical for GBM (Johansen et al. 2016). One of the reasons for the loss of adherence between GBM cells is the downregulation of Cx43. This promotes the production of extracellular matrix-degrading enzymes by protumoural immune cells, which again reduces the adherence of GBM cells (Sin et al. 2012).

The epithelial-mesenchymal transition (EMT), characterised by the transformation of epithelial cells into motile mesenchymal cells, is another feature responsible for GBM progression (reviewed in Iser et al. 2017). The epithelial-mesenchymal transition implies changes in gene expression as well as non-transcriptional alterations. One of the genes involved in the EMT is tissue factor pathway inhibitor 2 (TFPI2). The gene product TFPI2 is a protease which inhibits circulating factor Xa and the tissue factor (TF) induced tenase complex. This protein can also inhibit other proteins involved in haemostasis and neoangiogenesis, such as TF/VIIa complex, factor XIa, plasmin, matrix metalloproteases (MMPs), trypsin, chymotrypsin and plasma kallikrein (Wojtukiewicz et al. 2003).

Tissue factor protease inhibitor 2 is expressed in various normal tissue types. The protein is mainly produced by endothelial cells of small blood vessels. It is involved in extracellular matrix remodelling, cellular invasion and angiogenesis during cancer progression (Wojtukiewicz et al. 2003; Gessler et al. 2011). Tissue factor protease inhibitor 2 potentially serves as a negative regulator of cancer development. Tissue factor protease inhibitor 2 expression decreases from higher to lower stages of different cancers (Zhang et al. 2012). Multiple studies have suggested that TFPI2 is downregulated during glioma progression, whereas TFPI2 overexpression can induce apoptosis in glioma cells (Tasiou et al. 2001; George et al. 2007).

1.3 Genetic and molecular characteristics of GBM

Whole-genome sequencing studies of the last decade have allowed a precise characterisation of GBM molecular heterogeneity (Brennan et al. 2013). The pathomorphological classification of brain tumours is defined by the WHO Classification of tumours of the central nervous system (CNS) (Louis et al. 2016). Glioblastoma is characterised by aggressive infiltrating growth, nuclear atypia, cellular pleomorphism, high rates of mitotic activity,

vascular thrombosis, microvascular proliferation and necrosis. Two major molecular tumour types are distinguished according to the somatic mutation in the isocitrate dehydrogenase (*IDH1*) gene: *IDH1/2 wildtype* glioblastoma and *IDH1/2 mutant* glioblastoma (Louis et al. 2016). Mutant *IDH1/2* is an oncogene that catalyses the reduction of α -ketoglutarate to 2-hydroxyglutarate (2-HG). The accumulation of 2-HG then interacts with hypoxia-induced pathways and leads to an increase in the levels of reactive oxygen species (ROS) and a prooncogenic effect in cells (reviewed in Kloosterhof et al. 2011).

The tumour entities also differ in their epidemiology, prognosis and molecular features. Glioblastoma with wild-type IDH1/2 gene is seen in 90 % of patients and IDH1/2 mutant GBM in only ca. 10 % of cases. IDH1/2 wild-type GBM corresponds to a primary (de novo) tumour with a short clinical history (Louis et al. 2016). Glioblastoma with the IDH1/2 gene mutation is considered to be a secondary tumour which arises from a lower grade precursor lesion (Lai et al. 2011). Patients with IDH1/2 mutant GBM have a better prognosis, with overall survival (OS) of 31 months (Louis et al. 2016).

The most frequently altered tumour-driving pathways in GBM are *RB*, *TP53*, and receptor tyrosine kinase (RTK) signalling (Brennan et al. 2013). The Tumour Genome Atlas (TCGA) project has recently defined molecular subtypes of GBM as classical, neural, proneural and mesenchymal, each with specific gene expression signatures (Verhaak et al. 2010). Gene expression patterns in different molecular subtypes of glioblastoma correlate with the markers of various cell types (oligodendrocytes, astrocytes and neurons) in the CNS and could possibly define their genetic origin. However, various studies show the coexistence of diverse cell populations with individual expressional profiles and oncogenic driver pathways in the same tumour, as well as molecular shifts in primary and recurrent cancer. This tumour heterogeneity contributes to the high level of therapy resistance (Meyer et al. 2015).

1.3.1 Epigenetics in GBM

Epigenetic modifications are alterations to the deoxyribonucleic acid (DNA) and chromatin structure which control transcriptional accessibility and widely regulate gene expression. Epigenetics plays an important role in GBM pathogenesis (reviewed in Clarke et al. 2013), as GBM tumours show aberrant patterns of gene promoter methylation and chromatin state (Martinez and Esteller 2010). Epigenetic mechanisms are also important for the reprogramming of the tumour-initiating stem cells (Suvà et al. 2014a), and therapy resistance is regulated at the epigenetic level. The best-known resistance mechanism is attributed to the activity of O-6-methylguanine-DNA methyltransferase (MGMT) in tumour cells. This gene

codes for a suicide repair protein that removes alkyl groups from the O6 position of guanine following their induction by the chemotherapy with alkylating agents. Patients with a methylated MGMT promoter, when treated with standard radiochemotherapy with temozolomide (TMZ), show better survival when compared with patients with an unmethylated promoter (Stupp et al. 2009). Chemotherapy-sensitive and chemotherapy-resistant cells show different patterns of histone modifications (Costello et al. 1994).

Glioblastoma shows aberrations at the level of histone-modifying enzymes. These proteins control gene expression by regulating the condensation of chromatin and the access of nuclear proteins to their target genes. Different mechanisms exist for histone modifications, including acetylation, methylation, phosphorylation and ubiquitination (reviewed in Maleszewska and Kaminska 2013). Histone acetylation is important for the relaxation of chromatin, which occurs by the addition of negatively charged lysine residues that disrupt the electrostatic affinity between histones and DNA, leading to chromatin re-condensation and increased gene expression. This process is modified by histone acetyltransferases and histone deacetylases. The histone deacetylase (HDAC) protein family consists of 18 enzymes assigned to four classes: (zinc (Zn)- and iron (Fe)-dependent class I (HDAC 1, 2, 3, 8), IIa (HDAC 4, 5, 7, 9), IIb (HDAC 6, 10) and IV (HDAC11), and the nicotinamide adenine dinucleotide (NAD)-dependent class III (sirtuin 1-8 (SIRT 1-8)) (reviewed in Khan and La Thangue 2012).

Enzymes of the HDAC family play a complex role in cancer initiation and progression. The inhibition of HDAC has a wide range of effects on cellular and tissue processes, including the cell cycle, apoptosis, autophagy, cell differentiation, angiogenesis and immune responses (reviewed in Eckschlager et al. 2017). The members of the HDAC family show aberrant expression patterns in GBM and affect patient prognosis (Lucio-Eterovic et al. 2008; Yang et al. 2015). Histone deacetylases seem to play a role in the development of therapy resistance (Zhang Z et al. 2016), whereas treatment with HDAC inhibitors can promote sensitivity to chemotherapy with alkylating drugs (reviewed in Eckschlager et al. 2017).

Another important group of enzymes in cancer development are histone demethylases. Histone methylation takes place on lysine residues, which can be mono-, di- and trimethylated. The reaction is performed by lysine methyltransferases and lysine demethylases. It can be distinguished between flavin adenine dinucleotide (FAD)-dependent amine oxidase type demethylases and Jumonji C (JmjC)-domain demethylases (reviewed in Rotili and Mai 2011).

Lysine-specific demethylase 1 (LSD1) is a FAD-dependent amine oxidase. It is the first explored histone demethylase, and it plays a significant role in various cancers (reviewed in Zheng et al. 2015). This protein is overexpressed in GBM tissue and its expression increases during GBM tumour progression (Yi et al. 2016). This enzyme specifically demethylates mono- and di-methylated lysines. Its function is highly dependent on its interaction partners, which are involved in a great number of processes such as cell growth, differentiation, survival, energy metabolism, EMT and apoptosis. Lysine-specific demethylase 1 is a member of chromatin remodelling and transcription complexes, such as the corepressor of RE1 silencing transcription factor/neural-restrictive silencing factor (CoRest) (Lee et al. 2005) or the nucleosome remodelling and deacetylase complex (NuRD) (Wang et al. 2009), and it is recruited by transcription factors and nuclear receptors, such as the retinoic acid receptor (RAR) (Schenk et al. 2012a), androgen receptor (AR) (Metzger et al. 2005a) or cancer myelocytomatosis transcription factor (c-myc) (Amente et al. 2010). The majority of transcriptional complexes are largely considered repressive, but the cooperation of LSD1 with AR activates gene transcription (Metzger et al. 2005b). Moreover, the non-histone protein p53 is a substrate for LSD1 (reviewed in Zheng et al. 2015).

Lysine-specific demethylase 1 is important for differentiation processes and the maintenance of pluripotency. This enzyme demethylates histones at the promoters of stemness genes and controls their expression (Adamo et al. 2011). Lysine-specific demethylase 1 regulates neuronal cell development and represses the expression of neuronal genes (Ballas et al. 2005). This same enzyme is also involved in the EMT (Phillips et al. 2014). Lysine-specific demethylase 1 participates in the wingless-related integration site (Wnt) pathway and regulates metastasis-associated gene expression (Wang et al. 2009; Song et al. 2015).

1.3.2 Role of glutamate signalling

Dysregulated glutamate signalling is an important feature of different malignancies, including GBM (reviewed in Willard and Koochekpour 2013). Different tumours show aberrant expressions of ionotropic and metabotropic glutamate receptors (iGluR and mGluR) as well as somatic mutations in these genes, which had tumour-driving capacity in in vivo studies (reviewed in de Groot and Sontheimer 2011). Abnormal intratumoral glutamate release has a pro-epileptogenic effect and produces toxic effects on surrounding brain tissue, thereby supporting the invasion of tumour cells. This imbalance could be explained by impaired glutamate uptake (Ye and Sontheimer 1999) due to the overexpression of the metabotropic glutamate receptor (mGluR) (reviewed in Brocke et al. 2010), by a decreased expression,

delocalisation or dysfunction of glutamate transporters (excitatory amino acid transporters, EAAT) and by increased levels of the glutamate/cysteine exchange transporter x_c^- (reviewed in de Groot and Sontheimer 2011).

Excessive glutamate signalling is associated with chemotherapy resistance and promotes tumour cell survival and proliferation. Possible mechanisms are the overactivation of PI3K/PTEN/RAC-alpha serine/threonine-protein kinase (AKT) and mitogen-activated protein (MAPK) signalling pathways, as well PTEN-mediated disinhibition of the oncogene nuclear factor kappa-light-chain-enhancer of activated B cells (NF-κB) (reviewed in Willard and Koochekpour 2013). Glutamate-induced activation of α-amino-3-hydroxy-5-methyl-4-isoxazole propionic acid (AMPA) receptors promotes detachment from the extracellular matrix and invasion (de Groot and Sontheimer 2011). The multiple effects of glutamate on glioma progression make it a prospective target for anticancer therapy.

1.4 Standard treatment of GBM

1.4.1 Treatment possibilities for a newly diagnosed GBM

An important part of the treatment of newly diagnosed GBM is surgical resection. In case of an unresectable tumour, a diagnostic biopsy is carried out. The operation is routinely followed by adjuvant-combined radiochemotherapy for 6 weeks and a subsequent six cycles (5/28 days regime) of maintenance chemotherapy with TMZ. This treatment scheme is based on a large multicentre randomised trial (NCT00006353) conducted by the European Organisation for Research and Treatment of Cancer (EORTC) and the National Cancer Institute of Canada (NCIC). The combination treatment increases the overall survival for 2.5 months and progression-free survival (PFS) for 1.9 months compared to adjuvant radiotherapy alone (Stupp et al. 2009).

The recent CeTeG/NOA-09 Phase III trial compared a lomustine/TMZ combination therapy vs. the standard treatment in 141 patients (newly diagnosed GBM with MGMT promoter methylation). This trial showed an improved OS in the intervention arm (48.1 vs. 31.4 months) and acceptable toxicity of the treatment, indicating that the combination treatment might be better in patients with MGMT promoter methylation. However, the small trial size could be a limiting factor for the interpretation of its results (Herrlinger et al. 2019).

The implantation of carmustine (BCNU)-loaded polymers (Gliadel wafers) is an additional local treatment possibility for GBM, with a survival advantage (13.9 months vs. 11.6 months) confirmed in Phase III controlled randomised trial (Hart et al. 2011).

Another FDA-approved treatment for newly diagnosed GBM is tumour-treating fields (TTF), which target mitoses of tumour cells by low-intensity intermediate-frequency alternating electric fields. A randomised controlled EF-14 trial showed an increase in progression-free survival of three months (7.1 months vs. 4 months) and overall survival of 4.9 months (20.5 months vs. 15.6 months) compared to standard radiochemotherapy (Stupp et al. 2015).

1.4.2 Treatment at recurrence

In cases of recurrence, no standard therapy is defined. Reoperation and radiotherapy remain therapeutic possibilities (reviewed in Seystahl et al. 2016). One of the treatment modalities is TMZ re-challenge. Temozolomide was approved for the treatment of recurrent GBM after a phase II trial, where the standard 5/28 150–200 mg/m² schedule was superior to procarbazine with a six-month PFS of 21 % vs 8 % (Yung et al. 2000). Different TMZ regimens were studied, with the most common being low-dose metronomic TMZ (40–50 mg/m² daily), 1-week-on/1-week-off (75-100 mg/m²) and 3-weeks-on/1-week-off (150 mg/m²) (reviewed in Seystahl et al. 2016).

Nitrosoureas, such as carmustine (BCNU), lomustine (CCNU), nimustine (ACNU) and fotemustine, are classical DNA-alkylating drugs often used as treatment alternatives for recurrent GBM. Phase II and III trials showed a maximum PFS of six months and OS of 11 months for monotherapy with nitrosourea agents. The effect seems to depend on the MGMT methylation status, but a combination of high-dose therapy is limited due to the high rate of hematologic toxicity (reviewed in Seystahl et al. 2016).

Bevacizumab was tested either as monotherapy (PFS 3.3–4.6 months, OS 7.75–10 months) or in combination with other substances (PFS 2–6.4 months, OS 3.75–11.2 months) (reviewed in Diaz et al. 2017). However, due to disappointing results of the RTOG 0825 and AVAglio studies, which failed to show a significant effect on the OS, bevacizumab is no longer recommended for the treatment of recurrent GBM (Khasraw et al. 2014). The recent GLARIUS trial, a randomised study for combination treatment with bevacizumab and irinotecan, showed improved PFS but no difference in OS when compared to TMZ treatment (Herrlinger et al. 2016).

Various Phase I/II trials have approached the use of target molecular therapies, for example, targeting EFGRvIII, PI3K/AKT/mammalian target of rapamycin (mTOR) pathway, the B-Raf proto-oncogene (BRAF), the MET proto-oncogene or integrins, but these trials either

showed no benefit for the survival of patients with relapsed tumours or the evidence was limited to case reports. MET inhibitors showed a moderate effect in selected patients. Several agents, such as the proteasome inhibitor marizomib, are currently undergoing clinical trials (Mooney et al. 2019; reviewed in Rhun et al. 2019). An emerging treatment modality is an immune therapy. However, randomised studies for programmed death-ligand 1 (PD-L1) inhibitors, which were successful in various tumour types, such as lung cancer or melanoma, showed only limited effects in GBM (Lynes et al. 2018).

1.5 Drug combinations and drug repurposing in GBM treatment

The molecular complexity of the GBM tumour and its high level of therapy resistance creates a demand for the development of novel treatment approaches against this deadly disease. An evolving approach for facing challenges in cancer treatment, and therefore for GBM treatment as well, is drug repurposing. This strategy uses well-known mechanisms of older drugs for new therapeutic indications. Here, we concentrated on combining the drugs influencing epigenetic mechanisms and glutamate signalling to target different oncogenic pathways in GBM.

The treatment with histone deacetylase inhibitors (HDACi) shows a selective cytotoxic effect on malignant cells (Bolden et al. 2013). Histone deacetylase inhibitors are a superfamily of epigenetic enzymes divided into several classes based on their chemical structure and targeted HDAC. Therefore, pan-HDACi, which inhibits several HDACs from Classes I, II, IV, can be distinguished from selective HDACi, which specifically target different HDACs or HDAC classes (reviewed in Micelli and Rastelli 2015). Ongoing clinical trials are examining the use of HDAC inhibitors in cancer, and vorinostat (2006), romidepsin (2009) and belinostat (2014) were approved by FDA for the treatment of cutaneous T-cell lymphoma, and panobinostat (2015) was licensed by the FDA as therapy for multiple myeloma (reviewed in Suraweera et al. 2018; reviewed in Zhang et al. 2019). Histone deacetylase inhibitors have been effective in treating hematologic malignancies, but the success of monotherapies in solid tumours is still relatively modest due to various resistance mechanisms, including treatment-induced chromatin and epigenetic alterations. However, in combination treatment with radiotherapy, various chemotherapeutic agents (platinum-based chemotherapy, topoisomerase inhibitors) were found effective. Emerging trials are now evaluating combination treatments of HDACi and proteasome inhibitors, immune-modulating therapy and other epigenetic modifiers (reviewed in Suraweera et al. 2018).

Valproic acid is a classic first-generation antiepileptic drug for the treatment of generalised and focal epilepsy, manic disorder, therapy-refractory depression or neuropathic pain (reviewed in Methaneethorn 2018). The drug has a wide, and not completely understood, spectrum of actions, including the regulation of gamma-aminobutyric acid (GABA) turnover and interaction with voltage-gated sodium channels (reviewed in Rogawski et al. 2016). Valproic acid is applied in the treatment of brain tumour-associated epileptic seizures (Perucca 2013, S. 201). Various studies show that VPA is an unspecific inhibitor of HDAC class I and IIa (Thotala et al. 2015). The antineoplastic effect of VPA used as an antiepileptic agent in patients with malignant gliomas has been widely discussed. Several prospective and retrospective clinical studies have shown a beneficial effect of the treatment with VPA on the OS of GBM patients (Weller et al. 2011).

Tranylcypromine is a classical antidepressant used as a second-line treatment option for therapy-refractive major depression or in cases of intolerance towards a first-line medication (www.fachinfo.de, accessed on 09.12.2019). The pharmacologic mechanism is irreversible inhibition of monoamine oxidases (MAO) and the upregulation of extra- and intracellular biogenic amines (serotonin, noradrenaline, dopamine) (https://www.drugbank.ca/drugs/DB00752, accessed on 09.12.2019). As part of the same amino oxidase family, LSD1 shares structural similarities with monoamine oxidases (MAO) A and B and can inhibit the histone demethylase LSD1 (reviewed in Hoffmann et al. 2012). Tranylcypromine was shown to have *in vivo* and *in vitro* effects on different cancers (Lee et al. 2013; Mould et al. 2015). Phase I/II clinical trials have evaluated the effect of tranylcypromine in combination with all-trans-retinoid-acid (ATRA) for the treatment of refractory non-acute promyelocytic leukaemia acute myeloid leukaemia (non-APL AML). Further LSD1 inhibitors are being studied in trials for various hematologic malignancies, small lung cell cancer and some neurologic diseases (reviewed in Fang et al. 2019).

One factor that contributes to the aggressive proliferative behaviour of GBM is abnormal glutamate release. Riluzole is routinely used for the treatment of amyotrophic lateral sclerosis (AML). This drug reduces the release of glutamate and glutamate-induced toxicity in brain tissue. The possible mechanisms imply the induction of glutamate transporter expression (Dall'Igna et al. 2013), as well as direct interaction with the metabotropic glutamate receptor 1 (GRM1) (reviewed in Yu et al. 2016). The treatment of cancer cells with riluzole results in growth arrest and increases in oxidative stress, DNA damage and apoptosis (reviewed in Yu et al. 2016). Recent studies have shown an effect of riluzole on several types of cancer, including breast cancer (Speyer et al. 2012), melanoma (Wen et al. 2014) and glioma (Zhang

et al. 2015). A phase I trial of riluzole in unresectable Stage III and IV melanoma showed that 26 % of patients had stable disease, but this, unfortunately, was not confirmed in a Phase II trial. Combination approaches with, for example, riluzole and tyrosine-kinase inhibitors, are currently being explored in clinical trials (reviewed in Willard and Koochekpour 2013).

1.6 Aim of the work

Glioblastoma multiforme shows high rates of recurrence despite maximal treatment with surgery and concomitant radiochemotherapy. Treatment that combines two or more therapeutic agents is a keystone of the therapy of many cancers. A strategy to simultaneously target core pathways together as well as epigenetic modifications could potentially help to overcome GBM tumour heterogeneity and prevent the development of therapy resistance. We checked the therapeutic potential of VPA, TCA and riluzole by analysing and comparing the effect of each as a single treatment versus their different combinations. The use of drug combinations targeting different pathways (histone regulation, DNA methylation, PI3K/AKT/mTOR pathway, glutamate signalling) could possibly boost the effect of the drugs and target different cell populations that exhibit different molecular properties. For example, VPA and TCA targeting HDAC class I/II and LSD1 could cooperate with protein complexes, transcription factors and nuclear receptors involved in stemness and differentiation (c-myc, NuRD, CoRest, RARa, b-catenin, etc.). Further interaction of riluzole with PI3K/AKT/mTOR pathway, which is known to be over-activated in stem cells, could then potentially lead to the induction of tumour cell differentiation and apoptosis.

In the present study, these drugs were also combined with standard temozolomide chemotherapy or radiation therapy and compared to the single standard treatment. All experiments were performed *in vitro* using an established U87MG GBM cell culture. We first tested cell viability with the MTT assay and the effect on proliferation with Ki67 immunohistochemistry. We also used reverse transcription polymerase chain reaction (RT-PCR) to test the effect of single drugs and drug combinations on the expression of a known tumour suppressor gene – *TFP12*. Finally, the GBM cell invasiveness was tested using the xCELLigence system.

2 Materials and Methods

2.1 Materials

Table 1 lists all chemicals and instruments used in the experiments performed in the laboratory of the neurosurgery clinics.

Table 1 Materials.

Tranylcypromine hydrochloride xCELLigence system with 16-well plate CIM-Plate 16 Matrigel TM , protein mixture resembling extracellular matrix proteins in cell culture PCR thermocycler: The Professional Basic Thermocycler CFX384 Touch TM Real-Time PCR Detection System Spectrophotometric absorption reader Syringes and 23 G, and 27 G needles Braun/Frankfurt am Main, Germany Eppendorf BioPhotometer plus TM Eppendorf Centrifuge 5424 Hettich Rotixa/RP Centrifuge CGl culture flasks, 75 cm² CO2 Incubator, model C200 Refrigerator Liebherr Profiline Refrigerator Oko Super Amicon Microcentrifuge Amicon Microcentrifuge Amicon Microcentrifuge Amicon Microcentrifuge Amicon Microcentrifuge Amicon Microcentrifuge Acetone Chloroform HCI 37% Temozolomide NuAire -85 Ultra-low Temperature Freezer Aqua Polymount, mounting medium for mounting microscopic sections miRNeasy mini kit (217004), kit for miRNA isolation QIAzol Lysis Reagent ACEA Bioscciences Inc./San Diego, ACEA Bioscciences Inc	Materials and chemicals	Sources	
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isolation QIAGEN/ Venlo, Netherlands			
QIAzol Lysis Reagent	\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	QIAGEN/Venlo, Netherlands	
	QIAzol Lysis Reagent		

Materials and chemicals	Sources	
Isopropanol	Roth/Karlsruhe, Germany	
Reagent and centrifuge tubes	Sarstedt/Nümbrecht, Germany	
Pipette tips		
Cell culture scrapers		
Eppendorf tubes		
RS225A X-Ray Research System	Siemens/Munich, Germany	
Valproic acid sodium salt	Sigma-Aldrich/St. Louis, Missouri, USA	
Triton X-100 (4-(1,1,3,3-		
Tetramethylbutyl)phenyl-polyethylene glycol,		
t-Octylphenoxypolyethoxyethanol,		
Polyethylene glycol tert-octylphenyl ether) 5		
ml		
Trypan blue (0.4%)		
Phosphate buffered saline (PBS)		
3-(4,5-dimethylthiazol-2-yl)-2.5-diphenyl		
tetrazolium-bromide (MTT)		
4',6-diamidino-2-phenylindol (DAPI)		
Systec Autoclave 3150 EL	Systec GmbH/Linden, Germany	
Biosafety Cabinet SterilGARD III Advance	The Baker company/Sanford, Maine, USA	
Biosafety Cabinet SteriGARD Class II, Type A/B3		
CO ₂ Incubator Forms Series	ThermoFisher Scientific/Waltham, Massachusetts, USA	
Heraeus fresco 21 refrigerated centrifuge MEM 500 ml		
FBS inactivated		
Sodium pyruvate		
NEAA		
Sodium bicarbonate		
Object slides (SuperFrost Plus)		
Trypsin-EDTA (0.04%)		
Statistica (statistical analysis software package)	TIBCO Software Inc.	
Riluzole hydrochloride	Tocris bioscience/Bristol, United Kingdom	
Normal horse serum	VECTOR Lab/Burlingame, CA, USA	
Primovert Inverted Routine Microscope	ZEISS/Oberkochen, Germany	
Anti-Ki67 (mouse monoclonal, DAKO, M7240, 1:50 in 1% normal horse serum)	DAKO GmbH, Jena, Germany	
Anti-mouse antibody from donkey labelled with Alexa 488 Fluor (1:500 in 1% normal horse serum)	Life technologies/Carlsbad, USA	

Materials and chemicals	Sources
TFPI2 primer	Primers (Sigma Aldrich/Darmstadt,
fw: GTCGATTCTGCTGCTTTTCC,	Germany)
rv: CAGCTCTGCGTGTACCTGTC	Germany)
HMBS primer	
fw: CGCATCTGGAGTTCAGGAGTA,	
rv: CCAGGATGATGGCACTGA	
HPRT1 primer	
fw: TGACCTTGATTTATTTTGCATACC,	
rv: CGAGCAAGACGTTCAGTCCT	

2.2 Methods

2.2.1 Cell cultures

Valproic acid, TCA and Riluzole were dissolved in double-distilled water. Temozolomide was dissolved in dimethylsulfoxide (DMSO).

GBM U87MG cells were used for the *in vitro* studies. The U87MG cell line was a kind gift from Julia Bode (Molecular Mechanisms of Tumour Invasion, Schaller research group, at the University of Heidelberg and DKFZ).

The cells were cultivated in minimal essential medium (MEM) in 75 cm² flasks at 37°C in a humidified atmosphere of 5 % CO₂. The cells were maintained until they reached the appropriate density (up to 75 % confluence). Further culture or cell seeding for the experiments was conducted by removing the medium and washing the cells with 10 ml 37°C warm phosphate-buffered saline (PBS). The cells were then incubated with 7 ml trypsin (0.04%) for 3-4 min. After complete dissociation of the cells, 21 ml of medium containing foetal bovine serum (FBS) was added to inactivate the trypsin. The suspension was collected and centrifuged at 200g for 5 min. The supernatant was removed, and the pellet was resuspended in 10 ml fresh FBS-containing medium. Cell suspension (20 μ l) was mixed with 20 μ l of trypan blue and counted in the Neubauer haemocytometer chamber. Trypan blue enters cells that have damaged cell membranes but are excluded from intact cells; this allows differentiation between living and dead cells. The total number of living cells was calculated as follows: cell number in 8 chambers square/8 × 2 (trypan blue dilution factor) × 10 (10 ml cell suspension) × 10000 (factor from 0.1 μ l to 1 ml). The number of cells was used to prepare an appropriate dilution of the cell suspension.

2.2.2 Cell viability assay

The viability of cells under treatment was assessed by the metabolic conversion of 3-(4.5-dimethylthiazol-2-yl)-2.5-diphenyl tetrazolium-bromide (MTT) to a water-insoluble purple formazan dye. Schematic representation of the viability assay is shown in Figure 1. The cells were seeded into 96-well-plates at a final concentration of 15×10^3 cells/well. The cells were incubated for 24 h to allow attachment to the well surface. After medium removal, the cells were washed once with 37°C PBS. Fresh medium was added, and the cells were treated with different concentrations of drugs diluted in 100 µl of FBS-free medium. We tested the following drug concentrations: VPA 2 mM, 5 mM, 10 mM; TCA 250 μM, 500 μM, 1000 μM; riluzole 25 μM, 50 μM, 75 μM; and TMZ 200 μM as well as their combinations. We used a medium containing double distilled water (ddH₂O) or DMSO as a control treatment. On subsequent days, 10 µl of appropriate 10× drug solution was added to each well. The treatment was repeated every day for 72 h. After 72 h, MTT was added and incubated for a further 4 h at 37°C. A 100 µl volume of solubilisation solution (10 % Triton-X 100 in acidic isopropanol [0.1N HCl]) was added to each well to dissolve the formazan crystals. Sample absorbances were measured with a spectrophotometer (Bio-TEK, Winooski, USA) at 562 nm.

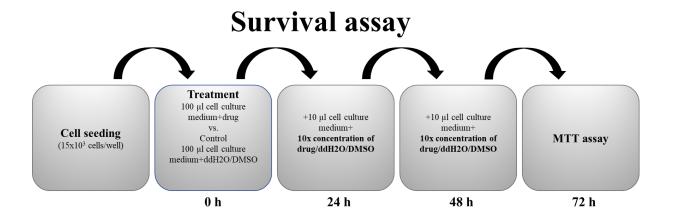


Figure 1. Schematic representation of the survival assay.

For a combined treatment with irradiation and drug application (mimicking the typical radiochemotherapy treatment), the cells were pretreated with drugs/combinations as above for 24 h and then irradiated at 5 Gy and 10 Gy with a Siemens RS225A X-Ray Research System (Figure 2). A control 96-well plate was not irradiated. After irradiation, the cell cultures were treated for a further 48 h with appropriate drug solutions. After 72 h, the MTT assay was performed as described above in Section 2.2.2.

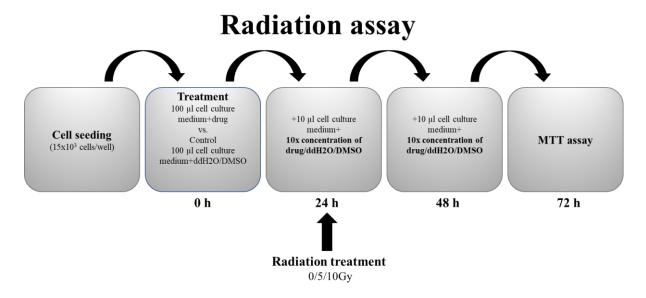


Figure 2. Schematic representation of the in vitro chemoradiation assay

2.2.3 Proliferation assay

Cell proliferation was analysed by Ki67 immunohistochemical staining. Ki67 is a protein marker for cell division. This protein can be found in the cell nucleus, and it is localised on the surface of the chromosomes during mitosis (reviewed in Scholzen and Gerdes 2000).

The cells were seeded in three replicates at 1.2×10^5 cells/well in 24-well plates containing poly-D-lysine-coated glass coverslips. The cells were incubated for 24 h to allow attachment to the coverslips. The medium was removed, the cells were washed once with 37°C PBS and then 500 μ l of FBS-free medium containing drug combination was added. After 24 h cultivation, the cells were fixed with acetone for 20 min at -20°C.

2.2.4 Immunohistochemical staining

After fixation, the coverslips were blocked with 10 % horse serum for 20 min, incubated with anti-Ki67 primary antibody (1:50) overnight at 4°C and visualised with Alexa 488 Fluor donkey anti-mouse secondary antibody (1:500). Nuclei were counterstained with DAPI. The coverslips were dried at room temperature and mounted with Aqua polymounting medium. Slides were examined with a ZEISS Axiovert 200 fluorescence microscope. Ki-67 positive cells were counted at 20× resolution. Quantification was performed using Neurolucida software (MBF Bioscience). For each treatment, at least five random microscopy fields were quantified. Each treatment was repeated at least three times.

2.2.5 RNA Isolation

The cells were seeded at 3×10^5 cells/well in 6-well-plates. The cells were incubated for 24 h to allow attachment and then treated with 2 ml FBS-free-medium containing the test drug(s), as described above in Section 5.2.2. After 24 h, the medium was removed, the cells were washed with cold PBS and 700 μ l of QIAzol was added. The cells were scraped from the wells, mixed and then stored at -80°C until needed for further procedures.

The frozen cell pellets were slowly defrosted on ice and homogenised with a Qiagen tissue lyser after the addition of stainless-steel beads (7 mm). The resulting suspension was further homogenised by passage through 23 G and 27 G syringe needles and incubated for 5 min at room temperature. The RNA was isolated with a miRNAeasy kit as follows: 140 µl of chloroform was added to a sample in an Eppendorf tube and incubated for 2-3 min at room temperature. The tube was centrifuged at 6701 × g for 15 min at 4°C. The aqueous phase was transferred to a new collection tube and diluted with 1.5 volumes of 100% ethanol. A 700 µl volume of the solution was pipetted into the RNeasy Mini column and centrifuged at 6701 × g for 1 min at room temperature. The flow-through was discarded, and 700 μl RWT buffer was added onto the column. The solution was again centrifuged at 6701 × g for 1 min at room temperature, and the remaining flow-through was discarded. In the next two steps, the 500 µl of RPE buffer was added to the column and centrifuged at 6701 × g for 1 and 2 min. The RNeasy Mini column was then transferred to a new collection tube, 30 µl of RNase-free water was applied to the column and the tube was centrifuged again at $6701 \times g$ for 2 min. The flow-through containing the RNA sample was diluted 1:25 with ddH₂O, and the RNA concentration was measured in an Eppendorf BioPhotometer Plus. The samples were stored at -80°C.

2.2.6 Quantitative real-time PCR

RNA (1 µg) was reverse transcribed into cDNA with the SuperScript III first-strand synthesis kit. The cDNA (100 ng) was mixed with SYBR-Green Mastermix and the two TFPI2 gene primers (5 pmol). Real-time PCR amplification was performed in a BioRAD CFX384 cycler. The amplification was carried out with 15 s denaturation at 95° C for 15 s and 30 s extension at 60° C with 40 cycles. The data were normalised to the mean of 2 housekeeping genes – hydroxymethylbilane synthase (HMBS) and hypoxanthine phosphoribosyltransferase 1 (HPRT1).

2.2.7 Cell invasion assay

Cell invasion was examined with the xCELLigence system using 16-well cell invasion/migration (CIM-16) plates. At 16 h before the experiment, U87MG cells were serum-starved. The upper chamber (UC) of the CIM plates was coated with 20 µl of an 800 µg/ml solution of MatrigelTM and left for 4 h in the incubator for polymerisation. Next, 5 × 10⁴ cells were seeded in each well of the UC in serum-free media containing the test compounds. Culture medium including 5 % FBS and the test compounds were added to each well of the lower chamber. The bottom side of the upper chamber was coated with microelectrode sensors. When cells adhered to these sensors, the electric current was reduced. This impedance value of each well was automatically monitored by the xCELLigence system for the 4 h duration of the experiment and was expressed as the Cell Index (CI).

2.2.8 Statistical analysis

Statistical analysis was performed with Statistica software (TIBCO Software Inc.) and GraphPad Prism (GraphPad). The treatment and control groups were compared with 2-sided unpaired Student's t-test. The level of significance was set at p < 0.05.

3 Results

3.1 Effect of single drug treatment on cell viability

We studied the effect of VPA, TCA and riluzole, applied singly, on U87MG in the MTT cell viability assay. These experiments used the following concentrations: 2, 5 and 10 mM VPA; 250, 500 and 1000 μM TCA; and 25, 50 and 75 μM riluzole.

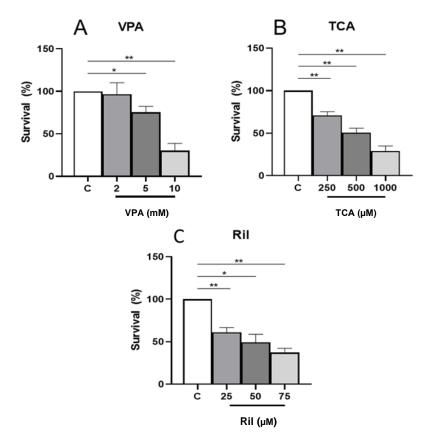


Figure 3. MTT assays for U87MG cell viability after single treatments with (A) valproic acid (VPA), (B) transletypromine hydrochloride (TCA), and (C) riluzole hydrochloride (Ril). Data are the mean \pm standard error mean (SEM). Significantly different at: * = p < 0.05, ** = p < 0.01, and *** = p < 0.001. C: Control.

Valproic acid at 5 mM and 10 mM had a significant effect on cell survival compared to the control condition. Cell survival was 75.4 % with 5 mM (p = 0.03) and 30.3 % with 10 mM VPA (p = 0.005) according to the MTT assay-(Figure 3A).

All concentrations of TCA significantly reduced U87MG cell viability (Figure 3B). Cell survival was 70.9 % with 250 μ M TCA (p = 0.008), 50.7 % with 500 μ M TCA (p = 0.004) and 29.2 % with 1000 μ M TCA (p = 0.002).

Riluzole treatment had a significant effect on U87MG cell viability (Figure 3C). Cell survival was 60.9 % with 25 μ M riluzole (p = 0.007), 49.4 % with 50 μ M riluzole (p = 0.001) and 37.1 % with 75 μ M riluzole (p = 0.002).

3.2 Effect of the combination treatment on cell viability

The effect of combinations of VPA (2, 5 and 10 mM) and riluzole (25 and 50 μ M) were tested on U87MG cell viability (Figure 4A). The greatest effect on the cell survival was achieved with the combination of 10 mM VPA and 50 μ M riluzole (22.2 %, p = 0.001) and with 10 mM VPA and 25 μ M riluzole (24.0 %, p = 0.001). The least potent combination was 2 mM VPA with 25 μ M riluzole (57.8 %, p = 0.017). The combinations of riluzole with 10 mM VPA were significantly better than the single treatment with riluzole, but not with single VPA treatments. All combinations of riluzole with 2 mM and 5 mM VPA had a significantly larger effect on survival than did treatments with VPA alone, but not with riluzole alone (Table 2).

Combinations of TCA (250 and 500 μ M) and riluzole (25 and 50 μ M) were then tested (Figure 4B). The greatest effect for the TCA and riluzole pair was achieved with 500 μ M TCA and 50 μ M riluzole (25.3 % survival, p = 0.001). A comparable effect was produced by 250 μ M TCA and 50 μ M riluzole (29.9 % survival, p = 0.002) and 500 μ M TCA and 25 μ M riluzole (29.3 % survival, p = 0.001). The least effective but still significant combination was 250 μ M TCA and 25 μ M riluzole (35.96 % survival, p = 0.003). All combinations produced a significantly higher effect compared to single treatments of either TCA or riluzole (Table 2).

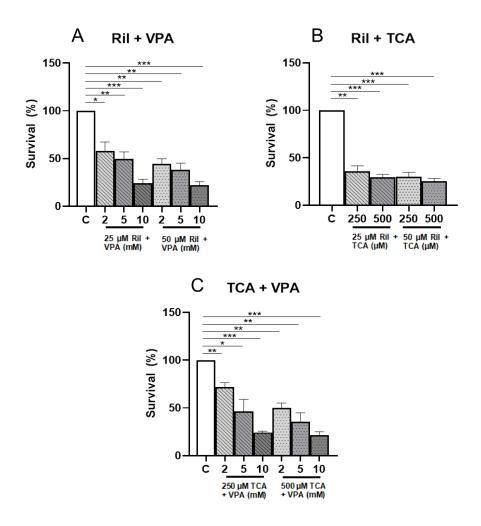


Figure 4. MTT assays for U87MG cell viability after combination treatment with (A) riluzole (Ril)+ valproic acid (VPA), (B) riluzole + transleypromine hydrochloride (TCA), and (C) TCA + VPA. Data are the mean \pm SEM. Significantly different at: * = p < 0.05, ** = p < 0.01, and *** = p < 0.001. C: Control.

We also evaluated the efficacy of combinations of TCA (250 and 500 μ M) and VPA (2, 5 and 10 mM) (Figure 4C). The greatest effect on the cell survival was seen with 10 mM VPA and 500 μ M TCA (21.3% cell survival, p = 0.001) and 10 mM VPA and 250 μ M TCA (24.3%, p < 0.0001). The least effective combination was 2 mM VPA and 250 μ M TCA (71.6%, p = 0.009). All combinations were significantly better than the control. Here, again, only the combination of 5 mM VPA and 250 mM TCA (46.6% cell survival) was significantly different than both single treatments; no other combinations could produce a significantly better effect than the single treatments (Table 2).

Table 2. Student's t-test for single treatment compared to combination treatment.

	t-test	
	to single VPA	to single TCA
VPA 2 mM + TCA 250 μM	0.039	0.867
VPA 5 mM + TCA 250 μM	0.024	0.032
VPA 10 mM + TCA 250 μM	0.288	< 0.001
VPA 2 mM + TCA 500 μM	0.005	0.877
VPA 5 mM + TCA 500 μM	0.004	0.071
VPA 10 mM + TCA 500 μM	0.166	0.001
	to single VPA	to single Ril
VPA 2 mM + Ril 25 μM	0.015	0.659
VPA 2 mM + Ril 50 μM	0.003	0.468
VPA 5 mM + Ril 25 μM	0.012	0.105
VPA 5 mM + Ril 50 μM	0.003	0.175
VPA 10 mM + Ril 25 μM	0.313	0.001
VPA 10 mM + Ril 50 μM	0.203	0.010
	to single TCA	to single Ril
TCA 250 μM + Ril 25 μM	0.001	0.006
TCA 500 μM + Ril 25 μM	0.004	0.001
TCA 250 μM + Ril 50 μM	<0.001	0.034
TCA 500 μM + Ril 50 μM	0.002	0.014

TCA: tranylcypromine hydrochloride. VPA: valproic acid. Ril: riluzole hydrochloride.

The fact that several combinations of VPA and riluzole and of TCA and VPA did not produce a significantly stronger effect than single drugs would mean that the effect strength was primarily attributed to one of the combination partners.

3.3 Effect of the combination treatment with temozolomide (TMZ) on cell viability

Next, we studied the combination effect of TCA, VPA and riluzole with TMZ, the first-line chemotherapy for the treatment of GBM. The following concentrations were chosen: VPA (2, 5 and 10 mM), TCA (250, 500 μ M), riluzole (25 and 50 μ M) and 200 μ M TMZ.

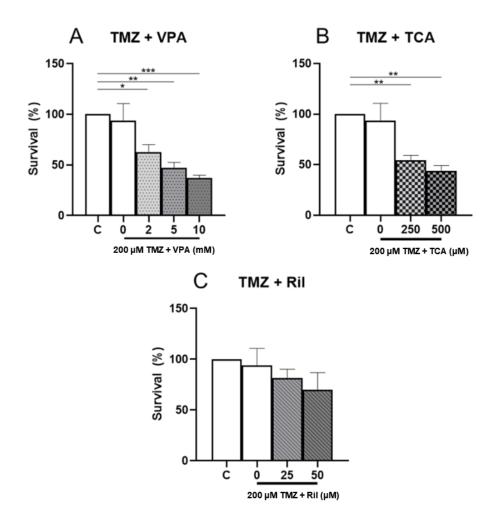


Figure 5. MTT assays for U87MG viability after combination treatment between (A) valproic acid (VPA), (B) transleypromine hydrochloride (TCA), (C) riluzole hydrochloride (Ril) with temozolomide (TMZ). Data are the mean \pm SEM. Significantly different at: * = p < 0.05, ** = p < 0.01, and *** = p < 0.001. C: Control.

TMZ applied singly as a treatment failed to produce a significant effect on cell survival (93.8 %, p = 0.43). TMZ in combination with 2, 5 and 10 mM VPA (Figure 5A) led to 62.6 %, 46.9 % and 37.3 % cell survival (p < 0.001), respectively. In combination with 250 and 500 μ M TCA (Figure 5B), TMZ treatment led to 54.5 % and 43.9 % cell survival (p < 0.001) and with 25 and 50 μ M riluzole (Figure 5C), TMZ treatment led to 81.3 % and

69.9 % cell survival (p < 0.05). No significant difference was noted between TMZ applied singly or in combination with 25 μ M and 50 μ M riluzole, whereas the other combinations were significantly better compared than TMZ treatment alone.

3.4 Effect of combination treatment with radiation on cell viability

We tested the effect of VPA, TCA and riluzole in combination with radiation therapy (Figure 6). Radiation doses applied to the GBM cell cultures in previous studies varied between 2-30 Gy (Hosein et al. 2015), but the most commonly used doses were below 10 Gy. In this study, we chose radiation doses of 5 Gy and 10 Gy.

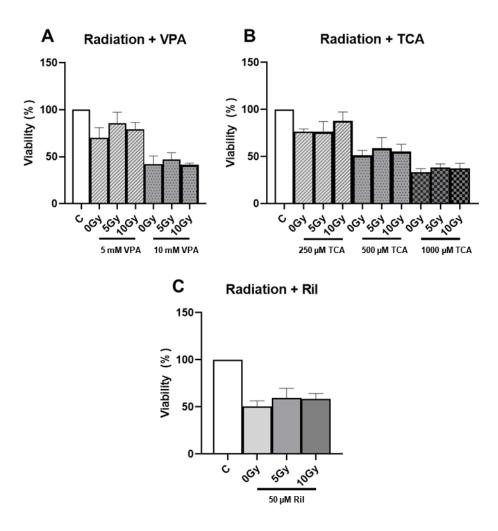
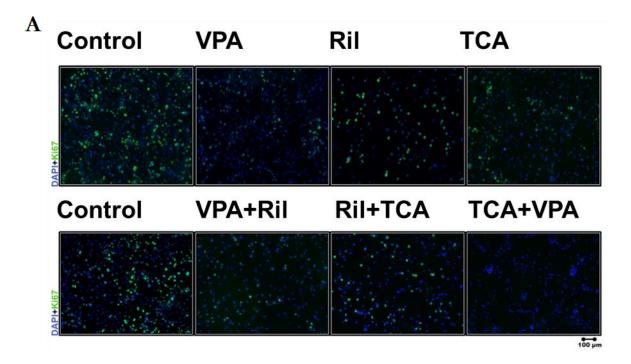


Figure 6. MTT assays for U87MG viability after combining radiation and (A) valproic acid (VPA), (B) transletypromine hydrochloride (TCA), (C) riluzole hydrochloride (Ril). Data are the mean \pm SEM. Significantly different at: * = p < 0.05, ** = p < 0.01, and *** = p < 0.001. C: Control.

Cell cultures were treated with 5 and 10 mM VPA; 250, 500 and 1000 μ M TCA or 50 μ M riluzole 24 h before the application of radiation (5 Gy and 10 Gy) and then for the next 48h after the radiation treatment. The MTT assay showed no significant difference (p > 0.05) between cells radiated with 10 Gy or 5 Gy, or the control group, as well as no significant difference between 10 Gy and 5 Gy in combination with any of the drugs (Figure 6A, B, C).

3.5 Inhibition of GBM cell proliferation by combined drug treatment

Glioblastoma is characterised by a high rate of proliferation and aggressive invasion of normal brain tissue. The effects of 5 and 10 mM VPA, 250 and 500 μ M TCA and 25 and 50 μ M riluzole and their combinations on the proliferation of U87MG cells were studied by Ki67 immunofluorescence staining (Figure 7A). Student's t-test showed a significant reduction in the number of proliferating cells following the treatment with 5 mM VPA (13%, p = 0.04) and 500 μ M TCA (12%, p = 0.01) and the combination of 5 mM VPA and 500 μ M TCA (3.4%, p < 0.01) (Figure 7B).



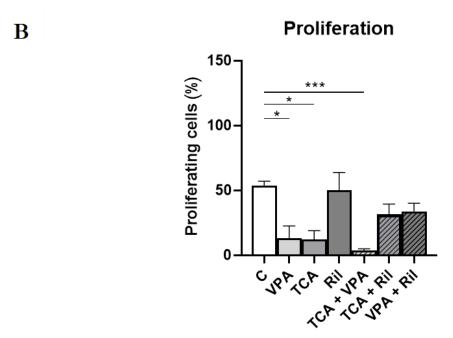


Figure 7. Beneficial effects of combined treatment on proliferation of U87MG cells. (A) Images showing immunohistochemical staining with Ki-67 antibody. Cells were stained with anti-Ki67 (green). Nuclei were counterstained with 4',6-diamidino-2-phenylindol (DAPI) (blue, $10\times$ magnification). (B) Diagrams showing the proliferation of U87MG cells under treatment with 5 mM valproic acid (VPA), 500 μ M transleypromine hydrochloride (TCA), and 50 μ M riluzole hydrochloride (Ril) and their combinations. Significantly different at: * = p < 0.05, and ** = p < 0.01.

3.6 Effect of single or combination treatment on *TFPI2* gene expression and cell invasion

The important tumour suppressor role of TFPI2 in cancer and the cancer microenvironment and evidence for epigenetic regulation of coagulation system members led us to analyse the effect of TCA, VPA and riluzole on the expression of the TFPI2 gene in U87MG cells (Figure 8). The cells were treated with 500 μ M TCA, 50 μ M riluzole and 5 mM VPA, either as single agents or in combinations. A significant upregulation of TFPI2 was observed after the treatment with 5 mM VPA (2.5-fold, p = 0.04), 50 μ M riluzole (3.2-fold, p = 0.04) and all combination treatments: 5 mM VPA and 50 μ M riluzole (4.8-fold, p = 0.03), 500 μ M TCA and 50 μ M riluzole (3.8-fold, p = 0.05).

TFPI2 gene expression

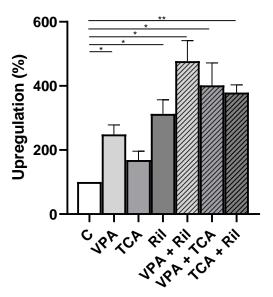
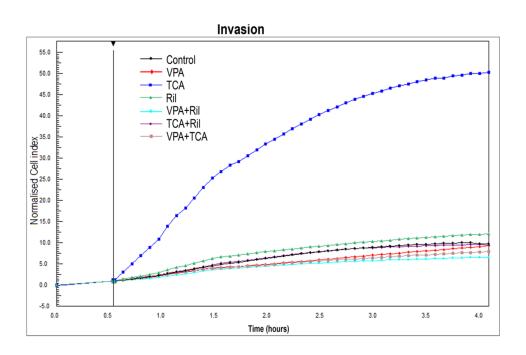


Figure 8. Expression of *tissue factor pathway inhibitor 2 (TFPI2)* in U87MG cells treated with valproic acid (VPA), translcypromine hydrochloride (TCA) and riluzole hydrochloride (Ril). Data are the mean \pm SEM. Significantly different at: * = p < 0.05, ** = p < 0.01, and *** = p < 0.001. C: Control.

 \mathbf{A}



B

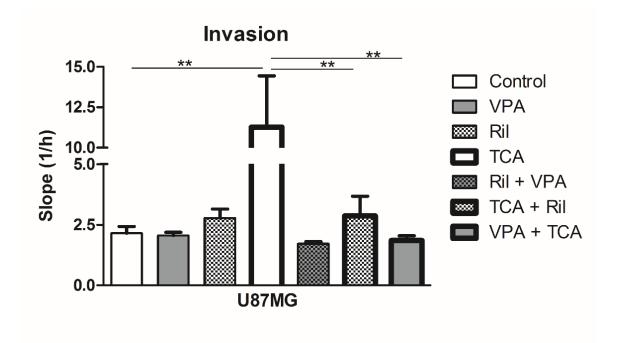


Figure 9. Effects of combined treatment on the invasiveness of U87MG cells. (A) The invasion rate of cells was monitored with the xCELLigence system (0-4 h). Data are the mean \pm SEM. (B) Real-time monitoring of cell invasion, representative picture. Significantly different at: * = p<0.05, ** = p<0.01, and *** = p<0.001. TCA: transleypromine hydrochloride. VPA: valproic acid. Ril: riluzole hydrochloride.

Since TFPI2 is also involved in ECM remodelling and cellular invasion during cancer progression (Lai et al. 2014), we examined the invasion effect under these combined treatments. High invasive potential of GBM cells is one of the reasons for rapid tumour progression (Kegelman et al. 2017). Reduction of invasion (Figure 9) was observed when comparing TCA treatment alone and the combination of VPA and TCA or riluzole and TCA. Even though not statistically significant, a slightly reduced invasion was detected comparing riluzole alone with the combination of VPA and riluzole.

4 Discussion

The great molecular heterogeneity of GBM is the key to its high radio- and chemoresistance. The number of experimental studies and clinical trials arguing for combination treatment is growing rapidly. The simultaneous utilisation of various classes of drugs directed against different oncogenic pathways could produce a synergetic effect on tumour cells with a heterogeneous genetic background. In this work, we examined the effects of combination treatments with VPA, TCA and riluzole on the U87MG GBM cell line.

4.1 Effect of single VPA, TCA and riluzole treatments

Although with a different response, all three tested drugs – VPA, TCA or riluzole – had a significant effect on the viability of U87MG cells.

The treatment with 10 mM VPA reduced cellular viability by nearly two thirds after 72 h of treatment. These results are in a line with already published data. The IC20, IC50 and IC80 values for VPA were 1.8–2.8, 3–5.2 and 6–9 mM after 72 h treatment in different cell cultures (Das et al. 2007). In another study, treatment with 7.5 mM VPA for 36 h reduced proliferation by up to 50 % (Hoja et al. 2016). In preclinical trials, VPA showed its effectiveness in cell cultures and xenograft tumour models via the induction of differentiation, apoptosis, cell-cycle arrest and increased oxidative stress (Zhang C et al. 2016).

The antineoplastic effect of the epigenetic modulator VPA, which is used as an antiepileptic agent in patients with malignant gliomas, has been widely discussed. A retrospective study demonstrated that overall survival is longer in patients treated with VPA than in patients on other antiepileptic drugs (16.9 vs 13.6 months) (Barker et al. 2013). In a series of 108 GBM patients with symptomatic epilepsy, patients receiving VPA showed a median survival of 69 weeks (95 % CI, 61.7–67.3 weeks) vs 61 weeks (95 % CI, 52.5–69.5 weeks) in the control group (Kerkhof et al. 2013). Despite promising results in retrospective trials, the data from prospective clinical trials on HDAC inhibitors in GBM are contradictory. Although the combination of vorinostat and bortezomib showed a synergistic effect in GBM cell cultures (Yu et al. 2008), the Phase II trial revealed no benefit of the treatment in recurrent GBM (Friday et al. 2012). The data from the EORT/NCIC trial for newly diagnosed GBM showed that patients receiving VPA had better survival than patients treated with another antiepileptic drug or patients without antiepileptic therapy (Weller et al. 2011). However, a

pooled analysis of several randomised controlled trials (AVAGlio, CENTRIC, CORE and RTOG 0825) failed to show any improved PFS or OS for patients under the antiepileptic treatment with VPA (Happold et al. 2016). The phase II trial of VPA with standard radio-and chemotherapy led to a median overall survival of 29.6 months and progression-free survival of 10.5 months, which exceeded survivals obtained by standard regimens (Krauze et al. 2015). Further studies are needed to identify patient groups with susceptibility for the treatment with HDAC inhibitors, as well as to characterise molecular markers associated with positive responses to these agents.

The treatment with TCA significantly reduced in the viability of U87MG cells. The mechanism of the TCA effect on cell death was not analysed in this study. Tranylcypromine is an unspecific inhibitor of LSD1 that is known to regulate the activity of various cancerrelated transcription factors and nuclear receptors, such as c-myc (Kozono et al. 2015), the retinoic acid receptor (Schenk et al. 2012b) and p53 (Huang et al. 2007). Lysine-specific demethylase 1 regulates the DNA damage-induced cell death and takes part in the DNA repair (Kontaki and Talianidis 2010). It also plays an important role in the regulatory program of the GBM stem-like cells and its knockdown leads to the loss of the capacity of tumour cells to initiate tumours *in vivo* (Suvà et al. 2014b). Knockdown promotes tumorigenesis and invasion of GBM cells via the interaction with the p53 signalling pathway (Yi et al. 2016). Combined treatment with the glutathione scavenger para-quinone methide and TCA led to the induction of apoptosis in several GBM cell cultures (Engel et al. 2018). Conversely, LSD1 lowered TMZ effect on GBM cells under reduced oxygen conditions (Bielecka and Obuchowicz 2016). This shows that the activity of LSD1 inhibitors is complex and could be modulated by different treatment and genetic conditions.

All concentrations of riluzole had a significant effect on U87MG cell death. Even though a wide range of riluzole effects have already been discovered, its tumour-suppressor mechanism is not completely understood. One widely supported hypothesis involves antagonism of the glutamate overproduction in gliomas. The excessive glutamate release is one of the factors promoting the aggressive proliferative growth in GBM via the activation of PI3K/PTEN/AKT and MAPK pathways by the interaction with mGluR (reviewed in Willard and Koochekpour 2013). The PI3K/AKT/mTOR pathway is one of the core tumour-driving pathways in GBM (Brennan et al. 2013) and is over-activated in GBM stemlike cells *in vivo* (Jhanwar-Uniyal et al. 2011). The pathway is important for tumour neovascularization (Wen et al. 2014).

The inhibition of glutamate release in U87MG glioblastoma cell line by riluzole leads to the reduction in cell proliferation, invasion and migration, G0/G1 cell cycle arrest and induction of apoptosis (Yelskaya et al. 2013). Riluzole negatively regulated PI3K/AKT/mTOR pathway. Riluzole decreased the phosphorylation of PI3K, Akt, mTOR and P70S6K by the interaction with mGluR1 (Zhang et al. 2015). The combination of riluzole with mTOR inhibition was effective at preventing the tumour progression (Rosenberg et al. 2015). Recently, riluzole was shown to downregulate the glucose transporter 3 (GLUT3) (Sperling et al. 2017), an important protein complex for the tumorigenic potential of radiochemoresistant glioblastoma stem-like cells (Flavahan et al. 2013).

4.2 Combination treatment

The combination of repurposed drugs could potentially have a higher effect compared to single drug treatment. In our experiments, the most prominent effect on cell viability was achieved by the combination of $50~\mu M$ riluzole and 10~m M VPA (22.2 %) and 10~m M VPA and $500~\mu M$ TCA (21.3 %). Only a few combinations were significantly better compared to either single treatment. The reason could be that single doses of VPA and TCA were already sufficiently strong to produce a devastating effect on the cells. Quite possibly, a synergistic effect could be achieved at lower doses of the medications.

Different studies have shown a synergistic effect of combined HDAC and LSD1 inhibitors. Lysine-specific demethylase 1 and HDAC class I/II are involved in several transcriptional complexes, such as CoRest (You et al. 2001) and NuRD (Tong et al. 1998), which are known transcriptional repressors and are involved in the development of cancer. The synergistic effect of LSD1 inhibitor SP2509 with HDAC inhibitor panobinostat led to the de-repression of the expression of tumour suppressors protein 21 (p21), protein 27 (p27) and CAATT/enhancer binding protein (C/EBP2) and depleted c-myc expression (Fiskus et al. 2014). In another study, the combination of TCA with vorinostat, panobinostat and entinostat decreased the cancer cell viability, while the drug effect appeared to be dependent on TP53 expression (Singh et al. 2015).

4.2.1 Radiochemosensitivity

We showed that the combination of TMZ with VPA, TCA and riluzole increased the effect of conventional chemotherapy with TMZ. All combinations produced a significantly higher

effect than single TMZ treatment (p < 0.001). Conversely, U87MG cells appeared to be radioresistant. We observed no significant effect of 5 and 10 Gy over the control condition.

Several studies have reported additive and synergetic effects of VPA in combination with TMZ and radiation (Hosein et al. 2015). Histone deacetylases can widely influence DNA replication and repair (HR, NHEJ repair). The interaction with the DNA repair system can explain the sensitising effect of HDACi to radiation and classical chemotherapy (Stengel and Hiebert 2015). The combination of riluzole with radiation therapy was more effective than riluzole monotherapy (Khan et al. 2011). This treatment led to a decrease in tumour volume of melanoma brain metastases in a mouse xenograft model when compared with radiation treatment alone.

4.2.2 Benefits of combined treatment on *TFPI2* expression and invasion

Taking into account the infiltrative character of GBM, the changes in expression of a gene which inhibits tumour cell migration is undoubtedly a beneficial effect of the combination treatment. The U87MG cells showed a significant upregulation of TFPI2 under the single treatment with VPA or TCA as well as for all combinations of VPA, TCA and riluzole. Moreover, we observed that the combination treatment with VPA and TCA led to significant inhibition of invasion compared to TCA treatment alone. The same effect was observed for the combination of VPA and riluzole. These data are in agreement with previous studies which showed that TFPI2 expression could be regulated by epigenetic mechanisms (Dong et al. 2013). The promoter of this gene is hypermethylated and silenced in 22.2 % of glioblastoma surgical specimens. Patients with unmethylated TFPI2 gene showed better survival than patients with methylated TFPI2 (Vaitkienė et al. 2012). The upregulation of TFPI2 in glioma cells was probably responsible for the decreased invasion in *in vitro* and in *in vitro* (Konduri et al. 2001). The direct influence of TFPI2 on the reduction of the invasion was not examined in this study.

5 Conclusion

Even though integrated treatments are implemented in current medical practice, GBM remains one of the most devastating brain tumours. This highlights the urgent need for further research to improve survival and the quality of life in patients with this type of cancer. This study analysed the *in vitro* effect of VPA, TCA and riluzole, singly and in combination or concert with standard chemo- or radiotherapy treatment, in cultured GBM cells. The rationale behind this study was to target several different pathways in GBM to minimise drug resistance. The positively responding drugs can then be repurposed for GBM treatment.

Treatment of U87MG glioblastoma cells showed the following. The combined treatment with TCA and riluzole had a greater effect on cell survival than did each drug applied singly. The combined treatment reduced tumour cell proliferation. The drugs increased the effect of conventional treatment with TMZ. Combinations of VPA and TCA or TCA and riluzole reduced the invasion capability of single TCA treatment.

Further evaluation of the use of drug combinations is inevitable; for example, an examination of more cell lines with different genetic backgrounds. These drug combinations should also be tested in animal models. In animal studies, but particularly in human studies, biomarkers for treatment responses should be identified and utilised in therapy decisions. Regardless, the potential for a combination treatment to minimise drug resistance by making cancer cells incapable of adapting to simultaneous toxic effects is supported by the results of this study. Given that these drugs are relatively well tolerated, studies in humans may be possible.

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Acknowledgements

I express my deepest gratitude to my supervisor Prof. Dr. med. Rohde for enormous support and valuable clinical advice. I also appreciate the competent advice, kind help and motivation from Dr. Ninkovic and her colleague Swetlana Sperling. Without their persistent help, the goal of this project would not have been realised. I pay my special regards to thank Julia Bode (Schaller Research Group at the University of Heidelberg and the DKFZ, Deutsches Krebsforschungszentrum (V077), Heidelberg, Germany). I thank all the people from our partner institutions of the University Medical Centre of Göttingen, whose assistance was a milestone in the completion of this project. I pay my special regards to Prof. Dr. med. Brockmöller for his kind advice and motivation during the final, and the most complicated, phase of this thesis. I also acknowledge the support of my family and friends for their motivation and patience during the whole project. I further thank all the people who supported me during the experimental work and writing of this thesis.